A Clinical Study of Risk Factors and the Management of Surgical Site Infections in General Surgical Cases at Tertiary Care Center: A two-year Observational Study.

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Received: 12 August 2021 / Accepted: 02 September 2021 / Published online: 20 January 2022

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Abstract

Background: Surgical site infections penetrate to depths in tissues and cause simple superficial infections to sepsis. The aim of this study is to identify the incidence rate of surgical site infections and their risk factors at the surgical section of a tertiary care center.

Material and Methods: This retrospective observational study included 245 patients. The CDC class-wise breakup of wound infection and the risk factors were recorded.

Results: The Incidence of surgical site infections was 11.4%. <20year aged patients showed 0% incidence, and > 60-year aged patients showed 22.7% incidence. Malignancy observed as 31.3% incidence than without malignancy (10%) risk factor ($p = 0.024$). Among the origin, Lumbar sympathectomies and Breast surgery for malignancy showed the highest incidence (43.8%), followed by Genitourinary tract surgeries with 22.9%. Wound infection was more in an emergency (15.4%) than elective procedures (10.4%). The incidence rate increases from 7.9% (<1 hr) to 14.7% (1-2 hrs) regarding the duration of Surgery. The association of wound class with wound infection showed 13% (clean), 3.3% (clean-contaminated), 17.9% (contaminated) the incidence of the study. The antibiotics usage shows a strong association with wound infection ($p=0.015$). The most common bacteria isolated were *Staphylococcus* and *Streptococcus*, *Escherichia* and *Klebsiella* species (60% both), followed by *Pseudomonas*, *Citrobacter*, and others.

Conclusion: The factors which showed a strong association with wound infection were increasing age, surgical procedure, site of operation, presence of malignancy, urinary tract infection, lower respiratory tract infections, and exposure to antibiotics. Combination of clinical and microbiological means was the common mode of detection rather than individually.

Keywords: Wound infection, Diabetes Mellitus, surgical site infections, *Staphylococcus*.

Introduction

Surgical Site infections (SSI) are the infections following surgeries as hospital-acquired infections(HAI) [1,2]. The consequences imposed with SSI determine the need of strategies to prevent the infection. The estimated global prevalence of HAI approximately 1.4 million. Fan Y.et al.

reported a 4.5% of SSI incidence in China from 2001 to 2012, and abdominal Surgery was the common surgical procedure [3].

According to patient's clinical condition, the risk factors to SSI referred as surgical infection risk index proposed by National nosocomial infection surveillance system (NNIS) [4], and American Society of Anesthesiologists index(ASA). Wound class represents the classification of the surgical Wound by the surgical experts in terms of the potential presence of microorganisms, and the duration of Surgery [5,6]. Other risk factors such as Body Mass Index (BMI), smoking, video-assisted procedures, blood transfusion, non-performance of preoperative baths, and pre-existing chronic diseases mentioned in reports and identified as associated with SSI studies on the subject [7, 8].

In India, the risk of acquiring SSI is high (4%-30%) [9]. Nonetheless, HAI prevention and control are not prioritized, and antibiotic resistance is the growing problem.

Original article, no submission or publication in advance or in parallel

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Unfortunately, the surveillance data was still scanty. The bacterial burden level is a risk factor, but advanced surgery techniques and antibiotics have reduced the risk [10, 11].

The SSIs growth was depends on bacteria inoculum, the virulence of bacteria, microenvironment of the surgical site, and the host defense [12]. *Haridas et al.* reported 74% of patients with SSIs (deep) were of gastrointestinal surgery and lower incidence in orthopedic surgeries [13].

Moreover, the publications related to SSI risk factors had negative impact on the it's management. Hence, there was need to explore the scope of patients developing an infection after surgery and identifying the risk factors at a tertiary care level.

The current study aimed to determine surgical site infection's incidence and their risk factors analysis at a tertiary care center.

Patients and method

Study design & sample: This retrospective observational hospital-based study consists of 245 patients admitted at the surgical department at a tertiary care center between October 2017 and December 2019. The present target population comprises adult patients undergoing Surgery, either elective/emergency, and developed the wound infection during their postop. Those who have another operation within one month postop were not included. Patients were clinically evaluated from admission upto discharge of 30 days postoperatively. Detailed history recorded, including demographics, co-morbidities, antibiotic usage, blood transfusion, preoperative hospital stay, risk factors (diabetes, obesity), type/duration of Surgery. CDC criteria used to define the type of surgical Wound, i.e., Class I- Clean, Class II- Clean contaminated, Class III- Contaminated, Class IV- Dirty (Table 1).

Swabs were obtained from the postoperative wounds for microbiological Analysis. Antimicrobial susceptibility done by disc diffusion, and interpretation done according to the CLSI guidelines [14-16].

Statistical Analysis: Statistical analyses performed using the Statistical Package for the Social Sciences (SPSS), version 20 (SPSS, Inc. Chicago, IL, USA). Bivariate

Analyses carried out to know the association between risk factors with SSI were performed by χ^2 and Fisher's exact tests. P -value < 0.05 was considered statistically significant.

Results

The total no. of patients included was 245. The Incidence of Wound Infection in the present study is 11.4%. The Median Age was 35 years (18 years and the Maximum Age was 75 years).

Surgeries: In the primary data collection, individual Surgeries were entered. While analyzing for Frequency of distribution and risk, they were subsequently grouped broadly under six categories.

Group I: Abdominal wall Surgeries: Inguinal Herniorrhaphy/Hernioplasty [n=72(29.4%)]

- Incisional Hernia Repair
- ANATOMICAL REPAIR
- MESH REPAIR

Group 2: Laparotomies: (Mainly G.I. Tract Surgeries) GJ Vagotomy [n=93(38%)]

- Cholecystectomy Appendicectomy
- Resection and Anastomoses Perforation Closure Hemicolectomies etc.

Group 3: Genito Urinary Surgery Hydrocele – excision and eversion [n=35(14.3%)]

- Orchidopexies Orchidectomy
- Carcinoma Penis -Total Penectomy with perineal Urethrostomy
- Partial Penectomy

Group 4: Head – Neck Surgery Thyroidectomies [n=22(9%)]

- Salivary Gland Tumour – Surgeries

Group 5: Upper and Lower Limb Surgeries [n=7(2.9%)]

- Amputations Above Knee
- Below Knee
- Varicose Veins -Trendelenberg Operation
- Avulsion & Ligation Lintons Procedure

Group 6: Others [n=16 (6.5%)]

- Lumbar – Sympathectomy
 - Breast Surgery – Mastectomy with Axillary Clearance
- Laparotomies occupy a major part at a frequency

Classification	Criteria:
Clean:	Elective, not emergency, non-traumatic, primarily closed; no acute inflammation; no break-in technique; respiratory, gastrointestinal, biliary and genitourinary tracts not entered.
Clean-contaminated:	The urgent or emergency case is otherwise clean; the elective opening of respiratory, gastrointestinal, biliary, or genitourinary tract with minimal spillage (e.g., appendectomy) not encountering infected urine or bile; minor technique break.
Contaminated:	Non-purulent inflammation; gross spillage from the gastrointestinal tract; entry into biliary or genitourinary tract in the presence of infected bile or urine; major break in technique; penetrating trauma <4 hours old; chronic open wounds to be grafted or covered.
Dirty:	Purulent inflammation (e.g., abscess); preoperative perforation of respiratory, gastrointestinal, biliary, or genitourinary tract; penetrating trauma >4 hours old.

Table 1: Classification of wounds based on the degree of microbial contamination [14]

Figure 1. A. A case intra-abdominal Sepsis with Laprostomy. B. Infected Appendectomy Wound. C. Enterocutaneous Fistula. D. Well Fitting Colostomy bag over Fistula. E. Wound gaping with Granulation tissue.

distribution of 38%, followed by Abdominal wall surgeries (29.4%), Genito Urinary Surgery (14.3%), Head and Neck Surgery (9%), others (6.5%), and Limb Surgeries (2.9%).

Distribution of Surgery based on wound class: There are 146 clean (59.6%), Clean contaminated in 60 (24.5%), and contaminated in 39 (15.9%), respectively.

Risk Factors: Anemia 32 (13.1%) is the most prevalent risk factor, followed by Malignancy 16 (6.5%), Diabetes Mellitus 12 (4.9%), and tuberculosis 3 (1.2%), respectively. The other two factors, viz., Tuberculosis 3 (1.2%) and Immunosuppression Illness 0%, show a very low distribution frequency. Hence they were not considered for further statistical analysis.

Among the origin, Urinary tract Infection of 15 (6.1%) and lower respiratory tract infection of 16 (6.5%) were the most among the risk factors, followed by Focal Sepsis/ Remote Site Infection 10 (4.1%). There were no cases of URI, and so it was not considered for further Statistical Analysis. 97 (39.6%) among 245 were administered Preoperative Antibiotics for the indications (Figure 1 and Figure 2).

Duration of Surgery: Surgeries performed between 1 - 2 hours were more 109 (44.5%) when compared to these done in less than 1 hour, 63 (25.7%) and more than 2 hours 73 (29.8%) (Table 2).

Method of detection: The highest number of wound infection cases were detected on the 4th postoperative day. Most of them within the first week. Clinical and microbiological

Figure 2. Surgical site infection presentation

methods confirmed it was 75% when compared to clinical impression only, i.e., 25%. No case was detected purely on the growth of organisms, only without clinical features.

Organism cultured from the wound (n=21): Table 3 shows Escherichia & Klebsiella species observed a high-frequency distribution (33.3%) closely followed by Staph & Strep spp. (28.6%). Among surgeons, Assistant Professors have performed a little more than half the number of Total Cases 125 (51%); Trainees having performed 74 (30.2%); Chiefs 40 (16.3%) - Most of it would be patients, classified as ASA-III and above, contaminated cases, with underlying

Table 2. Univariate Analysis:
Risk factors for wound infection

S.No.	Risk Factor	Sample Size	Incidence of Wound infection(%)	P-value
1.	Sex			
	Male	245	22/193 (11.4)	0.977
	Female		6/52 (11.5)	
2.	Age			
	Up to 20		0/37 (0)	0.010*
	21 – 40		10/113 (8.8)	
	41 – 60	245	13/73 (17.8)	
	60 and above		5/22 (22.7)	
3.	Surgical Procedure			
	1		6/72 (8.3)	
	2		7/93 (7.5)	0.000*
	3	245	8/35 (22.9)	
	4		0/22 (0)	
	5		0/7 (0)	
	6		7/16 (43.8)	
4.	Type of Surgery			
	Clean		19/146 (13.0)	
	Clean-	245		0.052
	Contaminated		2/60 (3.3)	
	Contaminated		7/39 (17.9)	
5.	Nature			
	Emergency		8-52 (15.4)	
	Elective	245	20/193 (10.4)	0.312
6.	Anemia			
	Present		5-32 (15.6)	0.424
	Absent	245	23/213 (10.8)	
7.	Diabetes			
	Yes		2/12 (16.7)	0.633
	No	245	26/233 (11.2)	
8.	Tuberculosis			
	Yes		0/3 (0)	1.000
	No	245	28/242 (11.6)	
9.	Malignancy			
	Yes		5/16 (31.3)	0.024*
	No	245	23/229 (10.0)	
10.	UTI			
	Yes	245	5/15 (33.3)	
	No		23/230 (10.0)	0.018*
11.	LRI			
	Yes	245	6/16 (50)	
	No		22/229 (9.6)	0.004*
12.	Focus of Infn.			
	Yes	245	5/10 (50)	
	No		23/235 (9.8)	0.002*
13.	Pre-Op. Antibiotics			
	Yes	245	17/97 (17.5)	0.015*
	No		11/148 (7.4)	
14.	Duration of Surgery			
	<1 Hr	245	5/63 (7.9)	0.342
	1-2Hrs		16/109 (14.7)	
	>2 Hrs		7/73 (9.6)	
15.	Per-Op. Antibiotics	245		0.015*
	Yes		17/97 (17.5)	
	No		11/148 (7.4)	

* - Statistically Significant

Malignancy, etc. The most frequent surgical site infection is induration. The drug ciprofloxacin has more sensitivity than other drugs. (Figure 3)

Figure 3. Antibiotics distribution

The outcome of wound infection [n=28]

Out of 28 Infected cases. Twenty-six cases were resolved without major complications. Whereas 2 cases went on to have other complications.

Organism		Frequency	Percent
No Growth		1	4.8
Staph Strep species		6	28.6
Klebsiella	&		
Escherichia		7	33.3
Pseudomonas		3	14.3
Citrobacter Spp.		2	9.5
Others		2	9.5
Total		21	100

Table 3. Distribution of organisms Isolated

Discussion

In this study, the incidence SSI observed as 11.4%. This was comparable to other studies, where the infection rate was ranged from 20% to 76.9% [18-22].

The rate of infection was highest in contaminated type of wounds; Incidence among clean-contaminated (3.3%) and contaminated (17.9%) categories compares favourably with other studies, whereas Incidence among clean cases (13.0%) is markedly high, which in turn might be responsible for the overall incidence (11.0%). Similar rates were observed in other studies [17,18].

Age appears to be associated risk factor for wound infection [23,24]. In our study, there was gradual increase from 0% in the under 20 age group to 22.7% in persons aged 60 and above with a p-value of 0.01.

Surgical Procedures were categorized based on the operation site into six groups as Abdominal wall surgeries: Laparotomies, Genitourinary surgical, Head and Neck Surgery, Limb surgeries, and other areas in that order. The results show that they were associated Risk factors for wound infection (p=0.000). Among the sites as such, "others" comprising of Lumbar Sympathectomy and Mastectomy

with Axillary clearance major surgeries shows the high incidence of wound infection. The influencing factor may be the underlying Malignancy & Focal sepsis (gangrene toe, non-healing ulcer foot, etc.) may be the reason for this association. Genitourinary Surgeries fall next in line with an incidence of 22.9%. The preponderance of urinary tract infection may be the predisposing factor.

Laparotomies comprising mainly of surgeries on the G.I. tract showed an incidence of 7.5%, which is acceptable considering that the group includes contaminated cases, emergency procedures, lengthy operation, and underlying malignancy were potential Risk factors. However, anaemia, and diabetes mellitus were high in the elective (38%) than emergency (33%) surgery. In Aurangabad, the SSI rate in emergency surgeries were not higher than in elective surgeries [17]. Prolonged operations may increase the chance of Wound infection.

In Abdominal wall surgeries, the Incidence was 8.3%, which is high for this category as most cases are “clean” cases and performed as Elective procedures. Head and Neck surgeries involved mostly clean cases, whereas Limb surgeries include mostly lower limb amputation-Above/below the knee- for “Diabetic Foot.” The removal of the nidus of Infection and adequate coverage with antibiotics may be the reason for the absence of post-operative Wound Infection. This study denotes the wound class (based on contamination), which is considered an important risk factor and a predictive factor of wound infection.

Among the factors mentioned above, “malignancy” is one factor which has a strong association as a Risk factor with an incidence of (31.3%) and a $p = 0.024$ in our present study.

All these three factors, whose Incidence among patients in the wound infection are as follows – UTI (33.3%), LRI (37.5%), Focus of Infection (50%) and with p values 0.018, 0.004, 0.002 respectively show a strong association as a risk factor for wound infection. Even though these factors are identified preoperatively and treated, they have demonstrated a strong association as a risk factor for wound infection. The reasons for this may be inadequate control of Infection, the resistance of bacteria to the antibiotics exposed. Preoperative antibiotics are known to decrease the Incidence of SSI cases. The risk of wound infection is proportional to the length of operative procedure [25-27]. The present study shows a higher incidence of wound infection among surgeries performed between 1-2 hr (14.7%) and an incidence of 7.9% in the <1 hr category and 9.6% when it exceeded 2 hrs. It would be relevant to recall that in this study, the duration was fixed arbitrarily and was not done on the lines recommended in the recent literature, which states that a procedure is deemed “lengthy” only if it crosses the 75th percentile in terms of time consumed. Studies also reported a similar observation [18-21].

The present study shows a high incidence of wound infections among patients operated upon by chiefs, 17.5%, 11.2%, 8.1%, and 16.7% among surgeries performed by

assistant professors, trainees/PGs, and interns. Though this observation is not statistically significant ($p = 0.487$), the higher Incidence among surgeries performed by chiefs can be explained by the fact that they tend to operate on grossly contaminated cases, patients with pre-existing illness (e.g., ASA III and above, Malignancy, etc) and also perform lengthy surgeries. All these factors are potential risk factors, contribute to the current observation, and exclude any stigma attributable to the performing surgeon. On the other hand, trainees show the least Incidence of wound infection, which may be because they operate mostly uncomplicated cases.

Exposure to antibiotics in the preoperative period showed a strong association with wound infection ($p = 0.015$). The reasons may be inadequate infection control for which the antibiotics were started or bacterial resistance to the exposed antibiotics. Very low sensitivity was observed with cephalosporins & fluoroquinolones (10% and 58%). This may occur due to drug overuse and the prevalence of extended-spectrum beta-lactamases (ESBLs). On the other hand, *Pseudomonas* isolates were showed high sensitivity to piperacillin-tazobactam, ceftazidime, and imipenem at 83.5%, 83%, and 100% respectively. In the sample studied, 28 out of 245 patients had wound infection.

Most of the cases detected in the first week after surgery. Nearly 50% of them were detected on the 4th (28.6%) and 5th (21.4%) postoperative days. The most delayed detection was on the 8th postoperative day. This differs from other studies where the maximum number was detected during the 2nd week. With the concept of day-care surgery, identification of wound infection gets even more delayed as it is picked up only during the surveillance follow-up period. The present study was done in clinical, and microbiological. The clinical method alone was employed to detect 2.5% of cases and the rest by both clinical and microbiological means. Though everyone was aware of the criteria to diagnose a wound infection, it was not done by a single person. It was done by different people at different times. As discussed already, there might be an element of observer bias in this modality of detection. In the present study, 21 out of 28 infected patients had a swab sent for culture and sensitivity at the time of detection. The results reveal the following distribution pattern. *Klebsiella*, *Escherichia* species (33.3%), and *Staphylococcus* & *Streptococcus* species (28.6%) occupy more than 60% of the total, *Pseudomonas* (14.3%) and *Citrobacter* (9.5%) and others (9.5%) form the rest of the group. No growth was reported from one of the isolates (4.5%). This is in line with other studies. Mumbai study has also reported 17.6% culture-negative SSI cases. In the present study, 26 out of 28 wound infections resolved. One patient went into septicaemia of the remaining two, and the other had cutaneous gangrene and septicaemia.

The closed wounds and their healing depend on expertise and technique [2]. In our study, the incidence of infections in relation to various types of closure methods depicted in Figure 4.

Figure 4. Reinfection rate

Types of bacteria colonize the skin up to 50% with *Staphylococcus aureus*. Preoperative wash with chlorhexidine may decrease the bacterial count on the skin, which results in decrease wound contamination [28-30]. In our study, shaving time was >2 hr before Surgery, the clean wound infection rate was 2.3%. If body hair has been clipped, the infection rate was 1.7%. Hence, shaving should be done at close time of the Surgery [26,31].

Conclusion

Efforts to needed to decrease the Surgery duration without effecting the safety or efficacy. Thorough investigations of the patient and their risk factors should be assessed, and appropriate management should be followed to enable the patient to withstand stress during Surgery. In addition, utmost post-operative care and immunity-boosting should help to decrease the further occurrence of infections.

Declaration of Conflicting Interests and Ethics;

The authors declare no conflict of interest. This research study complies with research publishing ethics. The scientific and legal responsibility for manuscripts published in Albanian Journal of Trauma and Emergency Surgery – AJTES, belongs to the author(s).

Acknowledgements: None.

Conflict of interest

There were no conflicts of interest to declare by the authors.

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