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Focus on
"Trauma and Emergency Surgery"
and not only...

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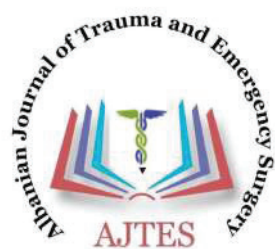
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AJTES is an open access, peer reviewed periodical journal that includes editorials, re-views, original articles, case reports, short report, ideas and opinions, book reviews, perspectives, seminars, symposium and mini-symposium, ethics and rights, health care policy and management, practice guides. The structure of each edition of the publication comprises section categories determined by Editor and reflects the views of the Editorial Board.

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Abstracts

3rd Annual Albanian Congress of Trauma and Emergency Surgery

ASTES

**November 8-9
Tirana, Albania**

Congress President:

Agron Dogjani

President of Honour:

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Official Publication of the Albanian Society of Trauma and Emergency Surgery - ASTES

Aims and Scope

Our aim is to promote interest, knowledge and quality of care in emergency and trauma surgery. ASTES was formed in 2017, it seeks to promote best practice in the provision of emergency and trauma surgery and acute care surgery, from pre-hospital care through diagnosis, intervention and intensive care to rehabilitation. This is supported by Countrywide & International collaboration, scientific research, development and delivery of training courses, and the work of the specialist sections (Polytrauma, Visceral & Chest Trauma, Skeletal Trauma & Sports Medicine, Neurosurgical, Anesthesia - Reanimation, Acute Care Surgery, ENT & Ophthalmology & Maxillofacial, Radiology, Nurse service, Disaster & Military Surgery...etc.) ASTES holds an annual scientific meeting – the Albanian Conference for Trauma and Emergency Surgery (ACTES) and produces a bi-annual journal – the Albanian Journal for Trauma and Emergency Surgery

Contents:

<i>ORAL PRESENTATIONS</i>	<i>7</i>
<i>POSTER PRESENTATIONS</i>	<i>128</i>
<i>INDEX</i>	<i>140</i>

ORAL PRESENTATIONS

OP - 001

Direct Peritoneal Resuscitation in Open Abdomen Management

Hayato KURIHARA

Authors Information:

Humanitas Research Hospital, Head, Emergency Surgery and Trauma Section Department of General Surgery, Rozzano, Milan, ITALY

Abstract

Introduction: Damage control surgery is a staged approach to the trauma patient in extremis that improves survival, but leads to open abdominal wounds that are difficult to manage. We evaluated whether directed peritoneal resuscitation (DPR) when used as a resuscitation strategy in severely injured trauma patients with hemorrhagic shock requiring damage control surgery would affect the amount of and timing of resuscitation and/or show benefits in time to abdominal closure and reduction of intra-abdominal complications.

Open a abdomen strategy is new standard of care for many acute surgical and traumatic abdominal injuries. One of the main challenges is related to delayed abdominal closure and fascial retraction. Direct peritoneal resuscitation is associated with improved outcomes in these patients.

The damage control strategy shortens the interval to definitive fascial closure without affecting overall resuscitation volumes. As a result, this mitigates intra-abdominal complications associated with open abdomen and damage control surgery and affords better patient outcomes.

OP - 02

Training in Trauma Surgery, Challenges and Impact on Survival

Carlos MESQUITA

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General and Emergency Surgery Departments – Trauma Center, Coimbra Central and University Hospital, PORTUGAL

Abstract

This presentation reflects the author's involvement in internationally recognized education and training models, as ATLS, ETC and DSTC, and in the Portuguese and UEMS Boards of Emergency Surgery

Do different countries need very different things? I don't think so, for the simple reason that in Europe and about the challenges we face, with regard to trauma and other medical and surgical emergencies, similarities are much greater than differences.

- We all agree on the need for a trauma system “to assure that patients (...) seamlessly receive the proper care, in the proper locations, with proper interventions and, if necessary, transfer to a hospital able to provide the best and most appropriate care” (www.aast.org).
- We all agree that teamwork is necessary for prehospital care, transportation, emergency room care, intensive care, surgery and in/post-hospital rehabilitation.
- We all agree on the need for trauma registries with, as much as possible, global follow-up of patient's course.
- And finally, we all agree that it is necessary to educate, how to prevent and how to treat.

This is also apparent from the recommendations of the European Trauma Course Organization (ETCO) about equipment and facilities: complete trauma team, trauma admission bay close to the ambulance entrance, enough space and adequate lighting, adjacent operating room to allow emergency procedures, standard equipment for the initial management of major trauma, immediate availability of additional equipment as difficult airway equipment, X-ray, ultrasound machine, surgical instruments, readily available blood products and massive transfusion equipment, co-located CT scanner to allow immediate imaging and access to angiography and interventional radiology, 24 hours a day within 30-60 minutes of request.

OP - 003

Preperitoneal Pelvic Packing in Pelvic Fractures: When and How?

Hayato KURIHARA

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Humanitas Research Hospital, Head, Emergency Surgery and Trauma Section, Department of General Surgery, Rozzano, Milan, ITALY

Abstract

Introduction: Severe pelvic trauma is one of the most severe injury in trauma. A multidisciplinary approach and local algorithm should be mandatory in any institutions accepting injured patients. Preperitoneal pelvic packing is part of a “pelvic trauma protocol” and represent a good alternative or complementary adjunct to the bleeding control pathway. Patients with hemodynamic instability due to pelvic fracture-related bleeding can have life-threatening hemorrhage. Management options for hemorrhage control in complex pelvic fractures include bony stabilization, angioembolization, and preperitoneal pelvic packing (PPP). The indications for PPP as well as the operative technique and outcomes will be described in this review. PPP directly addresses the bony and venous bleeding of complex pelvic fractures, which results in the majority of blood loss in exsanguinating patients. As such, PPP should be considered for pelvic fracture patients who remain hemodynamically unstable despite red cell transfusion.

Keywords: Hemodynamically unstable; Hemorrhage; Pelvic fracture; Pelvic packing.

OP - 004

Present and Future of Emergency Surgery as Independent Specialty in Italy: Is the Rescue Surgery Turning the Underdog into A Hero?

Antonio La GRECA

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Abstract

Introduction: Early in the Eighties, Italy was a pioneer country in teaching emergency surgery as an independent specialty. At the time, a specific residency program was active,

but the new European residency rules in the Nineties compelled the University system to cancel it. As a consequence, the emergency surgeon has been traditionally considered as “a general surgeon somehow dealing with emergency” and therefore treating on a part-time basis, and without specific training, patients admitted to the Emergency Department for acute surgical illness or trauma, who not only deserve specific surgical attention under a technical point of view, but also show a peculiar physiopathology deserving an “intensive care” approach usually not fully addressed by a general surgeon.

Recently, specific attention has been given in Italy to an increasing peculiar workload for the emergency surgeon, especially after the new laws introducing the emergency and trauma network as a core part of the National Health Service. Thus, this specialty, based on the concept of Acute Care Surgery introduced in the USA with its five pillars (trauma, non-traumatic emergency, intensive care, elective surgery, rescue surgery), is gaining a new recognized role and specific emergency and trauma wards are increasingly introduced at least in the most important Emergency and trauma centers.

Keywords: general surgeon, Emergency Department, emergency surgery, trauma

OP - 005

An Organisation of Trauma Departments in Slovenia, A view from a Regional Hospital

Teodor PEVEC, Simona KALŠEK

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General Hospital Ptuj, SLOVENIA

Abstract

Public health service is organized in such a manner so as to ensure all the inhabitants of the Republic of Slovenia the emergency medical assistance available at all times, including emergency transport and provision of emergency medicinal products as soon as possible and as close to the date of their manufacture as possible and during transport. Emergency medical assistance means the implementation of necessary measures by

doctors and their teams with persons whose life is imminently threatened due to illness or injury and persons, respectively, who could be affected by such a risk in a short period of time according to the symptoms. Emergency calls are received and processed by the emergency medical assistance service which forms an integral part of the public health service network.

Slovenia, officially the Republic of Slovenia, is a sovereign state located in southern Central Europe at a crossroads of important European cultural and trade routes. It covers 20,273 square kilometers and has a population of 2.07 million. We can see a great progress in the care of trauma patients. A basic-measures with which we have made better results than in past are: better prehospital treatment, a network of hospitals, an ATLS concept, a score evaluation systems. Challenges for the futures are: dispatchers centers, even better prehospital treatment and better interhospital transmissions.

Keywords: Trauma, patients, prehospital treatment.

OP - 006

Polytrauma Trauma score Challenges in Management

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Abstract

INTRODUCTION: Trauma is the leading cause of death for the population of 1-44 years old and occupies the third place after cancer and cardiovascular disease in all age groups. As a result of the improvement of the treatment strategy for traumatized patients, we have a reduction in post-traumatic morbidity and mortality from 40% in the 1970s to 10% in the new century. These achievements consist mainly of improving trauma treatment standards by defining pre- and in-hospital treatment algorithms that are already applied in most countries.

Implementation of the concept for transport time of trauma patient which reduces

transport time and therapy during transport has made it possible to improve PT outcomes. Discussing the epidemiology and mechanism of injury in polytrauma and principles of evaluating policy at all levels; during transport, in the emergency department, in the intensive care unit, in the operating room, postoperative care until the patient leaves the hospital.

Identification of evaluation criteria for trauma patient such as: primary, secondary and tertiary assessment.

Examine the elements of hospital management related to accident time, mode of transport (ambulance, car accident, airway), transportation time etc and their impact on the performance of PT.

Emergency Assessment Techniques of trauma patient in Emergency department...

Keywords: Trauma, management, trauma assessment.

OP - 007

ATLS® Course Albania Branch Step by Step

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¹⁰ATLS® Coordinator Albania Branch; Imagery Service; University Hospital of Trauma, Tirana, ALBANIA.

Abstract

For more than 20 years, following the changes that took place in Albania in 1992, we receive information from trauma patients in the media about the delivery of trauma services. Police records are worthy of a war balance report. Trauma is estimated to be the cause of deaths in 13.7% / 100,000 people. Every two days three Albanian Citizens die because of Automobile Accidents... Changes have already taken place, but the question arises, who cares about the trauma and its management? Formerly and now the state ... ok ... but? Is this enough?

The Ministry of Health should have a "Trauma Committee" if yes... is it active?

Already of the three years at the heart of these medical emergency management networks is a National Center of Medical Emergency (NCME).

The trauma service delivery is now evolving along the lines of a central and spoken model with a concentration of expertise and specialization in the center surrounded by smaller units that feed from the center. The study showed a 19% increase in the chances of survival since the Introduction of these changes. Another 1,600 trauma victims are alive today due to developments in the administration of trauma patients in England over the past six years.

In this system or mode of organizing what is today the NCME or organizing the transport of traumatized from the scene to the University Hospital of Trauma... by medical staff who have done a substantial part of the PhTLS® course ... How is educational status of personal in other regions far from Capital? ATLS® student courses in our country have been implemented by few and individually... ASTES, by default rules, has acquired the right to organize ATLS® in Albania...

OP - 008

Acute Cholecystitis in Frail Patient

Hayato KURIHARA

Authors Information:

Humanitas Research Hospital, Head, Emergency Surgery and Trauma Section Department of General Surgery, Rozzano, Milan, ITALY

Abstract

Introduction: Acute cholecystitis (AC) is the most frequent complication of cholelithiasis and one of the most common conditions requiring emergency surgery in the elderly. Cholelithiasis accounts for 90%–95% of all causes of AC, while acalculous cholecystitis accounts for the remaining 5%–10

The elderly is at high risk to present an episode of AC, and up to 6% of elderly patients will experience severe AC. Laparoscopic cholecystectomy (LC) is currently the gold standard for the management of acute calculous cholecystitis, with preference for early intervention. In the elderly, however, disease characteristics, comorbidities, and poor functional status augment the risks associated with surgical intervention, which may result in increased morbidity and mortality. Most literature consider as elderly patients those whose age is equal or greater than 65 or 75

though these thresholds may not be the most years, appropriate from the practical point of view.

In the present aging society with frail patient's acute cholecystitis represents an everyday challenge in most surgical teams.

A correct stratification of frailty in the elderly patient is therefore mandatory. Multidisciplinary approach and alternative surgical and endoscopic techniques are helpful to obtain the best possible outcome for these population of patients.

Keywords; Acute calculous cholecystitis, Elderly, Frailty, High-risk patients, Diagnosis, Surgery, Antibiotics

OP - 009

Duodenal fistulas surgical strategies and the role of negative pressure wound therapy

Antonio La GRECA

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Abstract

Introduction: Duodenal fistulas usually follow the breakdown of a previous suture. They have a deep anatomical location, consent the transit of enteric fluid rich in activated enzymes, have a very high output and present problems of skin care¹. Mortality rates range from 7 to 40%. Their treatment usually consists in multiple surgical interventions, often by means of damage control procedures due to local and systemic adverse conditions. Damage control means avoiding new sutures on the duodenum or any intestinal anastomosis and allowing duodenal output to exit the abdomen in an easy and direct way in order not

to contaminate the peritoneal cavity. Tubes inside or in the proximity of the duodenal hole usually serve this purpose.

Good drainage in complex, infected or also deep wounds can be achieved by negative pressure wound therapy (NPWT), removing from every site of the wound with the use of gauzes and/or open cell polyurethane foam and a suction device. Moreover, the sealed wound care improves infection control and patient management. Previous contraindications to NPWT in case of exposed bowel (such as in an entero-atmospheric fistula) have been replaced by an extensive peri-visceral use thanks to newly designed foams and suction techniques. However, specific descriptions of NPWT for the treatment of duodenal fistulas are not reported. We designed an effective NPWT application after reporting three clinical cases of successful duodenal breakdown fistula treatment in the context of rescue surgery. Alternative techniques, such as endoscopic drainage with special prosthetic and suction approaches, including endoluminal NPWT, might also be effective.

Keywords: Duodenal fistulas, Good drainage, Damage control

OP –010

Impact of Acute Appendicitis Surgical Options on Intensity of Pain at post-Op Care

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Abstract

Introduction: Acute appendicitis is a very common emergency surgery disease. All over the world as well as in our emergency hospital the question of surgical options remains. The aim is to determine the dependence and intensity of post-op pain for acute appendix patient.

Materials & Methods: The following criteria were used while assessing the pain; Patient's assessment of pain on a scale from 1 to 10 during post-op care prior to taking painkillers; The frequency of painkillers injection in 24 hours; Surgical options: appendectomy, laparoscopic appendectomy, appendectomy with drainage of the abdominal cavity, laparoscopic appendectomy with drainage of the abdominal cavity. The study has been undertaken by Surgery Department #1, Cherkasy Emergency Hospital, Ukraine since March 2019 till August 2019...

Results: We have 39 patients so far: 22 women and 17 men with acute appendicitis diagnosis (phlegmonous, catarrhalis, gangrenous) who required surgical treatment. The average age of women is 31.6 years (between 19 and 68 years). The average age of men is 29,3 years (between 18 and 48 years). The average days of receiving inpatient care-3.3 days....

Conclusions: Pain intensity and the frequency of painkillers injection for acute appendix patients depend on the surgical options. Laparoscopic appendectomy gives better result in pain reduction during post-op care in comparison to common appendectomy which causes considerable pain during post-op care. Drainage has almost impact on pain intensity

Keywords: Pain Acute appendicitis, phlegmonous, catarrhalis, gangrenous...

OP – 011

Synchronous Colorectal Cancer, a Concern of Diagnosis and Treatment, our Case Series

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Abstract

Introduction: Synchronous colorectal cancers, defined as two or more lesions in the same patient at the same time at diagnosis, are rare and deed a great challenge for treatment.

Materials and Methods: In five years, 375 patients underwent different colonic resections for colorectal cancer at the Department of General and Abdominal Surgery at the University Clinical Center of Kosovo. In the same group of surgically treated patients in elective end emergency, 1.07%, 2 males and 2 females, were diagnosed intraoperatively with synchronous colorectal cancers (SCRCs). One of them previously treated for Ulcerative Colitis. Importance of preoperative diagnosis such as barium enema which may failed at the presence of annular carcinoma or inadequate bowel preparation and retained feces failure to inadequate bowel preparation and retained feces, or failure to perform completion colonoscopy at annular carcinoma, may be crucial intraoperatively to palpate the entire colon carefully before the end of the operation for CRC so that a misdiagnosis of SCRCs can be avoided. Full modern radiological investigations are precondition prior to the operation especially when the tumor is at an earlier histological stage. Failure to diagnose leads to errors in treatment and poor prognosis.

Conclusions: Palpation of the entire colon carefully before the end of the operation for CRC may reduce the risk of maltreatment of Synchronous colorectal cancers.

Keywords: Colorectal cancer, synchronous, surgery.

OP –012

Treatment of Patients with Symptomatic Cholelithiasis

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Abstract

In the recent years cholelithiasis has become one of the most common conditions affecting the digestive system worldwide. It affects approximately one tenth of the adult population, with the higher incidence in women. Symptoms are only present in 20-30% of the affected population. In the article we present the causes, symptoms, diagnostic tools available for screening as well as the current treatment guidelines for cholelithiasis. The reason for gallstone formation is in obesity, increased levels of cholesterol, increased age and certain medications especially oral contraceptives. The most common symptoms are pain in the right upper abdomen and in the epigastric area. The diagnosis is made based on the clinical presentation, laboratory findings and ultrasound of the abdomen. Current guidelines for conservative and surgical management of cholelithiasis are presented with the emphasis on laparoscopic cholecystectomy being the golden standard for the treatment cholelithiasis. Statistical figures and results of operative treatment of patients with cholelithiasis at General Hospital dr. Jože Potrč Ptuj, Slovenia for the period of 2013–2017 are presented as well.

Keywords:Cholelithiasis, conservative treatment, surgical treatment, laparoscopic cholecystectomy, guidelines.

OP –013

The Influence of Ursodeoxycholic Acid in Liver Functional Restoration in Patients with Obstructive Jaundice after Endoscopic Treatment

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Author Information:

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Abstract

Introduction: The most common causes of obstructive jaundice are choledocholithiasis, strictures of the biliary tract, cholangiocarcinoma, carcinoma of pancreas, pancreatitis, parasites and primary sclerosing cholangitis.

Materials and Methods: In this prospective, randomized, open-labeled, and controlled study, 62 patients were enrolled. After diagnosis, eligible patients with obstructive jaundice who met inclusion criteria were randomly divided in the investigation group (n= 31) in which has been administered UDCA, and in the control group (n= 31). UDCA administration started twenty-four hours after endoscopic treatment.

Results: The difference of the average values of total and direct bilirubin, between the groups, was statistically significant at day 0 (p<0.05), but at other evaluation days was not statistically significant, while the difference of the average values of ALT, AST, GGT, ALP, N/L ratio, urea, glucose, and creatinine, between the groups, was not statistically significant (p>0.05). The difference of the average values of albumin, between the groups, was statistically significant at the days 5, 10, and 15 (p<0.05).

Conclusions: UDCA has accelerated reducing the level of total bilirubin, direct bilirubin, GGT, and neutrophil/lymphocyte ratio, but did not decrease the level of ALT, AST, and alkaline phosphatase, and did not induce increasing of albumin level. UDCA had greater impact on GGT than in other functional liver parameters. The effect of UDCA did not depend on the gender and the age of patients, but did depend on the etiology of obstructive jaundice. It was more effective in patients with choledocholithiasis than in patients with malign stenosis of biliary tree.

Keywords: obstructive jaundice, ursodeoxycholic acid, treatment with UDCA

OP –014

The National Emergency System and its Extension throughout the Territory of the Republic of Albania.

Skender BRATAJ

Author Information:

Director of National Center for Emergency Medicine, Tirana, ALBANIA.

Abstract

INTRODUCTION: Saving people's lives, guaranteeing their life quality, reducing patients' disabilities, alleviating the suffering of patients with chronic diseases and preventing morbidity and mortality is the goal of the National Emergency System. Our mission is accomplished through proper organization, discipline, ethical, deontological and professional working standards, standardized protocols, national and international guidelines, evidence-based medicine and continuous updating of contemporary scientific information. The once fragmented, chaotic, not organized pre-hospital emergency system was sporadic, uncoordinated, and the dispatcher who received the calls for medical help was the same who would go and give medical help. There were no control mechanisms, no protocols and no possibility of registering phone calls or patient medical records. Thereupon it was impossible to do scientific research, data collection, time to time evaluation in order to improve the service. Today we are talking about an integrated system, well organized and based on modern standards. How does this system really work? The Coordination Unit to the National Emergency Center is the brain, the command, and the control center. It is composed of several functional units or operating rooms that are: Evaluation, Management, Control, and Maxi Emergency Unit. In the Coordination Unit, each call for medical assistance is evaluated via telephone triage into the following steps: the location of the citizen at the time he/she is seeking help, the disease classification, the worsening code, and where the citizen is calling from. All this procedure is done electronically through an integrated program where every call is registered under the law, with the possibility

of its immediate hearing, archiving and collecting data and statistics for scientific Research.

Keywords: National Emergency System, 127, Emergency Care, National Centre for Emergency Medicine (NCEM).

OP –015

Safety in Road Communication and Role of pre-Hospital Emergency Service

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Abstract

Introduction: Around 1.25 million people die each year due to traffic accidents.

Traffic accident injuries are the leading cause of death in the most productive age group – 20-45 years old. 20 to 50 million people end up with injuries, disability because of traffic accident injuries. Half of those who lose their life in road accidents are active participants in traffic – pedestrians, cyclists, bikers. If no preventive measures are taken, it is expected that in year 2030 traffic accidents will be the leading cause of death in general.

Material And Methods: data for this paper is extracted from QMU and archive protocols. I have cooperated with Emergency Centre of UCK, and Kosovo Police – Pristina regional unit. Retrospective method of research and afterwards descriptive and analytical method has been applied.

RESULTS: According to Police statistics, the largest number of accidents in traffic in Kosovo have taken place in year 2013 - 5541 cases. The lowest number was registered in 2003 – 5541 cases. The largest number of accidents with casualties have taken place in year 2009 with 176 casualties, while 2016 had the lowest number – 110 casualties. The Centre of Urgent Medicine in Pristina had

1283 traffic accident interventions in 2018. The largest number was in August – 198 cases (15.4 %) while the lowest number was in May – 69 (5.4%).

CONCLUSION: The main factor of traffic accidents remains human factor.

Traffic accidents increase the incidence of death and disability in general population.

Laws and their obedience, technical condition of vehicles, road infrastructure are also factors that influence the number of traffic accidents.

Enforcing Emergent Medical Services, promoting and educating the population, institutional cooperation, have positive impact in reducing the number of traffic accidents, decreasing mortality and disability caused by traffic accidents.

Keywords: traffic accident, medical urgency, fatality, security.

OP - 016

Telephone Basic Life Support (BLS-T).

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Abstract

Introduction: Saving a patient's life is the medical art as well as ancient and beautiful as difficult and that requires dedication. Saving people's lives and guaranteeing their life quality is the mission of the National Emergency System. Our mission is accomplished through proper organization, discipline, ethical, deontological and professional working standards, standardized protocols, national and international guidelines, evidence-based medicine and continuous updating of contemporary scientific information. The phone call toward 112/ 127 and the voice of the doctor or nurse that answers are the first hope of every citizen that his life is safe. Hello, emergency service, how can I help you? This is the first moment that the medical professional takes over your life!

This is where the protocol of telephone cardiopulmonary resuscitation, the battle

against time, the battle against the disease, the battle against death begins. The brain is the main organ that suffers from lack of oxygen. The brain damage begins after 6 minutes of cardiac arrest and after 10 minutes the damage becomes irreversible. This is why the immediate start of resuscitation maneuvers means buying time and stopping it at the moment these maneuvers are started. The lifesaving maneuvers will be continued by the medical team that arrives at the destination. After the CPR is adequately executed and the patient follows all the chain of survival, he will not only be saved but he can also have a normal life otherwise he will die or never wake up. The Telephone CPR protocol provides for a series of actions coordinated by emergency medical professionals....

Keywords: first aid, BLS-T, National Centre for Emergency Medicine (NCEM)

OP –017

Bystander Cricothyroidotomy with Household Devices

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Abstract

Introduction: In various motion pictures, medical TV shows and internet chatrooms, non-medical devices were presented as tools for life-saving cricothyroidotomies. However, there is uncertainty about whether it is possible for a bystander to perform a cricothyroidotomy and maintain gas exchange using improvised household items. This study examines the ability of bystanders to carry out an emergency cricothyroidotomy in fresh human cadavers using only a pocket knife and a ballpoint pen.

Materials and Methods: Two commonly available pens and five different pocket knives were used. Ten participants with no or only basic anatomical knowledge had to choose one of the pens and one of the knives and were asked to perform a cricothyroidotomy as quickly as possible after

a short Introduction. Primary successful outcome was a correct placement of the pen barrel and was determined by the thoracic lifting in a mouth-to-pen resuscitation.

Results: Eight (80%) participants performed a successful approach to the upper airway with a thoracic lifting at the end. Five participants performed a cricothyroidotomy and three performed an unintentional tracheotomy. Injuries to muscles and cartilage were common, but no major vascular damage was seen in the post-procedural autopsy. However, mean time in the successful group was 243 s.

CONCLUSION: In this cadaveric model, bystanders with variable medical knowledge were able to establish an emergency cricothyroidotomy in 80% of the cases only using a pocketknife and a ballpoint pen. No major complications (particularly injuries of arterial blood vessels or the oesophagus) occurred. Although a pocket knife and ballpoint pen cricothyroidotomy seem a very extreme procedure for a bystander, the results of our study suggest that it is a feasible option in an extreme scenario. For a better outcome, the anatomical landmarks of the neck and the incision techniques should be taught in emergency courses.

Keyword: Bystander, Cricothyroidotomy, Anästhesie, Intensivmedizin, Schmerztherapie.

OP – 018

Intraosseous Access as Part of Reanimation in Emergency Setting

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Abstract

Introduction: Intraosseous access or Intraosseous infusion is a form of application in which infusions or medications are

administered intraosseous (into the bone marrow cavity). For this purpose, a steel cannula is pierced into the bone, over which the substances can be administered due to the good blood circulation of the bone marrow cavity.

Intraosseous access is often used in child emergencies, as it is sometimes difficult to puncture the small veins with a vein cannula. In principle, however, it can be used at all ages and is increasingly used in adults. Intraosseous access is a comparable alternative to the venous catheter in the infusion of fluid, drug administration and blood collection. In an emergency, all common medications and blood products can be applied, and blood samples are also possible. Advantages of intraosseous puncture are the rapid application and high success rates (>80%) with a low risk of complications. The disadvantages are the higher cost of material and a limited flow rate of puncture needles in some systems.

OP – 019

Health Care Centers During Tourist Season, Challenges and Innovations in Managing Medical Emergencies

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Abstract

Introduction:Albania is a coastal country with a large number of beautiful beaches, frequented by many people. In the summer season in Albanian territory there is an increase in the number of local and foreign visitors. During this season many citizens move from urban areas to coastal towns and beaches, which are often far from major cities and away from hospitals. 4 years ago, was made evident that with the permanent organization of the health system, the time of arrival in case of medical emergencies and accidents in the coastal areas, was very long and the risk to citizens' lives was considerable. That is why the Ministry of Health and Social Welfare and the National Emergency Center decided to plan and

organize a prehospital system, specifically tourist health centers, that would function only during the summer season. The planning and organization processes were based on the territory, the number of visitors, the distance from regional and municipal hospitals and the infrastructure. In 2015, 22 tourist health centers were opened, which followed 25 in 2016, 26 in 2017-2018 and reaching 28 in 2019. All health centers were provided with a telephone number available to the Coordination Unit for medical coordination. The National Emergency Center, in order to further improve the medical service in these areas, but mostly to shorten the time of arrival to the patient decided to place an ambulance near these centers, so it was possible to cover the medical needs in all tourist areas. In 2015 there were 19,000 visits, in 2016 the number of visits increased by almost 37% (26,000 visits), in 2017 the number of visits almost doubled (about 40,000). In the last two years, this number has grown at a very large percentage leading to 49,921 visits in 2018 and a record of 69,850 visits in 2019. The new organization of this service puts us in front of a new challenge to meet the increasing demands from year to year. Planning means preventing, so it's good that new challenges come with an already proven to be successful service.

Keywords:tourist care, seasonal health centers, national emergency medical centre

OP – 020

Helicopter, Excellence Service of the National Center for Emergency Medicine.

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Abstract

Introduction:Helicopter medical emergency service is the best option to cope with emergency medical emergencies and in areas without infrastructure. Modernization and completion, not only because of modern medical equipment and devices, but more because of legal adaptation and new mentality, where every Albanian or foreign patient in the territory of the Republic of

Albania is guaranteed life and treated with the same devotion and professionalism.

This service is already equipped with on-board medical equipment that is needed to monitor, defibrillate, immobilize and treat patients at the scene, during transport, to more specialized health centers. The novelty of this topic is about introducing rigorously prepared medical staff to deal with the variety of problems encountered during lifesaving operations.

The purpose of this study is to reflect and analyze the work done so far by the NCEM regarding the service, the time of arrival, the difficulties and the problems encountered during the work.

Accurate data analysis, correct documentation of events and missions through the patient's file, receiving pre-departure information and completing the territorial card are essential for assessing the quality of the service, improving it, and reducing the disability of the patient. The Coordination Unit as an Innovation has every important role in conducting this service.

As a Conclusion: Emergency helicopter service for the natural, structural conditions of our country is indispensable for lifesaving, service improvement, and reduction of disability.

The current state of affairs aims to improve this service to be as quality in line with the standards of international scientific associations.

Keywords:helicopter; patient's file, followup

OP – 021

Prehospital trauma and the National Emergency Center.

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Abstract

Introduction:Prehospital Trauma Life Support (PHTLS) is the global gold standard in prehospital trauma education and is taught in 64 countries. PHTLS is appropriate for EMTs, paramedics, nurses, physician assistants, physicians, and other prehospital providers. It is recognized around the world as the leading continuing education program for

prehospital emergency trauma care. The mission of PHTLS is to promote excellence in trauma patient management by all providers involved in the delivery of prehospital care. PHTLS is developed by NAEMT in cooperation with the American College of Surgeons' Committee on Trauma. The Committee provides the medical direction and content oversight for the PHTLS program. NAEMT's international education activities began in 1991 with the establishment of an NAEMT training center in Mexico to conduct PHTLS. Today, NAEMT education courses are taught in many countries worldwide. National Centre for Emergency Medicine has already conducted the second PHTS course in Albania. The first Albanian instructors are already certified and will serve as a faculty that will continue to train the personal that works within the emergency system in Albania. This presentation describes the history of PHTS promulgation in Albania, its mission and the role of NCEM in continuing education for emergency medical staff in Albania.

Keywords:PHTLS, NCEM, NAEMT

OP – 022

The Role of Neurolysis in the Surgery of Traumatic Lesions of Peripheral Nerve.

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Abstract

Introduction:Neurolysis is the operative technique of cessation of adhesions and removal of fibrosis following traumatic damage to peripheral nerves in the event of preservation of anatomical continuity of the nerve fascicles. This technique, defined by Milles in the 1980s and revised over the years, remains a successful technique in the treatment of persistent traumatic neuroma.

But the extent of neurolysis remains a subject of discussion on a macro and microscopic level in peripheral nerve surgeons around the world.

Materials and Methods:Neurolysis related updated world literature is reviewed. Cases operated at the QSUT Neurosurgery Service with neurolysis for various traumatic peripheral nerve injuries have been studied. Long-term treatment outcomes are reviewed to quantify the rate of return to neural function after treatment.

Results:Several types of peripheral nerve traumatic mechanisms have been operated with the technique of "neurolysis" contusion, shock wave firing, jatrogenic intra-fascicular nerve injection, birth plexigraft injury, etc. The type of repair ranges from aderenciolize, longitudinal epineurotomy, interphasicular neurolysis.

The degree of improvement depends largely on the degree of fibrotic fascicular injury, the length of the injured nerve segment, the distance from the injury to the affected muscles, the time from traumatic injury to surgical treatment, the neurolytic technique used, the competence of performing microscopic and knowledge of peripheral nerve pathology.

Conclusions: In the many years' experience of repairing peripheral nerve traumatic injuries at the QSUT Neurosurgery Service, it turns out that neurolysis remains a technique used successfully in selected cases. It has been applied alone or in combination with direct sutures or transplants of interrupted nerve segments contained in the same traumatized peripheral nerve unit.

The use of intraoperative neuro-physiological monitoring, in particular NAP (Nerve Action Potential), adds to the assurance of obtaining valuable fascicles at the end of the applied neurolysis.

Keywords: Neurolysis, traumatic, nerve.

OP – 023

Spontaneous Intracerebral Hematoma; Is it Only Blood?

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Abstract

When a spontaneous intracerebral hematoma is disclosed in a CT scan, there are many different pathologies to be differentiated, further exams to be ordered and treatment options to be taken into consideration.

Through some latest operated cases we highlight the logical steps to undertake and discuss the pearls and pitfalls of managing intracerebral hematomas. Metastasis, cerebral aneurysm, hypertensive hematoma, GBM are some of etiologies we will discuss.

When taken into consideration the age, comorbidities, antecedents, anamnestic elements, then the imaging suggests the next steps to take for the etiological diagnosis as well as surgical or conservative management.

Keywords:Hematoma, intracerebral, spontaneous.

OP – 024

Cranial Emergencies in Neurosurgery

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Abstract

Emergency in Neurosurgery is complicated and totally different topic in Neurosurgery. The emergency cases can be caused generally after trauma and accidents but although some sporadic /spontaneous situations can cause urgent cases in Neurosurgery. Mostly fractures and haemorrhages are the common emergency cases in neurosurgical practice due to trauma and accidents. But also, sometimes sporadic /spontaneous cases like SAH, cerebral abscess or hydrocephalus cases can cause the emergency pattern. We want to remind the general emergency topics in neurosurgery and share some case experiences that we saw and operated by us.

OP – 025

Delayed Posttraumatic Siringomyelia

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Abstract

Introduction: Post-traumatic spinal syringomyelia is rarely found in the literature. In cases of thoracic vertebral lesions without medullary lesions, kyphotic stenosis with duct stenosis and subsequent arachnoid adhesions are thought to favor the creation of conditions for the formation of sirings in the proximal part of the spinal medulla from the level of the vitreous lesion.

Materials and Methods: Retrospective study of a case presented at the QSUT Neurosurgery Service for post-traumatic syringe 16 years after traumatic L1 fracture. A 41-year-old car accident victim in 2001 undergoing compression fractures of the L1 body presented with retinal urinary and anal sphincter deficits, but without inferior motor-sensory deficits. He underwent neurosurgical intervention to decompress the canalicular contents with laminectomy without column fixation at the fracture level.

In February 2018 he was experiencing pain at the fracture / decompression level with right inferior paresthesia paresthesia and gradual progression of distal motor impotence with gradual proximal progression.

In November 2018, as a result of the above neurological deficits listed, thoracic-lumbar MRI was advised to document the presence of sirings over the medullary lesion extending from L1 to T10, with swelling of the liquor content. Altered PESS.

Results: He underwent microsurgical surgery of gastric syringes with posterolateral medial apertures of the T12 level, emptying the cystic contents into the perineal spinal space and communicating these two spaces to avoid

recurrence. A MRI check in May 2019 documented a reduction in the use of sirings in support of improved symptom stability.

CONCLUSIONS: Consistent fracture deformities especially at the thoracic-lumbar passage level treated only with decompressive laminectomy, without instrumental fixation have a high probability of peer perfusion in duct stenosis.

Posttraumatic post-traumatic syringomyelia extending above the level of the medullary lesion is a rare consequence but should be suspected whenever there is a manifestation of neuraxial irritation (pain, paresthesia) or new motor-sensitive neurological deficits or previous sphincteric deficits.

Stirring of the syringes with the consequent reduction of the pressure and volume of liquor contained therein is possible by microsurgical operating methods thereby resolving medullary dysfunction.

Keywords: Syringomyelia, delayed, post-traumatic, fracture.

OP-026

Surgical treatment of temporal lobe epilepsy. Our experience with 40 patients.

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Abstract

Patient E. H., age 39, presents to Surgical Emergency, with a cut wound: Sinister mammectomy. According to family and patient referrals, the action came as a result of a suicidal attempt. Suffers from Epilepsy since the age of 2 and several years from depression, leading to a suicidal attempt before. She has been treated with antiepileptic drugs for years and underwent neurosurgical intervention in Italy a month ago, which was successful.

The patient shows a regular appearance and according to the chronological age, maintains partial eye contact. Her mimic expresses an apathetic and cold state, without alterations of her mood. Refers that after neurosurgical intervention she has had severe headaches for

weeks, pains that did not enable her to sleep or perform normal daily activities. In one of these crises the patient has injured herself, by removing her left breast. Communication is apathetic, cold, distant. Thoughts are negative and worrying about her health. Perception of the environment and reality, cognition and insight damaged. When asked why she chose to damage her breast, refers she had a feeling of emptiness and therefore wanted to remove it. Her headaches were also unbearable and this led her to perform this injury. Through communication the patient provides a lot of information about psychotic elements responsible for the bizarre action. Treatment with antipsychotics, antidepressants, mood stabilizers and anxiolytics, brought an improvement in the psycho-emotional state. Such cases are rarely described in contemporary literature, the consequences of severe psychotic and affective disorders.

OP – 027

Spinal Emergencies in Neurosurgery

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Abstract

Emergency in Neurosurgery is complicated and totally different topic in Neurosurgery. The emergency cases can be caused generally after trauma and accidents but although some spontaneous or sporadic situations can cause urgent cases in Neurosurgery. Mostly fractures and spinal cord injuries are the common spinal emergency cases in neurosurgical practice due to trauma and accidents. But also sometimes sporadic /spontaneous cases like acute disc herniations that can cause cauda equina or conus medullaris syndrome, vertebral infectious abscess or vascular pathologies that causes spinal haemorrhage cases can cause the emergency pattern. We want to remind the general spinal emergency topics in neurosurgery and share some

case experiences that we saw and operated by us.

OP – 028

Balloon Kyphoplasty for Traumatic and Osteoporotic Compression Vertebral Fractures, our Experience

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Abstract

Introduction: We present a review of patients diagnosed and treated for osteoporotic thoracic-lumbar compression fractures.

Materials and Methods: There were three patients diagnosed and treated for osteoporotic thoracic-lumbar compression fractures during the year 2018 in a private hospital. The patients' clinical data, imaging studies and operative procedures were reviewed retrospectively.

Results: There were three female patients ranging from 34 to 63 years old, (mean age 51.6 years old) identified. All three patients were diagnosed previously for osteoporosis. Time from symptoms onset to diagnosis and treatment varies from one month to three years.

Discussion: Vertebral osteoporotic compression fractures are almost twice as common as other fractures typically linked to osteoporosis, such as broken hips and wrists. They are located more in the lumbar and thoracic region.

Conclusion: Treatment with balloon kyphoplasty remains the gold standard in the treatment of Vertebral osteoporotic compression fractures with early significant improvement of symptoms.

Keywords: osteoporotic fractures, compression fractures, balloon kyphoplasty.

OP – 029

Neurotizations in the C₅-C₆ Proximal Avulsions of the Brachial Plexus

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Abstract

Introduction: In the 90s it was widely accepted that C5 and C6 were more widely used in neurotransmission techniques than 90% in neurotransmitters in 90% of nerve function regeneration, thereby compromising extracorporeal function.

At the QSUT Neurosurgery Service, these techniques have been successfully tested in follow-up for over 15 years, intensifying and updating with intraoperative monitoring techniques.

Materials and Methods: In all operated diagnostic cases of C5 and C6 avulsion supported by cervical MRI and ENMG, SSEP preoperatively. Neuro-technical techniques for C6 and C6 avulsion are applied:

1. with terminal nerve accessor spinal donor for resuscitation of the nerves supra-scapular as recipient.
2. With a n. radial donor, the branch for the medial head of the muscle triceps brachii for resuscitation of the nerve-axillary recipient.
3. With a n. ulnar donor, a muscle-carpi-ulnaris (and median) trunk, as a donor for the resuscitation of the musculoskeletal nerve, a branch for musculoskeletal (brachialis).

Operational outcomes are reviewed and reviewed for trauma to surgical resection (3 months - 3.5 years).

Results: In all modes of operation, slight (M2), medium (M3) and satisfactory (M4) improvements in engine function were observed. The application of intraoperative neurophysiology to the microsurgical

technique for neurorrhaphies with 10/0 nylon is fundamental in obtaining a functional result. Recently from trauma to operation, there was no effector morbidity in outcome and neurotization.

Conclusions: Preoperative study of the viability of paralyzed muscles most important for predicting the surgical outcome of neurotization. The use of techno-vestiges in the neurotization of the anterior (middle and anterior) muscles as well as the biceps and brachialis provide a more secure functional recovery than the technico seconds. Microscopy of intraoperatives is indispensable in the application of neurotization. Post-operative rehabilitation with electrovascular stimulation and muscular bone factor Important in obtaining maxillofacial efficacy of plexigs.

Keywords: Neurotizations, paralyzed muscles, surgery.

OP – 030

Postoperative Shock; How to Anticipate and Manage it Conveniently?

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Abstract

Introduction: Postoperative shock is a not so uncommon event and recognize many etiologies, ranging from intracavitary/intrabdominal hemorrhage, pulmonary embolism, septic shock due to surgical and not surgical complication, heart failure.

It could happen both after elective and emergency procedures.

Management of a patient with clear or impending postoperative shock requires a high index of suspicion of the surgical team and of the nursing team too. Ideally, a planning of the actions for a safe and effective monitoring should be established in any surgical ward, possibly with the help of

telemonitoring systems even in non-high-dependent unit.

The use of check-lists and a wide application of tools like the NEWS score are one of the most easily way to implement the culture of standardized monitoring of critical or potentially critically ill patient in the postoperative period. It is clear that the goal is to anticipate the need for rescue surgery, and/or put a patient requiring interventional or surgical repair of a postoperative complication in the best situation for recovering, decreasing the rate of failure to rescue.

In the era of acute care surgery, surgeons dealing with acute patients (all complicated patients after elective and emergency surgery are acute patients) have to know the surgical procedure undertaken and to stay close to physiology, which remains the mainstone for any decision.

Basic knowledges for a physiological assessment are mandatory, goal directed fluid management has a pivotal role too. Nowadays, some critical applications of Ultrasound should enter in the armamentarium of surgeons too. In particular, free fluid detection (E-FAST), basic lung US semeiology, US evaluation of volume replacement and heart function “at a glance”.

It is time to improve skills and organizations for getting better outcomes in critically ill patients.

Keywords: fluid resuscitation, mean arterial pressure, operation, surgery,

OP – 031

Acute Airway-Threatening Presentations of Thyroid Diseases in Very Old Patients

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Abstract

Acute airway-threatening from thyroid diseases is not common but may occur due to

giant goiters, hematomas and thyroid malignancies, among others. The author underline the need for the surgeon working in acute care setting to be familiar with thyroid surgery.

Three recent cases, in very old patients, of acute airway-threatening from thyroid diseases are described:

1. A 91-year-old male with known giant right-sided thyroid mass, with a cytologic study suggestive of follicular tumor, who had refused thyroid surgery two months earlier, was hospitalized for acute exacerbation of dyspnea and hoarseness. Cervical mass extended from the hyoid bone to the upper mediastinum, with left shift of cervical structures. Right thyroidectomy and isthmectomy were urgently performed.
2. A 88-year-old female with a known bilateral large cervical mass was admitted due to stridor. Computed tomography revealed a large retrosternal compressive goiter with a remaining tracheal lumen of 2 mm. Surgical risk was significantly aggravated by a severe aortic stenosis. Since there was no place for a classic tracheostomy and endotracheal intubation could be difficult or impossible, everything was prepared in order to anesthetize the patient under ECMO, which, however, did not become necessary. Intubated with the aid of a fiberscope, a total thyroidectomy was possible, after partial sternotomy.
3. A 78-year-old female complaining of stridor and dysphagia, from a large right cervical mass, with a 4 mm tracheal lumen was admitted. A tracheostomy was performed but, due to airway obstruction not completely resolved by this procedure, a right lobectomy with isthmectomy was performed urgently. Although cytologic study was suggestive of papillary carcinoma, the degree of local infiltration, evident at the time of surgery, first drew attention to the possibility of an anaplastic thyroid cancer.

Acute airway-threatening from thyroid diseases is not common. Early recognition of these conditions and urgent, partial or total thyroidectomy may be necessary to alleviate symptoms, when tracheostomy is not an

effective option. The surgeon working in an acute care environment should be aware of these possible scenarios and be prepared to solve them.

OP – 032

Esophageal Trauma from Foreign Bodies. Literature Review and our Experience.

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Abstract

Introduction: Esophageal trauma from foreign bodies, it's not a rare condition in our polyvalent emergency. The esophagus is the most common site of foreign body impaction. Food impactions cause most esophageal foreign bodies. Large, smooth food pieces (e.g. steak, hot dogs) are particularly easy to swallow inadvertently before being chewed sufficiently. Bones, particularly fish bones, may be swallowed if the meat in which they are embedded is not chewed sufficiently. It can be complicated with esophageal perforation, so all team in operating room must be prepared for this condition, especially the surgeons.

The foreign body, which may be food or dental prosthesis, may cause spontaneous esophageal injury or injury during attempts to remove it. The primary choice to solve this situation is endoscopic management not only to diagnose but also to treat the complication. Emergent endoscopy is required for sharp-pointed objects, disk or button batteries and any obstruction causing significant symptoms. Esophageal perforation has a high mortality and morbidity and all the procedures to remove the foreign body increase the risk for it. We are bringing you our revision and experience.

Keywords: Esophageal trauma, foreign bodies, emergency, fish bones.

OP – 033

Diagnostic and Therapeutic Laparoscopy in Abdominal Trauma

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Abstract

Introduction: The aim of present study is to evaluate the role of laparoscopy in blunt and penetrating abdominal trauma.

Materials and Methods: We performed a review of the literature using Pub Med database. The key words were laparoscopy and abdominal trauma. In last 10 years there were 785 articles published.

Results: Laparoscopy is most useful in hemodynamic stable patients with penetrating abdominal trauma. The sensitivity and specificity of diagnostic laparoscopy is 99% i.e. 100%. In 92% therapeutic laparoscopy was successful.

In blunt abdominal trauma the role of laparoscopy is less clear. It is an option in selected patients who are hemodynamic stable and have a fluid collection of unknown origin on CT scans. In selected cases it is also optional in patients with bowel perforation, liver and spleen trauma.

Conclusion: Laparoscopy is a useful diagnostic and therapeutic procedure in stable patients with abdominal penetrating wound. In blunt abdominal trauma its role is more limited.

Keywords: laparoscopy, abdominal trauma.

OP – 34

Management of Liver Trauma

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Abstract

Introduction: The hospital Trauma Centers could be able to manage severe liver and biliary tract injured but should have the following criteria or pre-condition like; the Team of surgeons trained for this purpose, ultrasound installed in the operating room, liver injury assessment with angio-CT, 24-hour operating room equipped, resuscitation, options for arterial embolization.

Liver injuries have been found in 20% of cases of polytrauma, according to most reports from various trauma centers. Car accidents are the leading cause of Blunt Liver injuries.

Diagnosis of Liver injury has undergone a significant evolution in recent decades, due to ongoing developments in the field of imaging.

The diagnostic and therapeutic strategy is dependent on the hemodynamic status of the traumatized patient.

Currently, non-operative management is preferred in more than 80% of cases, it is combined with continuous clinical monitoring and, if necessary, an interventional radiology, its efficacy is more than 90%.

This treatment fails in about 10-15% of cases, most often for extra-hepatic injury and less frequently for laparotomy

In the case of NOM hemostasis techniques are preferred over hepatic resection. If hemostasis is difficult to obtain, we should prefer periapical tamponade, rapid surgery to the concept of shorter laparotomy, multi-clamping and venous venous shunt, and re-intervention after 48-72 hours, management of secondary complications such as biliary fistulas or intrahepatic abscesses should be multidisciplinary, whether at the diagnostic or therapeutic level.

The overall mortality, with respect to the gravity of the anatomical hepatic injuries and associated injuries, is 10 to 20%.

Keywords: liver, Trauma, biliary tract injured, NOM, fistula Biliary, intrahepatic abscesses.

OP – 035

Blunt intestinal Trauma a retrospective assessment.

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Abstract

Introduction: BAT is one of the most common causes of morbidity in that all age groups. Early identification of traumatic intestinal injuries (TIInI) has been and remains a challenge to all trauma surgeons, as early finding and evaluation of their, it present difficulties of different natures, even with technological advances is a frightening for all surgeons because of morbidity and mortality that it carries. With all the different varieties of damage mechanisms InI of motor vehicle accidents remain the leading cause.

The first reports date for intestinal injuries we must go back to 1899 by Geille, who reported that intestinal injuries had 11% incidence in a group of patients who had undergone BAT. There are studies that said that intestinal injuries recently ranked third overall in the standings intra-abdominal injuries in BAT.

Identification of the mechanism of injury, the incoming data, the anatomical distribution of lesions, diagnostic methods, management and gastrointestinal damage results from BAT.

Material and Methods: The study includes patients with BAT in a 2-years period, that were introduced in the UHT, who underwent evaluation, treatment and management of gastrointestinal tract injury.

It is a retrospective study, patients were analysed in relation to the mechanism, time of presentation, in HdSt, anatomic localization of lesions, diagnostic methods, the tactics of treatment, complications, morbidity and mortality.

Results: Are taken into consideration about 21 (8%) patients out of 257 which is the total number of patients with BAT in the study which had damage to the InI, they occupy 33% of cases treated with BAT street operators.

Age distribution is such 70 years old range 5-years average 32.8, while such is distribution by age group; is 14 to 60 years old (6%) followed by more than 60 years old (14.2%) and finally by 0-14 years old (23.8%).

Conclusion: Early recognition of TIInI from BAT is difficult, it's very important is their dangerousness be recognized because of its great potential complications affecting infection that gives directly to their morbidity and mortality.

Keywords: Blunt abdominal trauma, intestinal injury, colonic injury

OP – 036

Do Indicators help in Manage Emergency Departments?

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Abstract

Indicators are usually used to evaluate the service and to prepare for possible interventions. They serve as evidence of change and form an important part of most systems and approaches in the monitoring and evaluation process. Indicators can be calculated at different levels and defined in many different ways by different organizations. Indicators are defined as a quantitative or qualitative factor or a variable that provides a simple and reliable tool of measuring achievement, reflecting changes associated with an intervention, or helping to evaluate performance¹.

An indicator is considered "as part of the information that provides evidence of a change" ². Evidence and change are two different things. An indicator is something that helps evaluate change, but is not change itself (even when the result is desired).

A good manager should know how to read the indicators correctly and then take other steps that lead to change (planning-design-implementation-re-evaluation).

OP – 037

Emergency Access and Management in the first 15 Minutes of Life Threats

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Abstract

Trauma is a global, multidisciplinary problem caused by mechanical, chemical, physical and thermal factors and radiation. But in most cases, they are car accidents, various home accidents (minor, major) which can potentially be life threatening. Trauma is the sixth leading cause of death worldwide, resulting in five million or 10% of all deaths a year. Tracing injured traumas is a priority for treatment or transportation, according to their severity of injury. BLS in pre-hospital settings (primary, secondary, tertiary) and hospital ATLS requires a very multisystematic approach to be managed by US personnel. In hospital settings, trauma treatment is traditionally divided into two secondary, tertiary levels. Implementing a unified trauma algorithm facilitates access to diagnostics and treatment by carefully avoiding potential complications in order to reduce morbidity, disability and mortality. A proper medical trauma management team in pre-hospital, hospital settings educated and trained with basic and advanced trauma management courses and adhering to standard procedures and algorithms, protocols are key to the effective management of minor trauma injuries. and malaria which will affect the increase of quality of life as well as the reduction of morbidity, disability and mortality.

Keywords: Trauma, Injury, BLS, PhTLS, ATLS, Emergency department.

OP –038

Management of Acute Cardiac Failure in University Hospital Emergency Settings

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Abstract

Acute cardiac insufficiency (ACI) is the rapid onset or worsening of CI signs and / or symptoms. It is a life-threatening clinical situation that requires immediate evaluation and treatment, which is generally followed by urgent hospitalization of patients.

The objective of this presentation is to describe the novelties in the diagnosis and treatment of ACI, including the use of cardiac markers to describe the advantages of Cardiac Markers-based therapy for the management of decompensated ACI; the role of different groups of preparations and non-invasive ventilation in the rapid treatment and stabilization of the situation, always in the light of the latest ESC and AHA clinical guidelines.

Emergency medical staff attitude from the first moment of contact with these patients, the order of actions and treatment of these patients until their placement, in the current conditions, based on the recommendations of clinical guidelines and our experience and experience , will be clarified in the presentation, with the aim of defining the same ACI management protocol.

OP – 039

One Working Day in Emergency Center in Regional Prizren Hospital, Republic of Kosovo

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Abstract

Introduction: An Emergency Working Day presents more closely the medical services of care teams provided to all patients coming in or brought by emergency teams, accident rescuers, such as the Kosovo Police, other rescue teams or from Citizens themselves, in the most frequented hospital facility and of strategic importance. The care teams are in constant readiness but as needed increase the readiness and expand it with additional staff from other units of the Prizren Regional Hospital. In such cases the chain of survival comes to an end when early calls, immediate basic and advanced treatment provide

adequate medical treatment for each patient's need.

Material and Methods:As a source for completing this scientific work, are used documentation from Emergency Department books, medical reports, didactic photographs were used to make prospective uninterrupted work clearer and all medical cases (approximately 130 of them) were analyzed that have been seeking medical help for 24 hours. The time of arrival, the time of staying respectively in emergency services, examinations, necessary consultations as well as hospitalized and transferred cases at the Kosovo Main Emergency Center in Pristina were, they have been examined.

Results: One patient was resuscitated, 13 people treated cause they had injuries on road traffic accidents, 5 cases of physical violence one of which was injured by a sharp tool, some patients injured by a height fall of approximately 3 meters , by motorcycle, bicycle, three poisoned patients, one of them with medicaments who attempted to commit suicide and 2 persons with alcohol overdose, 21 patients were treated with acute injuries, 26 were treated, one was transferred at the Kosovo Main Emergency Center for more advanced treatment... By age patients were of all ages but dominated by younger age groups (10-39 years old among the injured), by sex, most frequent patients were Male (ratio 3: 1). Time spent in observation (1- 2 h). A number of patients were brought by ambulance, part of them by Kosovo Police (injured in physical conflicts) and some of them brought by family members as well as patients with mild disorders...

Conclusion: Arrival time in Emergency - uninterrupted and no obvious night / day differences and sometimes several patients at the same time challenging teams to provide adequate treatment after proper professional treatment with teamwork and adequate consultation.

KeyWords:Patient, injury, doctor, treatment, observation, hospitalization

OP – 040

Management of Syncope in University Hospital Emergency Settings

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Abstract

Syncope is a clinical syndrome, in which temporary loss of consciousness is caused by insufficient blood supply to the brain, often as a result of an immediate decrease in systemic arterial pressure (TA). Typical for the syncope is that this insufficient supply of blood to the brain occurs for a short time (8-10 seconds) and recovers spontaneously.

Syncope is a common symptom with which patients present with DU. Syncope is one of the many possible causes of temporary loss of consciousness (HPK). Most of these causes are benign and transient, but some are associated with increased morbidity and mortality, especially in old age.

What is the approach to syncopal patients, what are the opportunities to distinguish the causes of syncope episode, how to distinguish the true syncope from other causes of HPK, what are the main tests that help assess them, what are the initial concerns in treatment-related, how risk is determined and the attitude held in cases of indeterminate diagnosis, are the problems that will be elucidated in this presentation in light of recent ESC guidelines.

OP – 041

Pain Management for Pediatric Patients Contemporary Considerations

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Abstract

Acute and chronic pain are common and often debilitating problems among both pediatric and adult populations according to the Institute of Medicine statement on

Relieving Pain in America. The International Association of the Study of Pain (IASP) defines pain as an unpleasant sensory and emotional experience associated with actual or potential tissue damage or described in terms of such damage. Acute pain is the expected physiological response to a noxious chemical, thermal, or mechanical stimulus, and usually accompanies surgery, traumatic injury, tissue damage, or inflammatory processes. It is self-limiting and typically resolves over days to weeks, but it can persist longer as healing occurs. Chronic pain is defined as intractable pain that exists for three or more months despite adequate treatment.

For patients 18 years and younger, there do not yet exist specific consensus guidelines on prescribing opioids for chronic pain. Pediatric practitioners are advised to use their best judgment when using opioids after appropriate use of nonopioid alternatives. Opioids are not usually indicated as a first line therapy for primary pain disorders [16]. However, current evidence suggests that opioid prescriptions should not be curtailed for moderately to severely painful conditions. Synchronal with this reconception, there are other new notions like nervous system hypersensitivity caused by the acute pain and the rehabilitation, known for their important role due to major developments in the multimodal analgesia. Last years the researches are mostly focused on pain assessments as the main element that precedes the treatment.

Conclusions: Multidisciplinary pain management, including pharmacological and integrative non-pharmacological therapies, has been demonstrated to be efficacious in the treatment of both acute and chronic pain. Pharmacological interventions include opioids and opioid-sparing agents that target specific aspects of the nociceptive and neuropathic pain physiology.

Keywords: Opioid reduction therapy, non-pharmacological therapy, cognitive behavioral therapy, hypnosis, mindfulness-based stress reduction, acupuncture, pain rehabilitation.

OP – 042

Temporary and Permanent Pacemaker in Acute Coronary Syndrome

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Abstract

Background: Cardiac arrhythmias and conduction disorders are relatively common after Acute Coronary Syndrome (ACS). They are the result of autonomic stimulation, ischemia or necrosis of the conduction system. Two major factors determine the need for a cardiac output: symptoms associated with brady-arrhythmia or the site where conduction disorder has occurred.

During the ACS, different types of heart transplant surgeries may become apparent; sinus node impulse formation or conduction abnormalities, atrioventricular conduction (AV) disorders, and intraventricular conduction disorders.

Sinus rhythm disorders (sinus bradycardia, sinus arrest, exist sinoatrial) are more common, mainly during inferio-posterior stroke. Treatment is not necessary unless symptoms present; Atropine can be helpful. If bradycardia is prolonged and severe, or does not respond to atropine, a temporary cardiac arrest should be established. AV block occurs in 12-25% of patients with acute ACS.

The risk of progression from the first-degree block to the high degree AV block differs from the types of site of myocardial infarction. High-grade AV block, and especially after anterior wall infarction, indicates that damage is within the His-Purkinje system. Temporary emergency relief is required in these cases.

Modes and temporary cardiac arrest are transcutaneous and transvenous. Transcutaneous ligation is done by placing plates on defibrillation apparatus when the "Pacer Mode ON" option is selected. The transvenous suction is made through a suction probe placed in the right ventricle through a large vein, which is usually the femoral vein. The suction probe is connected to a transient pacemaker.

Keywords: Cardiac arrhythmias, Acute Coronary Syndrome, Pacemaker...

OP – 043

Syncope and Cardiac Arrhythmia in Emergency Department

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Abstract

Introduction; Syncope is a transient loss of consciousness due to cerebral globular hypoperfusion characterized by the first route, duration of Recently Spontaneous Recovery. Situations of patients presenting with syncope and cardiac arrhythmias in the emergency department pose a challenge for the emergency physician in deciding whether this patient should be hospitalized and if the situation presents a high risk, or can be managed alone to the emergency department and the patient then sent home.

Material and Methods; World Literature and professional experience

Results; Arrhythmias are prevalent in people of all ages and can occur in the context of a cardiac disease but also in a heart with normal structure. Every day we have a significant number of patients coming to the Emergency Department.

Conclusion; The diagnosis can be achieved by the correct implementation of the European Society of Cardiology (ESC) guidelines on syncope management. Regarding the prognosis it is necessary to stratify patients regarding the risk of short or long term performance. Furthermore, in the case of a syncope of undetermined nature it is important to determine the probability that this syncope has cardiac origin.

Keywords; syncop , diagnosis, cardia origin, Emergency department

OP – 044

Treatment of Hydatid Cyst and Bilio-Bronchial and Bilio-Pleuro-Bronchial Fistulas via Thoracotomy and Trans-diaphragmic Approach from January 2005 to March 2019 in a Single Unit in Tirana Albania.

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Abstract

Introduction: The aim of this study was to report the results of surgical treatment of hydatid bilio-bronchial et bilio-pleuro-bronchial fistulas via thoracotomy and trans diaphragmic approach.

Material and Methods: From January 2005 to March 2019, 32 cases were observed in the same center. Biliptysis was the main symptom in 80% of cases. The diagnosis was based on chest radiography, thoracic and abdominal CT and abdominal ultrasonography, Fibro-bronchoscopy; all examinations visualized the cyst, intrathoracic collections, a diaphragmatic breach and biliary lesions. All patients were treated by one-stage thoracotomy one case by VATS left lower lobe. The procedures consisted of lung resection (lobectomy and/or segmentectomy) (n=24) and decortication (n=11) in the chest, cyst dome resection (n=32) or part pericystectomy (n=8) in the abdomen and suture and plastic of the diaphragmatic defect in all cases after hepato-diaphragmatic deconnection. An additional laparotomy was not necessary in all cases.

Results: There were 3 deaths (10%): no one intraoperative death and three postoperative deaths, mostly related to pulmonary complications. Postoperative complications (14%) were mainly respiratory. Clinical and

radiological results were good with a one-year follow-up.

Conclusion: Bilio-bronchial and bilio-pleuro-bronchial fistulas due to hydatid cyst are rare, but severe diseases. They are responsible for lesions at three levels: abdominal, diaphragmatic and thoracic. A high perioperative mortality rate was observed. Thoracotomy with trans- diaphragmic approach is the best approach for surgical treatment at all three levels.

Keywords: Bilo pleural fistulae, bilio-bronchial fistulae, Thoracotomy.

OP – 045

Rib Fracture Fixation a New Era in Treatment of Chest Trauma in Albania

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Abstract

Chest wall trauma now days are common, and contributes significantly to morbidity and mortality of trauma patients. Blunt trauma to the chest wall and rib fractures are remarkably

frequent and are the basis of considerable morbidity and possible mortality. Generalized management of multiple rib fractures and flail chest in last 50 years consists of adequate pain

control, management of pulmonary dysfunction by invasive and noninvasive means and in somecases, surgical fixation. Rib fractures can be interpreted as signs of significant trauma. The greater the number of fractured ribs, the higher the mortality and morbidity rates. Multiple studies have shown that patients with flail chest have substantial benefit when they undergo surgery compared with nonoperative management.

Operative rib fixation has the potential to reduce ventilator days and ICU stay and subsequently hospital costs in selected patients with severe traumatic flail chest requiring mechanical ventilation. Rib-specific plating

systems have started to be used in the last 10 years. These have inaugurated in the modern era of rib repair with chest wall stabilization (CWS) techniques that are safer, easier to perform, and more efficient. Recent consensus statements have sought to define the indications and contraindications, as well as the when, the how, and the technical details of CWS. Repair should be considered for patients who have three or more displaced rib fractures or a flail chest, whether or not mechanical ventilation is required.

Meanwhile in Albania, as in other fields, this protocol is entering so timidly facing prejudiced

thoughts and economic difficulties but with very convincing results. During the last 3 years, 10 cases of chest stabilization have been treated in our clinic by positioning a specific plate system for the ribs. The result was excellent in 9 of them. These patients left the hospital after 7 days in excellent condition. Meanwhile, in one case, three days after surgery an acute kidney failure was installed which led to an unpleasant situation. However, even this separate case raises the issue of equipping our hospital facilities with the equipment needed to treat complex patients as a trauma patient.

Keywords: Ribs, fracture, fixation, surgery, technique.

OP –046

Post Traumatic Diaphragmatic Hernia. A Retrospective Study Based on Cases Between January 2012 - June 2019

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Abstract

Background: Diaphragmatic rupture is a life-threatening condition, which may be due to severe penetrating or blunt trauma to the chest or abdomen. Considering that delayed diaphragmatic rupture has no clinical symptoms, results of diagnostic methods are restricted to the case report studies, also lack of early diagnosis of it in patients with multiple trauma and diversity of therapeutic methods, we decided to investigate the clinical

symptoms, diagnostic and therapeutic methods of patients with Delayed Diaphragmatic Rupture.

Material and Methods: In this retrospective study, we reviewed the data of all patients with diagnosis of delayed traumatic diaphragmatic rupture in surgical wards of “Shefqet Ndroqi” hospital in Tirana, Albania, between January 2012 and July 2019.

Results: Patients included in this study, 13 in total, where 10 (77%) male and 3 (23%) female. The age of the patients varied from 30 to 76 years old. Traffic accidents were the most common cause of traumatic diaphragmatic rupture in our study (46 %). Dyspnea was the most common symptom in our subjects (68%); Intestinal obstruction in 1 patient and Tension gastro thorax in 1 patient. 38.4% of our patients had right sided traumatic diaphragmatic rupture, and 61.6% had left sided traumatic diaphragmatic rupture. Colon was the most herniated organ. Chest x-ray and computed tomography scan were used in all of our subjects for diagnosis of diaphragmatic rupture. The mean duration between trauma and surgery was 56.30 ± 92.44 months. The mean duration of hospitalization was 8.46 ± 4.05 days. The most common surgical method which was used for treatment of delayed diaphragmatic rupture in our patients was thoracotomy (92.3%). In our recent study, primary treatment of diaphragm was performed in 12 patients, partial mesh in 1 patient. None of our subjects died.

Conclusion; Diagnosis of diaphragmatic rupture is difficult and has a clinical suspicion in high risk patients. So, using of radiological modalities for diagnosis and treatment of it is necessary. Moreover, delayed diaphragmatic rupture and diaphragmatic hernia should be considered in patients with recent blunt trauma and gastrointestinal or respiratory complaints.

Keywords: Diaphragmatic rupture; Mesh; Hernia; Traumatic.

OP – 047

Traumatic Pneumothorax, Challenges of The Treatment (10-Year Study in Vlora Regional Hospital)

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Abstract

A common surgical disease is Pneumothorax which involves the Introduction of a quantity of air into the pleural cavity.

This pathology is, in most cases, traumatic and only in a small number comes from diseases of the pulmonary or mediastinal structures or organs.

Thoracic traumas are coming to light in our hospitals, this I owe more to motor vehicles than accidents that are not uncommon on our roads.

On the other hand, pneumothorax like the complication or the most common consequence of thoracic trauma is a common nosology that is often traumatic.

Our hospital Hospitalizes about 80 traumas involving thorax in one year, with a good proportion of tires after tension pneumothorax, hemothorax, rib fractures, wounds in this region, hematomas....

At 10 Years 2007-2017 Diagnosis 204 with Pneumothorax, to the scanning examinations that has improved to a good diagnostic extent and accurate.

The treatment of pneumothorax has been combined with hemothorax and / or open or blunt damages, whereas in two cases we have also been associated with chylothorax.

KEYWORDS: Pneumothorax traumatic, tension Pnx, hemothorax, chylothorax.

OP – 048

Treatment by Thoracotomy and VATS of Giant Bullous Emphysema

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Abstract

Introduction:There is general agreement that, with proper selection of patients with giant bullous emphysema (GEB) it is possible, using surgical methods, to improve lung function and consequently the quality of life.

Other patients may, sometimes, benefit from surgery in the management of specific complications such as pneumothorax or infection. This study was undertaken to assess the safety and efficacy of a VATS approach for GBE.

Material and Methods: From January 2006 to July 2019 we treated through thoracotomy, 44 patients with giant bullous emphysema (GEB), and 12 patients through VATS. 17 female patients and 39 male patients, were with mean age 50 years old, (range 14- 72 years).

Results:We experienced 41 patients were presented with PNX and treated with pleurodesis. Two patients underwent a second operation by open thoracotomy because of a prolonged air leak. We have no operative death. Follow-up was 16 months range (1-36). In one patient we had prolonged aerorrhoe and bilateral PNX.

One case with pleural empyema, a thoracic window was performed, from failure of lung. In three patients was done reoperation because of the receive.

Conclusions: Thoracotomy may be considered a suitable surgical technique and treatment of choice in GBE. VATS may be considered nowadays as a suitable surgical technique as a mini-invasive surgery and in most of the cases it is more effective.

Keywords: Giant Bullae, Thoracotomy, VATS.

OP – 049

Bilateral Chylothorax, after Blunt Chest Trauma. A case Report

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Abstract

Introduction: Traumatic bilateral chylothorax is a very rare occurrence. About 80% of chylothoraxes are unilateral, in two-thirds of cases in right hemithorax. Appears with an inexhaustible pleural effusion in milk color, in abundance.

We will report the management of bilateral traumatic chylothorax as a very rare occurrence.

Material and Method: We present a patient with thoracic trauma. Fracture of thoracic vertebrae 8th to 10th, with bilateral chylothorax. An Overview of diagnostic basis, treatment and evolution

Résultats: A 36-year-old man has been the victim of a car accident, hospitalized in surgery with diag. Compressive fractures Th₈ to Th₁₀ and minimal pleural versament in the right side. Two days after the trauma on the scanning examination results, large amount of liquid in the right hemithorax and minimal liquid in the left hemithorax.

From the drainage tube into the right pleural cavity flow about 1000 ml of liquid with a milky appearance. Biochemical analysis of pleural fluid confirmed chylothorax.

We have performed Non- Operative Management, the first 10 days with a zero-oral feeding, only parenteral nutrition, electrolyte, vitamins, plasma and albumin, followed by a fat-free diet. In CT re-examination 6 days after trauma resulted in an increased in the amount of fluid in the left pleural cavity, a drainage tube is inserted into the cystic pleural cavity from which approximately 700ml of milky-colored fluid is drained.

The drainage tube in the cystic pleural cavity is removed after 5 days. The fluid flow into the right pleural cavity persisted in an amount ranging from 150-300ml at 24h for about 3 weeks. After this period for about 1 week the pleural effusion was in an amount of less than 100ml in 24 hours. In the fifth week, the drainage tube is removed after the leaks have been reduced to about 20-30ml. The patient leaves the stabilized hospital.

CONCLUSIONS: The treatment is based on a fat-free diet. Chiral ligation of the thoracic ductus is indicated in a debit over 500 ml at 24 hours, after 2 to 3 weeks

KEYWORD; Traumatic, chylothorax, milk color versament, nutrition parenteral.

OP – 050

Metamorphosis of a multicameral cyst of the humerus

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Abstract

Introduction: Multicameral bone cysts are fluid-filled benign cavities that expand over time, resulting in bone thinning. Usually, these cysts are reported in metaphysical areas of long bones with open physics. 85% of them occur almost exclusively in children and adolescents, and are more aggressive in the first decade of life, and respectively, the recurrence rate for these patients is four times higher than for adolescents. Humerus and proximal femur make up almost 90% of these cases, they are classified as active when they are within 1 cm of the physique and latency as they progress to a diaphysis site. Differential diagnoses for them include aneurysmal bone cyst, fibrous dysplasia, enchondroma and intraosseous ganglia.

By the time skeletal maturity, most of them tend to resolve themselves. Non-operative treatment can be a valuable option for many patients with minor or symptomatic lesions. Interventions include steroid injection, open twisting and bone grafting, decompression and percutaneous injection of marrow or graft substitutes.

KEYWORDS: Unicameral bone cyst, Current concepts

OP – 051

Indication, Technique, Available Implants as Well as Alternative Therapies for Periprosthetic Bone Fracture Reconstruction.

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Abstract

Introduction: Reconstruction of fractures and bone defects with traumatic and non-traumatic origin, with femuro-diaphyseal Strut Grafts represent a special And Great Treatment.

Materials and Methods: We will represent our revision and personal results and a literature review.

Results: In literature is prescribed survey after Reconstruction with femuro diaphyseal Strut Grafts, in a pursue within ten years, from the beginning of this technique at the 1991. A direct comparison of publication results it's difficult due to small number of cases in every publication, different types of implants that are used and heterogen patients. Another alternative treatment, different from Reconstruction with femuro diaphyseal Strut Grafts is Tumorous Prosthesis, Girdlestone - Situation, osteosynthesis with Locking Platte, alloplastic reconstruction and individual prosthesis=3D printers.

Conclusion: Results of fractures and bone defects reconstruction with Femuro diaphyseal Strut Grafts in short and long periods, are very satisfying and its advantage is for reconstruction stability, immediately immobilization of patients. Due to high requests in operating room about organization, long experience as a orthopedic surgeon this technique, unfortunately isn't as usual as we want to be.

Keywords: Femuro diaphyseal strut Graft, periprosthetic fracture, allogene transplantate, bone banks, bone defects.

OP – 0052

Physeal Bridge/Bar. A Serious Complication of the Distal Femoral Physeal Injury

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Abstract

Introduction: Long-bone fractures are common in children related with sportive activities or vehicular accidents and nearly one third of them involve the growth plate or physis. Isolated distal femoral physeal fractures are rare injuries accounting about 5% of all physeal injuries, and 50 % of them result in some form of growth disturbance, and that increase with severity.

Fractures involving the physis fall into three main categories: fractures causing separation of the epiphysis, crossing the epiphyseal plate and injuries that crush the plate. The zone of provisional calcification and recently formed bone are the weak areas and are frequently the sites of injury.

Stable, truly nondisplaced fractures can be treated nonoperatively with long leg casting. There is a general consensus that displaced fractures should be operatively stabilized with internal fixation.

Late complications are more common than acute complications, and growth arrest is the most commonly observed complication.

A physeal bridge may develop after either operative or nonoperative treatment.

Physeal bar excision is recommended when less than 50 % of the physis is involved, and there is adequate growth remaining (at least 2 cm or at least 2 years). Traditionally, fat has been used for interposition, but polymethylmethacrylate may be utilized as an alternative.

Physeal bar resection in isolation can lead to incomplete correction as the injured physis may still cease growing earlier than a healthy physis. A contralateral hemiepiphysiodesis or ipsilateral osteotomy may be needed later on. Therefore, patients must be followed closely in the years leading up to skeletal maturity.

Keywords: physeal fractures, physeal bridge, polymethylmethacrylate

OP – 0053

Surgical Management of Metastatic Lesions of the Proximal Femur with Pathological Fractures Using Intramedullary Nailing or Endoprosthetic Replacement.

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Abstract

Introduction: Metastatic neoplasms of bone are the most frequently observed malignant destructive bone lesions in adults. The proximal femur is the most commonly affected bone with metastatic disease in the appendicular skeleton. The orthopedic surgeon is often the first physician to see the patient with a pathologic fracture. The surgeon must be aware of the indications for intramedullary nailing (IMN), endoprosthetic replacement (EPR), as well as options for reconstruction, which are the two most commonly applied surgical methods used to treat the proximal femoral metastatic pathological fractures.

Purpose: The aim of the present review was to evaluate the clinical, functional and oncological outcomes for the better quality of life at the patients after surgically treatment of proximal femur metastases with pathological fractures.

Material and Methods: Retrospectively were evaluated data of 28 patients with pathological fractures secondary to metastatic tumors of the proximal femur, treated at the Clinic of Orthopedic surgery in Skopje, in a period between April 2015 and June 2019.

Results: The mean age of the patients at the time of operation was 59.3 years (range: 43-76-years). A total of 16 patients were treated with EPR and 12 patients were stabilized with IMN. The overall survival of patients with metastatic lesion and pathological fracture of proximal femur was dependent of the general condition and the amount of the metastases.

EPR is recommended for patients with relatively good general condition and prognosis. IMN is best indicated when the patient's life expectancy is extremely limited.

Conclusion: Postoperative external beam irradiation can significantly reduce disease progression and subsequent loss of fixation. A multidisciplinary approach to this patient group will help optimize prognosis as well as function. The treatments are palliative but goals

include stabilize fractures, improve function and pain relief in an effort to achieve a better

quality of life. Advances in surgical techniques and instrumentation have allowed more effective life for the patients.

Keywords: proximal femur, pathological fractures, metastases.

OP – 054

The “day - after” surgery: physiopathology after total hip replacement

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Abstract

Introduction: In a total hip replacement (also called total hip arthroplasty), the damaged bone and cartilage is removed and replaced with prosthetic components. The damaged femoral head is removed and replaced with a metal stem that is placed into the hollow center of the femur.

Areas of concern in prevention and treatment of hip arthroplasty infection are presented, focusing on the pathophysiologic process involved. A review of the patient risk factors and the pathophysiologic action potentiating risk for infection include host immunity, nutritional status, diabetes, age, use of steroids or immunosuppressive drugs, rheumatoid arthritis, and urinary tract or other infections.

Recovery after surgery of total cochlear femoral prostheses improve outcomes and reduce hospital length of stay. This pre- and post-quality improvement study was designed to determine whether adding "non-surgical" components, to "existing" surgical components, in a healthcare setting, would improve patient recovery after total hip replacement.

In our study we have recorded the Total hip prosthesis on the first 400 patients during period from October 2010-June 2018 in Orthopedic Services, University Hospital of Trauma.

Keywords: Femoral, prostheses, surgery.

OP – 055

Rehabilitation of Patients with Instability Glenohumeral post Traumatic(non-operative)

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Abstract

Introduction: The shoulder is composed of 3 bones and 4 articulatory surfaces, Glenohumeral Joint is the main one. Only 25% of the head surface of the humeral makecontact with the glenoid. Glenohumeral joint instability is a common pathology often in the orthopedic. There are several factors to consider during the rehabilitation :1-Degree of instability, 2-Direction of instability (anterior, posterior, multidirectional), 3-Concomitant pathologies, 4-Age and activity level of patient, 5-Arm dominance, 6-Rang of neuromuscular control.

Material and Methods: This is a prospective studyinvolving16 patients(13M,3F), that have been rehabilitated in our service during January 2018—June 2019. 12(75%) patients had damaged right arm and 4(25%) patients left arm. Average age 35⁺ 6 years old. The rehabilitation protocol was applied in 4 phases: I - Acute phase (0-3 weeks), II- Intermediate phase (4-6 weeks), III - Advanced strengthening (8-12 weeks), IV- Return to daily activities 12⁺. For measurements we used VAS scale, goniometer, MMT at the end phase of rehabilitation(1st day, weeks 3,6,12,months 6,12).

RESULTS: 16 patients were taken into study. 6 patients were fully rehabilitated for 6 weeks. 8 patients were fully rehabilitated for 12 weeks.2 patients were rehabilitated for more than 12 weeks: 1 patient was with injured Rotator cuff and the other patient was neuro-muscular contracture.

Conclusions: It is very important to design a comprehensive program to establish full range of motion, balance capsular mobility along with maximizing muscular strength, endurance, proprioception, dynamic stability and neuromuscular control.

KEYWORDS: Glenohumeral joint, dynamic stabilization, neuromuscular control.

OP – 056

Nasal Fractures and Rhino-septoplasty.

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Abstract

Introduction:The nose is the most prominent part of the face, and thus, most affected by facial trauma. Nasal bone fractures are reported to be the most common facial fractures and the third most common fractures in the human body.

Techniques for treating a nasal bone fracture are closed or open repositioning;

Closed repair is usually recommended within 3 weeks of injury is usually recommended. This is also because closed repository is a relatively simple procedure that can be performed in outpatient, under local anesthesia and is thus cost effective

However, results after closed repositioning are difficult to predict, and the ratios of external nasal deformity from post reposition vary from 9% to 50%. Furthermore, some cases require open-label rhinoplasty at early stage.

Even a simple fracture can lead to a nasal deformity, and inadequate treatment can cause aesthetic and functional issues. External nose deformity prior to nasal trauma can lead to unexpected results. Therefore, the initial treatment should be carefully planned. In the present study, we aimed to analyse clinical features in cases where concurrent rhinoplasty and open landing were performed as primary treatment, after nasal bone fracture. Furthermore, we focused on patients who had external nasal deformity prior to nasal bone fracture.

Keywords:Nasal Fractures, Rhino-septoplasty, outcomes, retrospective study.

OP – 057

Ocular Globe Injuries in Children, a Retrospective Study in Albania.

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Abstract

Introduction: Eye injuries are the leading cause of monocular blindness in children. At present, however, only limited follow-up studies exist. The aim of this study is to evaluate the clinical characteristics, visual outcome and prognostic factors of open globe injuries in children.

Material and Methods: The files of 38 patients aged 16 years or younger who had been treated for open globe injuries were examined. The type of injury was classified and the severity of injury was categorized in four grades.

Results: Our series included 5 eyes (13%) with a rupture, 30 (79%) with a penetrating and 3 (8%) with a perforating injury. Follow-up varied from 3 days to 7 years (mean 15.5 months). The macula was attached at the last follow-up in all eyes. The final visual acuity ranged between 1.0 and light projection. In 47% of cases (18 eyes), the visual acuity was 0.5; 74% (28 eyes) achieved at least 0.1. Eighteen of 38 eyes (47%) had severe injury with posterior segment involvement. Visual acuity of at least 0.5 was achieved in 44% (8/18) of these. Eyes with grade 2-4 injury treated with early vitrectomy had a final visual acuity of 0.5 in 58% of cases (7/13). Twenty-one (55%) of 38 children were 8 years of age and eight of them (38%) had a final visual acuity of 0.5.

Conclusion: Saving the eye with an attached macula was possible in all eyes. Even in severely injured eyes good visual acuity can be established in about 50% of cases.

Keywords: Children, open globe, Albania, retrospective.

OP – 058

Lower Canal Laceration Treatment

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Abstract

Lower canal laceration is a pathology that is not rare in ocular trauma. Although periocular injuries may involve the canal, the localization and extent of the injury they are not always evidenced at the first emergency examination. Complete examination includes damage assessment and canaliculus test. The case in question is laceration of the lower palpebral canaliculus, a consequence of a car accident. This article will discuss the technique used in the treatment of canaliculus injury.

Keywords: laceration, canal, trauma, injury.

OP – 059

Reconstructive Surgery with free and Pedunculated Flap for Oral Cancer Defects: Our Personal Experience

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Abstract

Introduction: The aim is to report our experience of using free and pedunculated flaps to repair intraoral defects, their reliability, reconstructive outcome and to assess the associated donor-site morbidity.

Material and Methods: The medical records of patients who had undergone a free flap reconstruction after radical resection of oral cancer between January 2014 and August 2019 at the American Hospital in Tirana were evaluated, to analyze morbidity of the surgery, hospitalization stay and the success rate of the flap vitality.

Results: In this period, 13 patients with oral cavity defects resulting from tumor resection underwent reconstruction with free flap. In four cases a radial forearm free flap was used

for reconstruction of the lateral wall of the pharynx and base of the tongue after squamous cell carcinoma (SCC) resection. In another case, after resection of big tongue tumor that involves the floor of the mouth, we use anterolateral thigh flap. One scapular flap was used for reconstruction of hard palatal defect after total right maxillectomy for adenoid cystic carcinoma (ACC).

Conclusions: A free flap, in our experience, is ideal to repair intraoral defects. It is straightforward and reliable and has an acceptable reconstructive outcome. It might be a suitable procedure for patients that are inoperable before applying this technique in our country. The pedunculated flaps are useful and easy to harvest but we noticed that the reliability and the complication rate was higher.

Proper intraoperative and postoperative care of the donor site can result in minimal morbidity.

Keywords:Free flap, reconstruction, radical resection, pharynx.

OP – 060

Trauma Management of the Oro Maxillofacial Region in Children.

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Abstract

Introduction:Pediatric Oro maxillofacial trauma involving the bones of the face is associated with severe injury and disability. Although much is known about the epidemiology of facial fractures in adults, little is known about injury patterns and outcomes in children. The most common facial fractures were mandible, nasal and maxillary/zygoma. The most common mechanisms of injury are motor vehicle collisions, violence and falls. These fracture patterns and mechanisms of injury varies with age. Cranial and central facial injuries are more common among toddlers and infants,

and mandible injuries are more common among adolescents. Although bony craniofacial trauma is relatively uncommon among the pediatric population, it remains a substantial source of mortality, morbidity and hospital admissions. Continued efforts toward injury prevention are warranted.

Trauma in the Oro maxillofacial region in children are a frequent clinical reality. Due to physiological, anatomical, psychological features, etc., their treatment is relatively different from that of adults. These changes consist in details related to the elements of fixing the way of its realization, modifications of standard methods and follow-up of cases. that in most cases closed non-surgical conservative treatment is effective. Tracking of cases in progress is important to ensure the best anatomical development in both the dimensional and functional aspects. Physiotherapy remains an essential component of the treatment of patients in this group.

Keywords:Oro maxillofacial, trauma, Physiotherapy, treatment.

OP – 061

Management of Traumatic Dental Injuries in Emergency Departments.

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Abstract

Introduction:Hospital emergency departments are confronted with managing dental emergencies of both traumatic and non-traumatic origin. However, the literature suggests inadequate knowledge of the management of traumatic dental injuries among medical professionals. The aim of the study was to evaluate the knowledge of ER physicians with different specialties, experience and hospital sectors for the management of avulsed teeth in the emergency rooms of Trauma University Hospital of Tirana. It also covers their attitude towards receiving further education on tooth avulsion management.

Materials and Methods: A cross-sectional survey was conducted at the emergency rooms of Trauma University Hospital of Tirana. A self-administered questionnaire consisting of 31 multiple choice questions assessing both knowledge and attitude was distributed to the physicians who were working in the ER departments. Results: Response rate was 81.33%. Data revealed that 58.9% of the respondents did not have prior knowledge about avulsion. 70 % of participants showed willingness to replant the tooth, however, 60% would not do it by themselves. 40% of the physicians did not know the importance of extra-oral time. Saliva was selected as the best transport media for avulsed tooth by 40.1% of the participants. Regarding physician's attitude, 20% showed interest in receiving information about the subject.

Conclusion: Dentoalveolar trauma does not pose a significant morbid risk for the trauma patient. However, failure to recognize or obtain appropriate consultation can result in premature tooth or alveolar bone loss, resulting in problematic prosthetic rehabilitation, along with immediate and long-term emotional and social impact, especially among young adults. This study revealed that the majority of ER physicians lack the knowledge needed to manage avulsions cases. Hospital emergency departments are not confronted with managing dental emergencies of both traumatic and non-traumatic origin.

Keywords: Dental trauma, traumatic injuries, emergency department.

OP – 062

Chronic Rhinosinusitis

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Abstract

Chronic rhinosinusitis is persistent symptomatic inflammation of the nasal mucosa and paranasal sinuses. The clinic is dominated by 2 of 4 major signs: pain, facial pressure, hypo/anosmia, leakage and nasal congestion, which last more than 12 weeks

and are evidenced by relevant examinations (anterior rhinoscopy, fibro-endoscopy and CT scanner)

With all developments that have been made in physiopathology over the last two decades, the exact etiology remains unclear because the causes are related to the subject and environmental factors.

Treatment consist in improving muco-ciliary clearance, treating infections and inflammation, improving sinus discharge and eliminating etiological factors. This treatment compromises a series of local, systemic and surgical therapies.

Keywords: rhinosinusitis, inflammation, treatment.

OP – 063

Complex Bilateral Eye Trauma Management, a Case Report.

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Abstract

A 52 years old man was presented to the ophthalmic emergency room with a firework facial and eye trauma, on 31 December 2018. He presented multiple, small facial cutaneous abrasions and burn (Fig 1). His visus on the left eye was light perception and in the right eye was finger counting in 5cm. The clinical presentation of both eyes was lid and conjunctival burns, chemosis and conjunctival hemorrhage, corneal punctiform perforation, multiple corneal foreign bodies, hyphemia of 3mm, traumatic cataract (Fig 2). USG (A+B scan) revealed extended vitreous hemorrhage and a single foreign body. No irido dialysis was seen. The patient had no retinal detachment or optic nerve injury. After suturing and debriding the cornea, washing of the anterior chamber he underwent cataract surgery with scleral fixation intraocular lens, vitrectomy and silicone oil tamponade on both eyes (Fig 3). After 3 months' follow-up, his visual acuity on his right eye was 20/200 and his left eye was 20/400. The causes of

poor vision were corneal scar, astigmatism after corneal repair, vitreous hemorrhage, and macular edema. Fireworks-related eye injuries constitute an important cause of preventable blindness worldwide. As ocular firecracker injuries result in significant morbidity, public education regarding proper use of fireworks may help in reducing the incidence of ocular injuries.

Keywords: Eye trauma, fireworks, vitreous hemorrhage, traumatic cataract.

OP – 064

Analyzing Complications of Posterior Segment of the Eye after Contusion Injuries of the Eye

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Abstract

Introduction: One third of all eye injuries are contusion injuries. The most common causes of contusion eye injuries are objectives, a traffic accident. Complications of the eye injuries on posterior part are: haemophthalmus, ablatio corporis vitrei, optical nerve injuries, injuries of retina. Contusion injuries of the eye often causes a visual loss despite advance in diagnostic and surgical treatment. Treatment are proper examination and observation, curing with medicines, and VPP.

The Aims of this work are directed to identifying the most frequent cause of eye injuries; establish if there is a correlation between age, gender, occupation and complications of contusion injuries of the eye; establish if there is a correlation between type injury and complications of contusion injuries of the eye, finally, establish if there is correlation between visual acuity status and complication of contusion injuries of the eye.

Material and Methods: The study is retrospective, epidemiological, descriptive and analytical. The study included 84 examinees of both genders, hospitalized at the Department of Ophthalmology Clinical Center of the University of Sarajevo during

the half year period in 2018., and whose diagnosis was contusion injuries of the eye. The material used for this study included patient records, disease histories and hospital release forms.

Results: The study results proved that there were more men 68 (82,26%), than women 16 (17,74%), with the most frequent age 40-59 regardless the gender. Most frequent injuries occurred in workers 22 (26,61%). Wood was the mean of injury in 39 (30,95%). Almost equally, both the right (53,57%) and left eye (44,04%) were injured, while in 2 patients (2,38%) both eyes were injured at the same time. Of complication we found: haemophthalmus (21,43%), ablatio retinae (13,09%), commotio retinae (20,24%), Purtscher retinopathy (3,57%), blow-out fracture (3,57%). Astigmatisms were found in 3 patients, as strabismus. Our research shown that 15 (17,85%) patients needed surgical intervention. Percent of 66,67% patients were cured.

Conclusions: Eye traumatism is still one of the leading causes of vision loss. Contusion injury of the eye can result in serious morphological and functional impact in eye tissue structures and often causes a visual loss. Proper examination and appropriate approach are essential in successful treatment and saving the visual functions.

Keywords: contusion injuries of the eye, eye traumatism, haemophthalmus, ablatio, vitrectomy.

OP – 065

Role of Ultrasound in Scrotal Emergencies

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Abstract

Introduction: The purpose of the presentation is to demonstrate the role of Ultrasound (US) in the evaluation of patients with acute scrotum, especially in cases where immediate surgical intervention is crucial as

in testicular torsion and scrotal trauma. In such clinical situations, US can provide accurate diagnosis and testis can be saved. Scrotal US is regarded as the imaging modality of choice for evaluation of acute scrotum in both pediatric and adult population. It plays important role in triage of patients presenting to the Emergency Department with scrotal pain and offers timely and accurate diagnosis of these cases.

Materials and Methods: Review of scrotal ultrasound in Emergency Department setting based on our own experience and the available literature.

Results: We discuss proper techniques of scrotal ultrasound (gray scale & color Doppler), anatomy, normal and abnormal findings relating to different scrotal pathologies, with special emphasis on trauma, torsion, orchitis and tumors.

Conclusion: Clinical history along with color Doppler ultrasound help to achieve accurate and timely diagnosis of scrotal pathologies allowing for rapid intervention to salvage the testis, particularly in cases of torsion and trauma.

Keywords: ultrasound, scrotum, emergency, diagnosis.

OP-066

Family Physicians and Ultrasound Trends in Everyday Practice

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Abstract

Introduction:Ultrasound examination is one of the most common adjuvant examinations often required in primary care practice by family physicians. But is it always appropriately ordered? Should it be performed in their offices rather than in other facilities? Would it help if primary care physicians were educated on imaging modalities?

Materials and Methods:In collaboration with family physicians we reviewed clinical

charts and studied different cases, by anamnesis, medical reports and evaluated positive and negative findings in the radiological report.

Results: Files of 163 patients were gathered during a 5year period. Of these, 58.9% were females and 41.1% were males.

Of the requested ultrasound examinations, less than 45%, contained any conclusive information. Abdominal ultrasound was the most likely to be ordered by physicians and also to be reported as normal after the scan.

Conclusions: These findings suggest that it is of great importance to educate primary care physicians about imaging referral. The main problem faced during everyday practice, when it came to ultrasound referral remained the need to satisfy patients request to undergo this imaging modality, because it was perceived as a safe, radiation free, easy and fast modality.

KEYWORDS: Ultrasound, family physician, radiological report.

OP-067

Errors in Imaging of Patients with Traumatic Injuries

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Abstract

Introduction: The advent of multi-detector computed tomography has drastically improved the outcomes of patients with multiple traumatic injuries. Emergency and trauma care produce a “perfect storm” for radiological errors: uncooperative patients, inadequate histories, time-critical decisions, concurrent tasks and often junior personnel working after hours in busy emergency departments.

However, there are still diagnostic challenges to be considered. A missed or the delay of a

diagnosis in trauma patients can sometimes be related to perception or other non-visual cues, while other errors are due to poor technique or poor image quality. The main cause of diagnostic errors in the emergency department is the failure to correctly interpret radiographs, and the majority of diagnoses missed on radiographs are fractures.

Missed diagnoses potentially have important consequences for patients, clinicians and radiologists. Radiologists play a pivotal role in the diagnostic assessment of polytrauma patients and of patients with non-traumatic cranium - thoracic - abdominal emergencies, and key elements to reduce errors in the emergency setting are knowledge, experience and the correct application of imaging protocols.

In order to avoid any serious complications, it is important for the practicing radiologist to be cognizant of some of the most common types of errors.

The objective of this presentation is to review the various types of errors in the evaluation of patients with multiple trauma injuries or polytrauma and the spectrum of diagnostic errors in radiography, ultrasonography and CT in the emergency setting.

Keywords: Imaging, errors, trauma, diagnostic.

OP –068

Imaging of Blunt Pancreatic Trauma: The Value of Initial and Sequential CT Examinations

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Abstract

Introduction: Blunt traumatic pancreatic injury is uncommon, frequently associated with other injuries and can pose diagnostic challenge particularly in early pancreatic

injury where CT findings can be subtle.

Computed Tomography (CT) is generally used as first line imaging modality for detection of visceral injuries in polytrauma patients. Several direct and indirect CT signs can be seen in patients with blunt pancreatic injury. The purpose of the presentation is to review CT findings in blunt pancreatic trauma, highlight the value of repeated CT scan in these cases, and correlate CT findings with endoscopic retrograde cholangiopancreatography magnetic resonance cholangiopancreatography ultrasound (US), laboratory and surgical findings.

Materials and Methods: Data was retrospectively collected covering a period of eight years and analyzed. A total of 21 patients (17 males and 4 females) with blunt pancreatic injury were identified. All cases had CT on admission, and 15 had follow up CT performed between 24 hours and 14 days later. 9 cases had US, 8 cases had ERCP and MRCP was performed for one case. Serum amylase level was obtained on admission in all cases.

Results: Initial CT performed on admission was positive in 17 patients (81.0 %); and diagnosis was missed in 4 patients (19.0 %). In these four cases, a repeated CT scan was found positive. ERCP demonstrated rupture of the main pancreatic duct in 7 cases. One MRCP was positive. Elevated serum amylase was found in 14 cases (66.7%). Specific CT features depicted on the initial and repeated examinations were organ fracture 33.3%, swelling - 38.1%, haematoma/contusion – 38.1%, fluid between splenic vein and pancreas – 19.0%.

Conclusion: Proper CT technique and accurate interpretation of CT findings are essential for diagnosis of pancreatic injury. CT also plays important role in following up and managing complications in these cases. If initial CT on admission was negative in a symptomatic patient with elevated serum amylase, follow up CT preferably within 24-48 hours should be performed.

Keywords:pancreatic, blunt, trauma, CT scanner.

OP – 069

Role of Multi-detector Computed Tomography in Bowel and Mesenteric Injury

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Abstract

Introduction: Bowel and mesenteric injury (BMI) is the third most common type of injury resulting from blunt abdominal trauma (BAT), seen in approximately 5% of BAT patients undergoing laparotomy. Multi-detector Computed Tomography (MDCT) is considered the diagnostic modality of choice for the evaluation of hemodynamically stable patients who sustained blunt abdominal trauma. These injuries are however frequently missed on CT and diagnosis remains challenging.

The aim of this presentation is to evaluate role of Multi-Detector Computed Tomography (MDCT) in bowel and mesenteric injury following blunt abdominal trauma and highlight CT findings and potential pitfalls.

Materials and Methods: Radiological reports of MDCT examinations of patients with bowel and mesenteric injury over a three-years period were retrospectively identified and relevant data were collected and analyzed.

Results: Different specific and less specific CT findings of bowel and mesenteric injury were illustrated, without the use of oral contrast.

Conclusion: Multi-detector CT is an excellent diagnostic modality for the evaluation of bowel and mesenteric injury. Knowledge of the CT findings of bowel and mesenteric injury would improve detection rate and allow for accurate diagnosis and management. Administration of oral contrast agent is not mandatory for initial evaluation of patients with such injuries.

Keywords:CT scanner, bowel, mesenteric, injury.

OP – 070

The Accuracy of Imaging Techniques in Early Detection of Breast Disorders

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Abstract

INTRODUCTION: Screening is key to early detection and treatment of breast cancer in women. To assess the accuracy of imaging techniques in early detection of breast disorders (benign or malign) and the importance of follow-up protocols.

MATERIALS AND METHODS: This is a cross-sectional study that brings evidence on the sensitivity (SN), specificity (SP) and accuracy (ACC) of mammography (MM) and ultrasound (US) examinations, as compared to the biopsy findings (gold standard). Some 254 women underwent MM and US examinations, and biopsies were taken for 39 women with BIRADS 4 and 5.

Results: We found a decrease (100% to 90%) in the SN for US benign findings as the breast density increased and an uneven variability on US SN for malign findings. The SP for all US findings was 100%. The US ACC decreased for benign findings and increased for malign findings. If a woman has malign findings in MM, odds to have a positive malignant finding in biopsy increase 20 times ($p=0.008$). This increase is 12 times for women with an US positive malignant finding ($p=0.005$). The odds for having a biopsy positive malignant finding increase 24 times for women that have at least one malignant

finding in either MM or US. The odds for having a biopsy malignant finding increase 18 times if the lesion is 1.5 cm or larger ($p=0.018$). If women have both a malign finding (in either MM or US) and the lesion is over 1.5 cm then odds to have a biopsy positive malignant finding increase to 21 times more for malign lesions over 1.5 cm ($p=0.027$) and 8 times ($p=0.027$) for MM or US findings.

Conclusion: Our study confirms the crucial importance of using MM and US to early detect breast cancer on women, enabling so the early treatment and saving lives. Benefits are higher if these examinations are used in combination annually for women aged 40-50 years old and biannually for those over 50. Confirmations using biopsy should come for all those women BIRADS 4 and 5 as well as for BIRADS 3 with lesion that increased since last check-up. Especially for women with denser breasts (ACR 3 and 4), it is vital to have both examinations (MM and US) used in combination as US has a higher ACC in this group and is irreplaceable for ages 51-55 years old.

Keywords: Breast, cancer, imaging.

OP – 071

Role of CT in Acute Abdomen Especially in Appendicitis Acuta

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Abstract

This segment of the presentation will go over the optimal imaging approach for patients presenting with acute abdominal pain. CT findings will be emphasized. Key imaging findings of non-traumatic causes of acute abdominal pain including gastrointestinal like appendicitis will be explained. A systematic approach for the imaging evaluation of patients with abdominal emergencies will be illustrated and explained including proper scan protocols and analysis of imaging findings.

This presentation will be an approach to imaging diagnoses of patients with acute abdominal pain, where computed tomography will be emphasized.

Key imaging data of cases of acute appendicitis will be mentioned.

A systematic evaluation of the imaging data and explanation of the examination protocols.

KEYWORDS: Imaging, abdominal pain, examination, protocol.

OP – 072

Acute Epiploic Appendagitis an unusual cause of Abdominal Pain

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Abstract

Introduction: Primary epiploic appendagitis is a rare condition that occurs after either torsion or spontaneous venous thrombosis with subsequent development of infarct and inflammation.

It is determined by a benign, self-limiting inflammatory or ischemic damage of the epiploic appendages, or it may be secondary to other inflammatory conditions affecting adjacent abdominal organs. The condition most commonly manifests in the 4th to 5th decades of life, predominantly in men.

The diagnosis of epiploic appendagitis has a clear clinical relevance and significant implications in patients' management. In case of acute abdominal pain, this entity is considered a clinical mimicker of other conditions, such as acute appendicitis and diverticulitis, that usually require a surgical evaluation. Imaging plays an essential role in the diagnosis of epiploic appendagitis, allowing the appropriate detection and differential diagnosis, in order to avoid relevant misdiagnosis.

Before the use of the CT scan, most of the cases were diagnosed during surgery.

Once the diagnosis of epiploic appendagitis is made, conservative treatment must be initiated to avoid unnecessary surgery.

Surgical treatment is reserved for patients in whom conservative treatment fails or for patients whose signs and symptoms worsen.

Keywords: appendicitis, torsion, venous thrombosis, Abdominal Pain

OP – 073

Acute Airway-Threatening Presentations of Thyroid Diseases in very old Patients

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Abstract

Acute airway-threatening from thyroid diseases is not common but may occur due to giant goiters, hematomas and thyroid malignancies, among others. The author underlines the need for the surgeon working in acute care setting to be familiar with thyroid surgery.

Three recent cases, in very old patients, of acute airway-threatening from thyroid diseases are described: A 91-year-old male with known giant right-sided thyroid mass, with a cytologic study suggestive of follicular tumor, who had refused thyroid surgery two months earlier, was hospitalized for acute exacerbation of dyspnea and hoarseness. Cervical mass extended from the hyoid bone to the upper mediastinum, with left shift of cervical structures. Right thyroidectomy and isthmectomy were urgently performed.

A 88-year-old female with a known bilateral large cervical mass was admitted due to stridor. Computed tomography revealed a large retrosternal compressive goiter with a remaining tracheal lumen of 2 mm. Surgical risk was significantly aggravated by a severe aortic stenosis. Since there was no place for a classic tracheostomy and endotracheal intubation could be difficult or impossible, everything was prepared in order to anesthetize the patient under ECMO, which, however, did not become necessary.

Intubated with the aid of a fiberscope, a total thyroidectomy was possible, after partial sternotomy.

A 78-year-old female complaining of stridor and dysphagia, from a large right cervical mass, with a 4 mm tracheal lumen was admitted. A tracheostomy was performed but, due to airway obstruction not completely resolved by this procedure, a right lobectomy with isthmectomy was performed urgently. Although cytologic study was suggestive of papillary carcinoma, the degree of local infiltration, evident at the time of surgery, first drew attention to the possibility of an anaplastic thyroid cancer.

Acute airway-threatening from thyroid diseases is not common. Early recognition of these conditions and urgent, partial or total thyroidectomy may be necessary to alleviate symptoms, when tracheostomy is not an effective option. The surgeon working in an acute care environment should be aware of these possible scenarios and be prepared to solve them.

OP – 074

Cold nodules of Thyroid Glands.

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Abstract

Introduction: A cold nodule is a thyroid nodule that does not produce thyroid hormone. This type of nodule may be malignant or benign. In older women the cold nodules have a chance of 15% to be malignant but this percentage increases in children and men especially if they have been in contact with ionizing radiation. On scintigraphy cold nodules do not show but are easily shown on ultrasound. The levels of calcium and the thyroid hormone in blood are used to diagnose the nodules. To verify the nature

and the probability of malignance the best preoperative testing method is cytopuncture of the nodule. The final result is given by the postoperative biopsy.

Materials and Methods: A prospective study is conducted in 80 selected patients who do not have any other pathology and have been under medical treatment for the thyroid nodules. The age of the patients varied from 25 to 65 years old. 48 patients (60%) were females and the other 32 (40%) were males. All the preoperative testing methods are used such as Thyroid Gland Ultrasound; Scintigraphy of the gland; Thyroid hormones and calcium levels in blood and also Cytopuncture of the nodules. The authors attempted to emphasize the comparison between the preoperative data and intraoperative findings and the biopsy results of the cold nodules of thyroid gland.

Results: The Calcium blood level had no changes in testing preoperative and postoperative. Preoperative testing diagnosed 100% of the patients under study with cold nodule of thyroid gland. The most affected age is 35-54 and females have a higher probability of disease. Postoperative testing resulted in 2.5% of the patients with papillary thyroid carcinoma.

Conclusions: Interventions in early ages are necessary to prevent goiter and the use of iodine salts. It is necessary to know the prevalence of the disease so that proper health policies can be developed for the future. The best way to diagnose Thyroid Gland Carcinoma is the postoperative biopsy.

Keywords: cyto-puncture, Ultrasound; Scintigraphy, gland Thyroid

OP – 75

Pneumomediastinum After Thyroidectomy A Case Report.

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Abstract

Introduction: Pneumomediastinum is caused by an injury in lungs level, trachea or esophagus. If there isn't a clear cause then probably is a spontaneous pneumomediastinum. It's very rare (1 in 7.000-35.000) and it is found more in males than females. Age 20-40 and patients with lungs diseases or asthma have higher risk.

Materials and Methods: We present a case report, treated in First Clinic at Surgery Service at University Hospital Center “Mother Theresa”.

Results: It is a female patient, 5 years old, with diagnosis: Multinodular Struma. A total thyroidectomy was realized, with bilateral recurrent nerve conservation. 40 hours post operation, the patients represent with progressive edema of face, neck and upper part of chest. After CT scanner, we noticed a pneumomediastinum. The treatment was with drain chest tube, that was placed in operation wound, antibiotics and anticoagulants. Patient discharge hospital after 15 days.

Conclusions: Pneumomediastinum is a rare condition and has serious consequences. Conservative treatment and observation are necessary to ensure patient improvement.

Keywords: pneumo-mediastinum, thyroid, surgery, bronchoscopy, fibrogastroscopy.

OP – 076

Strangulated Giant Para-oesophageal Hernias

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Abstract

Paraesophageal hernias (PEH) are mediastinal displacements of abdominal organs and occur due to a lax diaphragmatic hiatus and phreno-esophageal

membrane. PHE occurrence and size increase with age. They account for approximately 5–10% of diaphragmatic hernias. If symptomatic they can present with intermittent nonspecific symptoms, including epigastric pain, postprandial fullness, chest pain, nausea, iron deficiency anemia, gastro-esophageal reflux or dyspnea. In patients without prohibitive operative risk they should be surgically corrected, avoiding the risk of an acute and potentially life-threatening complication (incarceration, strangulation, volvulus, ischemia, perforation or gangrene), when emergent surgical repair is required. The risk of developing these complications is less than 2%/year and the mortality rate associated is approximately 5%.

To highlight the need of a high suspicion index in uncommon clinical conditions and the value of an experienced team, a case of an acute complication in a misdiagnosed incarcerated giant PEH is presented.

An 86-year-old female with multiple medical conditions, including hypertension, chronic renal failure on hemodialysis, diabetes mellitus and a previously known large PEH, was admitted in our emergency department due to acute abdominal pain, vomiting and hypotension. Blood results revealed an isolated white cell count of $18.0 \times 10^9/L$. CT-angio was performed and ruled out mesenteric ischemia.

OP – 077

Acute Liquid Thorax as a Result of the Pancreato-pulmonary Fistula. A Case Report.

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Abstract

Introduction: Pseudocyst formation and pancreato-pleural fistula are a rare complication of acute and chronic pancreatitis.

Case Presentation: A 10-year-old girl was admitted to our pediatric emergency department with an acute onset of dyspnea.

On physical examination, she was found to be dyspneic and tachypneic and having dullness to percussion with decreased breath sounds on the left hemithorax. Chest X-ray, computed tomography and magnetic resonance imaging demonstrate the existence of a multilocular lesion in the left hemithorax region that compresses the mediastinum and pushes it to the right position, pancreas with calcium zones and a liquid zone that can correspond to a pancreas pseudocyst. The patient was successfully treated with combined operative (thoracotomy), invasive (percutaneous puncture of pseudocysts of pancreas) and conservative therapy.

Conclusion: Pancreato-pleural Fistula (PPF) is an uncommon complication of chronic pancreatitis leading to large and recurrent pleural effusion. The condition is diagnosed with very high pleural fluid amylase, Rtg and CT. We recommend a conservative treatment of chronic pancreatitis in combination with percutaneous drainage of pseudocysts of the pancreas, thus reducing the accumulation of fluid in the thorax.

KEYWORDS: Pancreato-pleural Fistula; Pseudocyst; Pancreas

OP – 078

Open Fractures of Cruris and Treatment with External Fixator.

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Abstract

Introduction: Open fractures of the ankle are fractures caused by high-energy forces and observed in the young population. They constitute the backbone of all open fractures. The incidence is 1 per 5000 fractures and 23 cases per 100,000 persons. Men are the most affected by open fracture of the ankle. These fractures are highly susceptible to infections and delays in bone healing and therefore require rigorous and very careful treatment.

Material and Methods: This is a case-control study on cases and controls for selection over a 3-year period 2016-2018. Only the cases treated by Orthopedic Clinic 1

at the University Trauma Hospital for the period January 2016-December 2018, with Diagnosis: Aperta Cruris Fracture, were studied. Data on both cases and controls were obtained from the University Trauma Hospital of Tirana. In this study we defined (operational definition) cases as "Open fractures treated with external fixator" and as controls "Open fractures treated with other or untreated techniques".

Results: Open fractures of the ankle are more common in males than in females where the average age is 41 years. 95.3% of invoices are type I, II Gustilo / Anderson and 4.7% are type III Gustilo / Anderson.

Hospital stay and post op a day higher in cases of external fixator use. Meanwhile, timing operation has no significant differences between operating techniques.

Conclusions: The use of an external fixator facilitates better management of your wounds and facilitates the design of the ultimate treatment arm, but this does not mean that other surgical techniques are ineffective. The use of other surgical techniques is effective in Gustilo / Anderson type I / II fractures, while the use of the fixator is very effective in type III Gustilo / Anderson fractures.

Keywords: Open fractures of the ankle, external fixator

OP –079

Anterior Cruciate Ligament Reconstruction our Thirty-Five Years' Experience.

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Abstract

Introduction: Anterior cruciate ligament (ACL) reconstruction is a common operative procedure which is not predictably successful in restoring the patients pre-injury state. Only 60–70% of patients resume their previous level of activity in 20.6% after 10 and 51.7% after 20 years of the patients with ACL reconstruction, knee osteoarthritis is developed. Reasons can be either the wrong

perception that ACL reconstruction is a routine surgical procedure that can be performed even by orthopedic surgeons performing less than 10 procedures in a year or poorly defined parameters of healing and rehabilitation needed to successfully return patients to pre-injury levels of function.

The solution can be in the individualization of the surgery and rehabilitation to meet each patient's needs. That means that no single surgical technique can address all needs or situations successfully and that different variables like: timing of surgery, the type of used graft material, the number of grafts, graft fixation and additional extra-articular surgery should be customized to address the needs of the patient. New methods able to enhance tissue healing, speed up recovery time, and decrease the risk of ACL graft failure are also investigated.

We want to present our thirty-five years' experience with ACL reconstruction, starting from year 1984 since today. We tried different ACL reconstruction surgical techniques, we kept what was good and changed what gave bad results. *A La Carte surgery* or individualize each surgery for each patients the main principle for us today.

Keywords: Anterior cruciate ligament reconstruction, Different ACL surgical techniques, Thirty- five years' experience.

OP – 080

Dilemmas in the Decision-Making Process in the Treatment of Proximal Femur Fractures - Metanalysis of Papers Done at Several Different Centers

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Abstract

Proximal Femur Fractures are frequent injuries in the patient population of every trauma centre and have a high incidence in the general population. Paralleling trends of demographic forecasts, their incidence will continue to rise in the future.

Due to the still undefined views and controversies regarding the treatment of proximal femur fractures, there is a need for meta-analysis of published papers.

The aim is to draw conclusions that will help form an appropriate decision about the type of treatment for these fractures and thereby provide the most appropriate treatment for each patient.

We list 7 metanalyses with a significant number of cases covered and an appropriate follow-up period, as well as our own experience in our center.

Keywords: Fracture, femur, type of treatment.

OP – 081

Patellar Tendon Tear Treatment in Athletes.

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Abstract

Introduction: Patellar tendon tear is easy to diagnose but is still often overlooked. The aim of this study was to assess early and late results of surgical treatment of acute patellar tendon rupture with Krakow technique.

Material and Methods: A retrospective study included 5 patients (5 males). Mean age was 29.6 ± 9.9 - years. Lesions comprised 4 tendon body ruptures, Tendon repair was achieved with Krakow technique. Results were evaluated in 2 steps: on patient files at a mean follow-up of 7.1 months (range, 3-24 months) to assess complications and early functional and radiological results; and by phone at a mean follow-up of 2.3 years in order to assess long-term functional outcome on Lysholm score and patient satisfaction.

Results: Four knees were assessed at a mean 7.1 months. Mean knee flexion was $128.5^\circ \pm 7.5^\circ$ (range, 85° - 150°), extension -1° (range, -15° to 0°) and Caton-Deschamps index 0.96 (range, 0.57-1.29). All knees were further

assessed at a mean 2.3 years. Mean Lysholm score was 93.7 points (range, 61-100). All patients were satisfied or very satisfied with the result. All had returned to their previous job, and sports activities.

Conclusion: Patellar tendon rupture has good prognosis if diagnosis and surgical treatment is early.

Keywords: Acute rupture; Patellar tendon; Surgical repair.

OP – 082

Chronic Achilles Tendon Tear Treatment

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Abstract

Introduction: This study aimed to evaluate the long-term follow-up results of V-Y tendon plasty with fascia turn-down, for repairing chronic Achilles tendon tears.

Material and Methods: Seventeen patients (12 males, 5 females), who were diagnosed with chronic Achilles tendon rupture and met the inclusion criteria, were included in the study. These patients received treatment by means of V-Y tendon plasty with fascia turn-down from January 2005 to December 2011. Clinical outcomes of the patients were assessed by using isokinetic strength testing, questioning the patient regarding residual discomfort, pain, or swelling and having the ability to perform heel rises and using American Orthopaedic Foot & Ankle Society's (AOFAS's) Ankle-Hind Foot Scale score. Mean follow-up duration was 10 years (7-13 years).

Results: Mean time from the injury to operative treatment was 6 months. Mean operative defect of Achilles tendon in neutral

position after debridement was 5 cm. During the follow-up, the mean calf atrophy was 3.4 cm. The mean 30 degrees/s plantarflex and 120 degrees/s plantarflex peak torques were 89 and 45 Nm, respectively. The mean 30 degrees/s plantarflex peak torque deficiency was 16%. The mean 120 degrees/s plantarflex peak torque deficiency was 17%. The average peak torque deficiency was 17%. The pre- and postoperative mean AOFAS Ankle-Hindfoot Scale scores were 64 and 95, respectively. No patient had a rerupture. Superficial wound infection was treated with oral antibiotic therapy in 2 patients (11%).

Conclusions: The V-Y tendon plasty with fascia turndown for repair chronic Achilles tendon ruptures yielded results comparable with the literature regarding clinical outcomes. This method did not require synthetic materials for augmentation and was an economic alternative compared to other repair methods.

Keywords: Achilles Tendon, Tear, Treatment, tendon plasty.

OP –083

Minimally Invasive Treatment ESIN of Tibial Fractures During Sport Injuries

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Abstract

Introduction: The fractures of tibial shaft are common during some sports. Their treatment is primarily conservative, but certain types of fractures require operative stabilization.

The aim of this study was to present our experience and results from the flexible intramedullary nailing of unstable tibial

fractures during sport injuries, treated at our Clinic in the period between 2005 and 2014.

Material and Methods: One hundred and eight patients, aged from 14 to 18 years were treated with primary intramedullary nailing for a tibial shaft fracture. The functional outcome was assessed by the Karlstrom-Olerud scoring system at 16 weeks after the surgical intervention.

Results: Seventy-two (78%) patients had excellent result, eleven (16%) good and six (6%) patients had acceptable functional outcome.

Conclusion: Flexible intramedullary nailing - ESIN for tibial fractures, enables early weight bearing, provides good functional results and is accompanied with a low rate of postoperative complications. It is a method of choice for irreducible and unstable tibial fractures during sports injuries, especially in teen athletes.

Keywords: Sport injuries, tibial shaft fractures, ESIN, functional outcome, teen athletes.

OP – 084

Anterior Interosseous Nerve Syndrome Following Paediatric Supracondylar Humeral Fracture: Case Report

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Abstract

INTRODUCTION: Anterior interosseous nerve (AIN) is a motor branch of the median nerve that runs deep into the forearm. It innervates three muscles of the forearm. Their isolated palsy is known as the AIN syndrome. Distal forearm fractures are some of the most common fractures in children, associated with frequent neurovascular complications. The paper describes a relatively rare complication in our everyday medical practice: an AIN syndrome following a supracondylar fracture.

CASE PRESENTATION: A 5-year-old boy fell off a swing and broke his forearm. It was a supracondylar fracture. No neurological disorders were described. Manual reduction

and K-wire fixation were performed. At a follow-up visit, the mother pointed out that the child was unable to flex the thumb of the treated arm. We recognized the AIN syndrome.

Discussion: The AIN syndrome was most likely a consequence of the injury to the elbow itself. Due to our focus on more frequent neurological disorders, especially those of the ulnar nerve, the AIN syndrome was detected relatively late.

Conclusion: In the preoperative and especially in the postoperative care of children with distal forearm fractures, precise assessment of the patient's neurological status is required for an early detection of associated injuries.

Keywords: Nerve injury, child, distal humerus fracture, complication, treatment.

OP – 085

The Human Entorhinal Cortex

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Abstract

Introduction: The aim of this work was the cytoarchitectonic analysis of the modular organization of the entorhinal area of the human cortex. Investigations were carried out out postmortem material, on both parahypocampal gyruses obtained from the brains of 22 adult people aged between 25 and 85 years. All the brains were physiologically normal, without any signs of neuropathologic diseases. Firstly, the brains were fixed in 10% neutral formalin, lasting from 30 to 45 days. Then the parahypocampal gyruses were embedded in celloidin, cut in series along the tangential plan and stained according to the Nissl method. Graphic reconstruction of cytoarchitectonic units of the II layer was carried out on 12 brains. A total of 520 sections was analyzed. The results show that the existence of cytoarchitectonic units in the form of bands

and columns of stellar neurons are basic morphological properties of the entorhinal area. It was established that regional differences exist in the distribution, shape and density of cytoarchitectonic units (columns and cell bands). Significant differences were found between individual bands and columns in width, length as well as in the numeric density of cells within individual bands. Such a complex picture of cytoarchitectonic modules may be called a modular “mosaic”. One of the most interesting findings of this work was the existence of statistically significant differences in the numerical density of stellar neurons and the area of columns between the right and left hemispheres. All these findings indicate the existence of the three-dimensional mosaic of cytoarchitectonic modules in the human entorhinal area. The study and the change of the modular mosaic in various neurological diseases, particularly those accompanied by memory disorders, enable a new approach to the path neurobiology of the brain cortex.

Keywords: cytoarchitectonic, brain cortex, stellar neurons

OP – 086

Anatomical Variations of Posterior Part of the Circle of Willis in Kosovo

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Abstract

Introduction: The posterior cerebral artery-P1 (PCA-P1) and posterior communicating cerebral artery (PCoA) has been noted in literature to have anatomical variations. Variations and anomalies of the PCA-P1 and PCoA have several clinical implications; including assisting in

understanding the clinical signs of a stroke. The aim of this study was to describe the anatomy and anomalies of the PCA-P1 and PCoA.

Materials and Methods: This is an observational descriptive study performed at the University Clinical Center, Clinic of Radiology in Kosovo. A randomized sample of 454 angiographic examinations in adult patients of both sexes without clinical manifestations for cerebrovascular disease who were instructed to exploration is included.

Results: In the present study posterior part had a complete structure in 26.6% of the cases. More completed is presented in female (30.7%) than males (22.55%) and variant E in 45.8%. While absence of either the ACOP or the two sides (type D, E, G, H) is represented in 62% of the examined patients.

Conclusion: Anomalies of the PCA-P1 and PCoA have a great significance since it forms a link between two major arterial systems the internal carotid and the vertebrobasilar system. The knowledge of this variation is very important during surgical and radiological interventions.

Keywords: variations of posterior part, arteries, posterior cerebral artery-P1.

OP – 087

Pains Problems, Pain as a Notion.

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Abstract

Pain is a subjective symptom and evaluation is subjective. We also can evaluate pain in objective way, in acute pain where it can compromise vital signs, such as arterial pressure, pulse, oxygen saturation and respiratory frequency. Pain is associated with emotional and physiological response. Pain is a complex problem, involving both the mind and the body. For instance, backpain has no

known cause in most cases, and stressful life events can make it worse. But that doesn't mean it isn't real. Pain is an invisible problem that others can't see, but that doesn't mean it's all in your head. There are countless options for pain relief. They include relaxation techniques, exercise, physical therapy, over-the-counter and prescription medications, surgery, injections (into muscle, joints or your back), and complementary treatments such as acupuncture and massage. It may not always be possible to completely get rid of your pain, but you can use many techniques to help manage it much better. Health care providers begin with a conservative approach to pain relief and prescribe non-narcotic pain-relief medications, which are not addictive. Doctors may prescribe narcotics, such as codeine and morphine, if pain becomes severe, such as when treating cancer pain. Many people fear that they will become addicted to narcotics. Physical dependence is not the same thing as addiction. And, physical dependence isn't a problem as long as you do not stop taking the narcotics suddenly. Addiction to narcotics is not usually a problem, unless you have a history of recreational drug or alcohol addiction.

Keywords: Pain, objective, subjective, treatment.

OP – 088

Principles in Treating Neonatal Meningitis

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Abstract

INTRODUCTION: Newborn babies are at a much higher risk of developing meningitis than any other age group, as their immune system is weaker and more susceptible to viruses and illnesses. Since the bacteria that causes meningitis can be transferred from mother to baby, prenatal care and virus screening for the disease is extremely important. Meningitis happens when a viral

or bacterial infection spreads to the spinal fluid and the brain fluid. Whereas viral meningitis can typically resolve on its own without treatment, bacterial meningitis is a serious illness that can lead to brain damage, hearing loss, and even death.

Materials and Methods: During our study in the Maternity Hospital “Koco Gliozheni”, in the period 2017-2019 we have used three categories in classifying: Clinical symptom of newborn baby, gender, laboratory analyses. Difference between clinical symptom of newborn and mum is also important. In continue of those categories we have proposed treatment starting from the behavior and procedure of neonatology and all the specific fight against microorganism that had caused it. Effective interventions and documentation of responses to these interventions will receive increased scrutiny.

Conclusion: Most mothers do not know that they have Group B Strep. In fact, doctors say that 40% of women carry Group B Strep in the lower intestines, anus, and vagina without even knowing it –there are no symptoms that indicate that the mother has the bacteria in her system.

By testing anywhere between weeks 35 and 37 of pregnancy, the doctor should be able to identify whether the mother has Group B Strep and to be able to put her on safe and pregnancy-friendly antibiotics in enough time that the bacteria may be gone in time for delivery.

The combination of a good therapy before with an experienced neonatology that know better the way of treat a baby that comes from an infected mother may lead us to less cases of infected neonatal babies.

KEYWORDS: neonatal meningitis, symptoms and laboratory, treatment, emergency.

OP –089

Anaphylaxis Related Posttraumatic Stress Disorder

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Abstract

Introduction: Post-traumatic stress disorder (PTSD) is a chronic and disabling entity, which negatively impacts health and quality of life. It occurs after events that are perceived as life-threatening and has a lifetime rate of 7%. Anaphylaxis is an acute systemic reaction with symptoms of an immediate-type allergic reaction which can involve the whole organism and is potentially life-threatening. The relation in between PTSD and anaphylaxis is one of the main challenges in emergency department.

Materials and Methods: Specific patient subgroups—including different ages and genders, trauma presentations with anaphylaxis correlated with. Also, the anaphylactic shock increases one’s risk of developing PTSD, and for this we did the survey in causes of reactions. Also, we have surveyed the symptoms in both genders, ages and different trauma presentation. Also, the treatment is going to be evaluated for each group symptoms. This is a study made in the emergency department University Hospital of Trauma. There are 190 cases taken for the study during the 2017-2019. Effective treatment and documentation of responses to this process are recorded for our study. It is a great result to see positive results on patients that were suffering from both syndromes.

Results: A total of 190 subjects were enrolled with an average age of 48 yrs. The cases are all PTSD related with anaphylaxis. 52% of them are verified in our study that PTSD has strong relation with anaphylaxis and is the main risk factor of its development. 98 % of them had been well recovered after the treatment, but all of them had the same symptoms, that affect breathing system, blood circulation and heart. Males after 50 years old and women during menopause had the most aggressive symptoms. Anaphylaxis is well presented in mostly females, and it is life threatening event that has been present even before in their life. It is our duty as doctors to be sure that such events are going to happen less, in future.

Conclusions: Retrospective studies suggest that up to 1 % of patients present to the emergency department of a maximum care hospital because of an anaphylactic reaction. It is specially represented in female, in comparison with males.

One to three anaphylaxis-induced fatalities per year per 1 million inhabitants are estimated. Our study suggests that PTSD rates are increased in individuals with a history of anaphylaxis. Therefore, routine follow-up of these individuals should include surveillance for this disorder.

Keywords: PTSD, anaphylaxis, treatment, survey, emergency.

OP –090

Abdominal Trauma and Conservative Follow Up

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Abstract.

Introduction; Injuries within the abdominal cavity and abdominal organs continue to be a problem for general surgeons. Abdomen is the most common region to be injured following the head and extremities. Injuries may be in the form of blunt abdominal trauma, stab wounds or gunshot wounds. The majority of blunt abdominal trauma is seen after motor vehicle accidents. There have been major changes in the approach to abdominal trauma in the last 20 years.

Non-operative treatment strategies are becoming more common. Conservative treatment experience is based more on experience in blunt abdominal trauma. However, recent publications suggest that nonoperative (conservative) treatment can be performed in gunshot and stab wounds in selected patients. Most of the abdominal trauma patients are younger than 40 years, and it remains to be an important cause of morbidity-mortality in this population

In our clinics, hemodynamically stable patients without any signs of peritonitis underwent conservative treatment for their abdominal injuries. These patients were

followed up closely with physical examination by the same physician and by imaging methods. Informed consent was obtained from all patients. Blunt abdominal trauma patients who were hemodynamically stable and without any signs of peritonitis were followed nonoperatively. Patients were operated if deterioration of hemodynamic stability and/or lesion (hematoma, etc.) progression on imaging was detected. In addition to this, additional methods such as diagnostic laparotomy or diagnostic laparoscopy were used for diagnosis and monitoring, especially in noncooperative patients due to various reasons, including cranial trauma or alcohol. Patients with suspicion of hollow organ injuries were also operated.

Keywords: Abdominal injury, abdominal trauma, nonoperative treatment

OP –091

Management Penetrating Abdominal Stab Wounds

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Abstract

To review the results of our treatment approach to penetrating abdominal stab wounds and to reduce unnecessary hospital stay.

Material and Methods: Admission files and surgery notes of 87 patients with penetrating abdominal stab wounds, who had applied to Gureba Bezmialem Valide Sultan Hospital Emergency Clinic between 2008 and 2010, were reviewed retrospectively. The results physical examination of the abdomen, and laboratory findings, such as amylase level, leukocyte count and hematocrit value, were evaluated. Comparison of the data was made by Fisher's exact test for categorical data and t-test was used for continuous data. Results: A total of 87 patients were treated in our emergency clinic with the diagnosis of penetrating abdominal trauma and 48 of them were operated on. 19 of 36 patients with positive laparotomy findings had a high white blood cell count, hematocrit value decreased in 16 patients, and only 2 patients had high

amylase values. Out of the surgically treated 48 patients, 9 patients had hypotension and tachycardia. Negative laparotomy findings were found in two of them.

Conclusion: Our negative laparotomy rate could have been 59% instead of 33% if the patients would have been operated on just because of penetrating abdominal wounds.

KeyWords: Stab wounds, conservative, laparotomy

OP – 092

Nonoperative Management in Pediatric Splenic Injury. A Case Report

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Abstract

The risk of overwhelming post splenectomy infection (OPSI) prompted the evolution toward preservation of the injured spleen. Nonoperative management (NOM) of blunt injury to the spleen in adults has become the standard of care in hemodynamically stable patients. This modality of treatment began in the 1970's in pediatric patients. It is highly successful with overall failures rates from 2% to 31% (average 10.8%) - with the majority of failures occurring in the first 24 hours.

The spleen is one of the most commonly injured organs in the body after blunt abdominal trauma. Our objective is to present a case of pediatric splenic injury in hemodynamically stable patient was managed non-operatively. In the past splenectomy was the standard procedure for traumatic blunt splenic injury, when bleeding of the spleen occurred.

Since the spleen performs important immunological functions the advantage of a spleen-saving approach is preservation of immunological functions. Especially in the pediatric population splenic preservation is an important objective. The risk of overwhelming post splenectomy infection (OPSI) prompted the evolution toward preservation of the injured spleen. We present a case of a 12 –year-old male with a history of falling down on his left flank

playing games with friends. He was evaluated and proved to have splenic rupture and hemoperitoneum. He was offered conservative treatment.

Keywords: Pediatric, spleen, injury, blunt trauma.

OP –093

Total Rupture of the Caput Pancreas after Blunt Abdominal Trauma. A Case Report and Review of the Literature.

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Abstract

Introduction: Isolated pancreatic lesions are rare, often difficult to identify, they account for 0.2 -6% of abdominal trauma. The treatment strategy is related to the integrity of the Wirsung Canal. The purpose of this paper is to report the management of a pancreatic trauma with rupture of the major pancreatic duct

Material and Methods: We present a patient with complete rupture of the pancreas without duodenal injury from a closed abdominal trauma. A 41-year-old man has been the victim of multiple aggressions with his fists and legs, in the abdomen, with echoes in the epigastric region. The patient is hospitalized for trauma surgery 4 hours after the aggression with abdominal pain. Examination found, hemodynamically stable, a sensible abdomen, lipazemia and amilazemia were normal. The scanner has shown a rupture in the pancreatic head region (Class III Lucas), liquid in the omental and periapical bursa. The patient was admitted to the operating block 6 hours after trauma. Surgical exploration has shown hemoperitoneum, complete rupture of the pancreatic head, rupture of the major pancreatic duct, duodenum and other abdominal organs had a preserved integrity of major pancreatic duct, hemostasis and suturing at the level of the injured area of the pancreas, a wash and abdominal drainage. Post-operative evolution was favorable and without complications. On

the 10th day after the intervention the patient was removed from the healing hospital.

Conclusion:Imaging has an essential role in the evaluation of pancreatic damage before the onset of clinical and biological signs. The treatment of pancreatic trauma associated with major pancreatic duct injury is surgical. The prognosis depends on a rapid diagnosis and surgical intervention.

Keywords:pancreatic lesions, abdominal trauma, major pancreatic duct

OP –094

Abdominal trauma and Liver some Management Considerations after a Retrospective Study.

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Abstract

Introduction:The liver is the most frequently injured abdominal organ. Most of liver injuries are relatively minor and heal spontaneously with nonoperative management, which consists of observation and possibly arteriography and embolization. Purpose to describe the causes of trauma, the degree of injury, the chosen method of treatment, the success rate and the developed complications; comparing the results of our study with the results of literature.

Material & Methods:The study is of a retrospective character and includes all patients with abdominal trauma, presented in the Emergency Department to University Hospital of Trauma, Tirana, from May 2016 to May 2018. The study sample was taken randomly, without any study restriction.

Results:During the two years, 228 patients with liver trauma were reported, of whom 177 (78%) with blunt liver trauma and 51 (22%) with penetrating injuries. Men (72%) were more affected than females (28%) with a male female ratio of 7: 3. The most common cause of the injuries was car accident, while the most affected age group was 16-35 years old.

In our study patients with blunt Liver trauma 62% were treated NOM and 38% OM.

CONCLUSIONS: NOM is the chosen method for the management of blunt liver trauma in hemodynamically stable patients. NOM significantly improves the outcome compared to OM, in terms of decreased abdominal infections, decreased transfusions, and decreased hospitalisation period. However, hemodynamically unstable patients with peritonitis should undergo immediate surgical intervention.

Keywords:liver injuries, injured abdominal, Blunt, penetrating...

OP –095

Assessment of Trauma Patient in the Tertiary Centre for Trauma

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Abstract

Introduction:Trauma can be defined as the organism's reaction to the action of an external agent. Traumatic injury is a leading cause of death globally among persons under the age of 45. Over 5 million deaths occur each year as a result of injuries, representing 9% of the world's mortality.

Non-fatal injuries are among the leading global causes of emergency department visits, hospitalizations and long-term morbidity, accounting for a large portion of the burden on health systems.

Initial evaluation and administration of traumatized patients after being brought to a third level trauma centre should be done in a specialized area of an emergency department that is already designed in trauma management. Time of injury is the essence of survival for a life-threatening trauma.

Proper initial care at the scene affects the morbidity and mortality of the traumatized patient.

Prolonged transportation time or inadequate hospital care increases the demand for early restoration of rapid tissue perfusion before the physiological changes of the injured patient reach hospitalization.

On the other hand, the lack of recognition of management protocols by trauma management personnel increase morbidity and mortality in this patient group. This presentation addresses the management of traumatized patients as these patients arrive at an emergency department at a hospital or tertiary trauma centre.

Keywords: tertiary trauma centre, traumatized patients, injured patient, life-threatening trauma

OP – 096

Cost-effectiveness of Thyroid Fine Needle Aspiration Cytology for Diagnosis and Surgical Treatment of Thyroid Malignant Pathologies in Paediatric Age

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Abstract

Introduction: Thyroid nodules are rare during pediatric age, affecting 1.7% of children and adolescents, but the high malignancy prevalence at presentation has warranted an aggressive clinical approach. The most frequent surgery technique is total thyroidectomy, which is followed by short-term and long-term complications. Fine needle aspiration (FNA) cytology is the most accurate tool in the diagnosis of a thyroid nodule. However, there are contradictions if it should be used as a first-line strategy in the paediatric age. Thus, our aim was to analyze cost-effectiveness of surgery, FNA and observation of thyroid malignant pathologies in paediatric age.

Material and Methods: A decision model was created to trade-off between three different strategies:

Surgery for all nodules, regardless of their malignant or benign nature;

Testing through FNA, and then perform surgery according to the FNA result;

Observation, regardless of their malignant or benign nature.

Cost-effectiveness was calculated in terms of costs and quality-adjusted life years (QALY). All variables were entered as distributions. Willingness to pay was set to 50,000\$.

Results: In the cost-effectiveness analysis, surgery was dominated by FNA. Observation was less effective and cheaper than FNA, which presented an ICER value of 46,948.48. In the 1-way cost-effectiveness sensitivity analysis for the probability of malignancy from 0% to 100%, FNA was always superior to the surgery strategy, and the threshold of superiority to the observe strategy was probability of malignancy = 23.5%. In the probabilistic sensitivity analysis, FNA resulted superior to surgery.

Conclusions: FNA is more cost-effective than the surgery strategy in the diagnosis and clinical work-up of thyroid nodules in children.

KEYWORDS: Thyroid nodules, FNA, thyroidectomy, malignant or benign nature.

OP – 097

Spontaneous Fracture of the left Proximal 1/3 Humerus Shaft in a Female Patient with Multiple Myeloma. A Case reports.

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Abstract

Introduction: Spontaneous fractures are common in patients diagnosed with multiple myeloma and when happens the risk of death in those patients is increased. In this case a 65 years old female diagnosed with Multiple myeloma, developed a spontaneous fracture of the proximal 1/3 humerus shaft while dressing, during the induction therapy.

A 65-year-old caucasian female with a medical history of six month of lumbago, presented to the hospital complaining fatigue, reduced appetite and severe immobilizing bone pain. She reported no other disease. Laboratory findings demonstrated Hb 12g/dL,

calcemia 11,4mg/dl, proteinemia 10,0 g/dL, IGA 2870 mg/dL, Kappa 1920 mg/dL, creatinine 0,6mg/dL. Bone marrow aspiration showed 56% plasma cells. MRI showed multiple osteolytic lesions in the skull, ribs, pelvic bones and vertebral compression fractures.

The diagnosis was "Multiple Myeloma IGA Kappa stage II/A". She started the induction therapy with Bortezomib. The day 6th, while dressing up, she developed a fracture of the left proximal 1/3 humerus shaft. She was treated with sling immobilization. She is still on therapy with Bortezomib.

Conclusion: All the patients with multiple myeloma should be considered at high risk of mortality during the induction therapy. The fractures during this time worse the prognosis.

Keywords: Spontaneous fractures, multiple myeloma, humerus, Bortezomib

OP – 098

Hospital Infections Management

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Abstract

Introduction: Awareness of professionals, relatives, relatives and visitors to Hospital Infections. The infection bites are all hospital facilities that serve to spread the infection, just as medical staff Infectious Infections (IS) or nosocomial infections are circulating and acquired in the hospital During the hospitalization of patients, therefore, receiving another infection plus during hospital stay.

There are no incubation periods either at the incubation time or at the time of laying. Infection begins with the onset of temperature on the third day after laying (48 hours to 72 hours) Nosocomial infection is an indicator of the quality of service! The source of infection is all hospital facilities that serve the spread of infection, as well as medical personnel. For the reduction of morbidity, mortality in hospital beds, IS reduces the quality of life If they are poor and are also very costly High nosocomial infections are indicators of the quality of service

Infants receiving hospital attend 2 to 12% (on average 5%) of the patients. IS have mortality of about 1% and contribute to a 3% mortality increase in other diseases. Causal pathogens, gram-negative bacilli occupy the bulk of the list of pathogenic germs of IS

Knowing the protective measures for IS reduces the risk of occurring nosocomial infections in the patients and the health worker. Minimizes the rate of nosocomial infection and protects the health personnel and visitors from the risk of infection. These infections are very problematic Because they are very risky around the globe, awareness, implantation of the prisons on the recognition and protection of hospital infections, and risk management, their reporting indeterminacy at the right time of the incidents, the evaluation of the working conditions increase sharply Staff orientation in hospital care by implementing specific guidelines.

Conclusion: From the observation, ISs in hospitals are present and problematic, but that much work and care by staff can be eliminated. More information is available from the staff. Awareness and engagement in all structures for this classroom

Keywords: infection, contamination, tubes, incubation, sterilization

OP – 099

Radioactive Processes in Food Consumer Products, Positive and Negative Effects

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Abstract

Introduction: The importance of evaluating the effective dose in the human body from ionizing radiation is wide and quite complex. It requires ongoing study and evaluation.

Materials and Methods: In this paper we used the Retrospective study method, which presents data on the two main contributors to indoor radiation, the activity of Po-210 in mussel specimens in the Butrint Lagoon, studied during spring and autumn and radon

concentration. Rn-222 indoors in some major cities of Albania.

RESULTS: showed twice as high values of Po-210 activity in mussels during spring compared to activity values found in autumn season, due to different physical and biological factors. These results are comparable to other studies and do not pose any significant risk to public health in Albania. On the other hand, the study presents measurements of radon concentration indoors using the passive method and the work begun to create a radon concentration map in our country. The measurements cover 10% of the entire territory of the country and will serve to identify Radon Risk Areas in the Republic of Albania for which an action plan will be prepared to reduce Radon concentrations in these areas.

Conclusions: It is important to note that such studies should inform the public about the problems that alpha radiation brings and mainly the high concentration of Radon in the workplace, schools, homes, etc., where we each spend 80% of our time. .

Keywords: Natural Radioactivity, Po210 in mussels, Annual Effective Dose, Radon.

OP – 100

Pigmentation Diseases, with Negative Impact on the Quality of Life in Individuals Affected.

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Abstract

Introduction: Vitiligo is an acquired dermatological pigmentation disorders of the skin. It causes loss of pigment on effected areas of the skin or mucosae and is characterised by milk white, non-scaley lesions with distinct margins.

Results: 1758 individuals who come in Military Hospital Tirana, Albania in Dermatology Service in period October 2014 - March 2015 was examined having or not Vitiligo. 39 Cases with Vitiligo were diagnosed through the physical standard examination. In these 39 patients diagnosis with Vitiligo were applied DLQI questionnaire:

From 39 patient taken in consideration in this research study 22 (56.4%) were females and 17 (43.6%) were males, it was noticed that gender was influential in the degree of concern that brings Vitiligo ($p=0.01$), and in the degree of embarrassed and anxiety due to this skin disease ($p=0.01$), where females were proven to be the most sensitive category. Resulted that age group was determinant in the skin disease (vitiligo) impact on social activities ($p=0.007$), in the skin disease impact for the selection of clothes ($p=0.007$)....

Conclusion: Skin diseases are very common, affecting over a quarter of the population. Vitiligo is not life-threatening skin diseases but have a significant impact on the quality of life of patients and cause considerable psychological distress. Finally, the etiology and pathogenesis of vitiligo remains unclear. It is still not understood what causes the destruction of melanocytes. Also, uncertainties remain about the natural history and epidemiology of this disease. A variety of methods for re-pigmenting the skin of people with vitiligo have been tried in but vitiligo treatment is a major challenge. If a cure for vitiligo is to be found, further research is required in understanding the etiology, epidemiology and natural history of vitiligo. Current treatments help to alleviate symptoms for temporary re-pigmentation of vitiliginous patches, but these do not cure the underlying disease.

Keywords: Skin, pigmentation, vitiligo.

OP – 101

COPD and Lung Cancer, the Coexistence

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Abstract

Introduction:Chronic obstructive pulmonary disease (COPD) is a significant risk factor for lung cancer already well known. Approximately 1% of COPD patients develop lung cancer every year, which may be associated with genetic susceptibility to cigarette smoke. Chronic inflammation caused by toxic gases can induce COPD and lung cancer. Low-dose computed tomography (LDCT) is an effective procedure for the early detection of lung cancer in high-risk patients.

Materials and Methods: We retrospectively reviewed the medical records of patients who were diagnosed as COPD, based on Spirometry and LDCT findings from January 2010 through March 2016 in our hospital and in some of the lung health centers in Tirana. Lung cancer was an incidental finding in them. Chest HRCT images were analyzed by two pulmonologists and radiologists independently. Biopsy examinations were also evaluated by two independent pathologist specialists

Results: In total 18 (N=18) cases with COPD, 11 (61%) males and 7 (39%) females. All patients are current or ex heavy smokers, predominates males. Lung cancer was present in 4 (22%) COPD male patients. They all had peripheral primary lung cancers and as a result the biopsies was obtained by trans parietal fine needle aspiration procedure. The distribution of the histological types was: 3 cases with squamous cell carcinoma and 1 case with small cell carcinoma. Two patients with lung cancer have died. Their meantime of survival was 2 years. These 4 patients had higher unit pack-years (UPY) smoking values, lower pulmonary functional state and higher values of pulmonary hypertension (HTP) than the other COPD patients.

Conclusions: Lung cancer in patients with COPD patients represents a specific entity with a poor prognosis, that further poses the most characteristic and severe model of tobacco-related diseases. The prognosis of lung cancer patients with COPD is worse than the prognosis of patients without COPD, because of inadequate cancer treatments, and poorer pulmonary function and quality of life.

The most effective lung cancer prevention measure is smoking cessation.

Keywords:Lung cancer, Chronic obstructive pulmonary disease.

OP – 102

A Serious Self-Injury Attempted Case, following a Neurosurgical Intervention, on a Patient with Epilepsy in Comorbidity with Major Depressive Psychotic Disorder (A Case Report)

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Abstract

Patient E. H., age 39, presents to Surgical Emergency, with a cut wound: Sinister mammectomy. According to family and patient referrals, the action came as a result of a suicidal attempt. Suffers from Epilepsy since the age of 2 and several years from depression, leading to a suicidal attempt before. She has been treated with antiepileptic drugs for years and underwent neurosurgical intervention in Italy a month ago, which was successful.

The patient shows a regular appearance and according to the chronological age, maintains partial eye contact. Her mimic expresses an apathetic and cold state, without alterations of her mood. Refers that after neurosurgical intervention she has had severe headaches for weeks, pains that did not enable her to sleep or perform normal daily activities. In one of these crises the patient has injured herself, by removing her left breast. Communication is apathetic, cold, distant. Thoughts are negative and worrying about her health. Perception of the environment and reality, cognition and insight damaged. When asked why she chose to damage her breast, refers she had a feeling of emptiness and therefore wanted to remove it. Her headaches were also unbearable and this led her to perform this injury. Through communication the patient provides a lot of information about psychotic elements responsible for the bizarre action.

Treatment with antipsychotics, antidepressants, mood stabilizers and anxiolytics, brought an improvement in the psycho-emotional state. Such cases are rarely described in contemporary literature, the consequences of severe psychotic and affective disorders.

OP – 102

Pain Treatment in Emergency Department

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Abstract

Introduction: Acute pain is defined as an unpleasant sensory and emotional experience associated with actual or potential tissue damage as well as activation of neurochemical receptor and mediator responses.

Pain is the presenting complaint for up to 70% of visits to the emergency department (ED). There is a myriad of strategies to treat and diagnose pain. The effective strategies are those with adequate and timely pain relief without adverse effects.

An accurate recognition and assessment of a patient's pain is the central aspect of effective pain management and is essential to any effective analgesic strategy.

Acute pain follows injury and usually resolves as the injury heals. Acute pain may be, but is not always, associated with objective physical signs of autonomic nervous system activity such as tachycardia, hypertension, diaphoresis, mydriasis, and pallor. When the cause of acute pain is uncertain, establishing a diagnosis is the priority of the emergency physician. Symptomatic treatment of pain should be initiated while the diagnostic evaluation is proceeding. In general, it is inappropriate to delay analgesic use until a diagnosis has been made.

The treatment of acute and chronic pain is different, and confusion between the two leads to poor management of patients. Acute pain should be approached with the intention of providing relief to a limited degree, individualized to each patient, with a plan to

taper medications as symptoms improve. Chronic pain assumes a baseline level of pain that is best treated with a consistent approach to minimize baseline discomfort and minimize the adverse effects of both pain and pain treatment on the patient's lifestyle.

Optimal acute pain management is patient specific and pain syndrome targeted when feasible, using a multimodal approach that includes pharmacologic and nonpharmacologic interventions. Base the assessment of pain and need for therapy on an overall accounting of patient status, including functional assessment, rather than solely on patient-reported pain scores.

Conclusion: Pain is the most common complaint in the ED. Having a consistent, integrated, and well-planned approach will optimize the experience for patients as well as medical providers

Keywords: Pain, emergency, treatment.

OP – 104

The Obese (Emergency-) Patient: Business as Usual?

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Abstract

The prevalence of significant obesity continues to rise in both developed and developing countries and is associated with an increased incidence of a wide spectrum of medical and surgical pathologies. Thus, experienced anaesthetic and surgical staff should manage obese patients.

The variety of comorbidities and the pathophysiological changes of the respiratory and cardiovascular system lead to a significantly increased risk of complications. To master these risks, special processes and treatment management are necessary, in which knowledge of (patho-) physiological alteration of the obese is essential.

Obese patients require specially trained hospital and rescue personnel, suitable equipment and adequate structural equipment, which should be provided by all hospitals and health care institutions.

In my talk I would like to share my experience in the treatment of obese patients from an anesthesiologist's point of view.

OP – 105

Trauma in Pregnant Women

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Abstract

Introduction: Trauma in pregnancy is a great concern in modern era. The pregnant women make more challenging the anesthetic and ICU care due to both organisms the women and the fetus.

Materials and Methods: Regarding epidemiology of trauma in pregnancy, several data come from policy, from national services of different states, and some of them are also reported in literature as well. It is recently reported that the incidence is evaluated 6-7%, and car crash is the major reason over passing physical assaults and falling. This kind of trauma is also the major cause of mother non obstetrical death.

Results: Pregnant women have some physiologically features. Pregnancy related cardiovascular changes are increased cardiac output, vasodilatation, increased heart rate, increased blood volume, decreased blood cells concentration, and decreased central venous pressure. These changes can mask the severity of hypovolemia, the severity of shock states, and can mimic myocardial ischemia. Respiratory changes include reduced functional residual capacity due to weight gain, increased respiratory rate and volume in minute. These changes can induce increased oxygen consumption and can lead to rapid desaturation. The pregnant woman can be presented with full stomach, decreased sphincter tone and increased risk to aspirate, may have difficulties in ventilation and intubation, and may have airway edema too.

Conclusions: To conclude we must be focus on mother condition because improving mother conditions can improve baby

conditions respecting trauma guidelines as well. A multidimensional team must be always available in order to improve the prognosis.

KeyWords: trauma, pregnancy, fetus.

OP – 106

Treatment of Traumatic Hemorrhagic Shock in Intensive Medicine

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Abstract

INTRODUCTION: The shock represents a state of inadequate tissue perfusion as a result of circulatory insufficiency. Hemorrhage is the most common cause of shock in injured patients. The goals of this paper are as follows: Analysis of the epidemiological characteristics of traumatic - hemorrhagic shock in Kosovo, for the period July 2016 - December 2018.

Material and Methods: As material we used the stories of patients with traumatic-hemorrhagic shock, treated in the Intensive Care Unit of the University Clinical Center of Kosovo, during the period July 2016 - December 2018. The sample consisted of 155 patients treated during the specified period, with verified diagnosis of traumatic-hemorrhagic shock.

Results: We established the study to demonstrate the efficacy of therapy in the hemodynamic stabilization of traumatized, shocked patients in the first 12 hours of intensive care treatment. We categorized the patients according to the classes of hemorrhagic shock. The classification was performed according to the criteria set by the American College of Surgeons. Parameters were assessed: respiratory rate, respiratory load, systolic blood pressure (TAS), capillary refill and Glasgow Coma Scale (GCS).

Conclusions: Traumatic-hemorrhagic shock is a life-threatening emergency due to the development of multiple organ dysfunction syndrome, which may be due to symptomatology and changes in vital parameters.

Keywords: Hemorrhage, shock, injured patients,

OP – 107

Bilateral Pulmonary Embolism after Hip Surgery: A Case Report

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Abstract

Introduction: Pulmonary embolism (PE) ranges from incidental, clinically unimportant occurrences to causing sudden death. Virchow's triad of local trauma to the vessel wall, hypercoagulability and stasis of blood leads to thrombus formation in the veins of the legs which may dislodge and embolize to the pulmonary arteries with potentially serious consequences (1). Prompt diagnosis and treatment reduces the risk of complications and death.

Pulmonary embolisms is a potentially life-threatening condition where a dislodged thrombi most commonly from the legs travels to the lungs and blocks one of the pulmonary arteries. The combination of the nonspecific symptoms, patient medical history and the risk factors should steer us into taking in consideration the pulmonary embolism diagnosis.

Heparin constitutes the cornerstone of management of PE. In this report we present a case of pulmonary embolism in a 70-year-old female that occurred three weeks after hip surgery, was presented to the emergency department with chest pain and shortness of breath. Her vital signs were as follows: heart rate 80 beats/minute, respiratory rate 18

breaths/minute, blood pressure 120/80 mmHg and oxygen saturation 86%. Three weeks earlier she had been operated on for a right-sided hip fracture and had received low molecular weight heparin prophylaxis postoperatively...

Conclusion; Pulmonary embolism is a life-threatening condition that should be promptly recognized. Surgical patients are at increased risk of developing a PE, especially after orthopaedic hip and knee surgery, because of positioning during surgery and mainly immobility after surgery, that contributes to an increase in venous stasis.

Keywords: pulmonary embolism, activated clotting time, heparin.

OP – 108

Trauma and Coagulopathy

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Abstract

Introduction: Hemorrhagic shock from blood loss is a major cause of mortality in trauma patients. Bleeding is due to an intrinsic dysregulation of the blood coagulation known as trauma-induced coagulopathy (TIC). TIC is faced in the presence of both hypoperfusion from blood loss and tissue injury.

Materials and Methods: We review the literature, in order to highlight the modern concepts and mechanisms contributing to TIC. Understanding these mechanisms can improve treatment strategies, morbidity, and mortality of severe traumatized patients.

Results: The mechanisms of coagulopathy in trauma patients have been explained by close examination of the biochemical and cellular changes due to tissue injury and hemorrhagic shock. Mechanisms contributing to TIC include anticoagulation, consumption, platelet dysfunction, and hyperfibrinolysis.

Conclusions: The anesthesiologist and intensivist often are faced with traumatized patients. The surgical team must be prepared to promptly treat trauma-induced

coagulopathy, and good knowledge about this complication is the first step.

Keywords: Hemorrhagic shock, trauma, coagulopathy.

OP – 109

The fascia Iliaca Compartment Block in the Emergency Department

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Abstract

A regional nerve block with long acting local anaesthetic can provide effective analgesia for patients with fractured neck of femur and may reduce the need for opiate analgesia.

The Fascia Iliaca Compartment block is as effective as a 3:1 block targeting the femoral nerve, obturator nerve and lateral cutaneous nerve, and can be achieved easily using ultrasound guidance.

As the site of the local anaesthetic injection is distant from the neurovascular bundle it has a low complication rate.

We did cadaver studies with dyed water to gain information about the ideal puncture site and to visualize the spread of the local anesthetic along the fascia.

KEYWORDS: Fascia iliaca, block, emergency department.

OP – 110

Post Factum Evaluation of Radius Fractures in the Typical Place in Relation to Age, Gender, Osteoporosis Rate, and Treatment Outcome.

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Abstract

Introduction: To evaluate the influence of the above fractional on the frequency of

radius fractures in the typical place, particularly of osteoporosis as the main cause of these fractures at the age of three. Functional treatment results.

Materials and Methods: Actually 82 patients with radial fracture in the typical place of conservative treatment, implantation and implantation in gypsum, as well as the respective reactive rehabilitation procedures were studied. In the material, they have taken a survey; the age of the patients, the sex, the rate of osteoporosis, the technique of reproduction, how long after the fracture and eventually the results achieved. They were 76 women or 92.6% and 6 males or 7.4%. The maximum age of 86 years of age, the average age of 75 and the minimum age of 63 In the study, primary is the rate of osteoporosis as potential potential for radius fractures in the typical place.

Results: In our study series, the largest number of patients was female, eighty-two cases or 92.6% of the study group, the rest of 7.6% or 6 cases were mammal. The study period was 2 years of 2016-2017 all fractures are in traumatic terrain. Traumatic trauma in 60% of cases has been overturned or otherwise reported as a direct trauma, whereas in 40% of cases there has been an indirect trauma. pain, loss of function, different hematoma rates as well as radiological changes were the signs of these injuries. Treatment endpoints were favorable especially when the implantation period of three weeks was respected in gypsum and the beginning of rehabilitation exercises

CONCLUSION: Typical site radius fractures are heavily influenced by regional osteoporosis, age of patients, osteoporosis rate. Generally, benign fractures tend to consolidate. A three-week period is sufficient for the attachment of bone fragments and the origin of rehabilitation. Over-term complications, such as dysfunctional bone atrophy, are more difficult to treat than fractures themselves.

KEYWORDS: Radius, osteoporosis, fracture, rehabilitation.

OP – 111

Ambulatory Treatment of Upper Limb Trauma and Nurse Engagement

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Abstract

INTRODUCTION: Outpatient treatment of locomotor injuries in general and upper extremity trauma in particular represents a medical, economic, social and scientific interest. Upper extremity traumas are injuries that are more and more common nowadays and are still a serious concern for individuals who suffer, their loved ones, and society.

Materials and Methods: Our study included 92 traumatized individuals, of whom 60 are male and 32 are female. 56 persons or 61% were from Tirana and 36 - 39% were from districts. The study covers the period January 2018 to the end of May 2019.

Results: Males were 60 individuals or 65.2% of the whole series, while females occupied 32 individuals or 34.8% of the whole series or just over 1/4 of all affected. The age most affected by traumatic injuries in our study is up to in 40 year olds, who make up 59% of cases.

Conclusions:

1- Upper partial injuries cause significant functional loss and occupy an important place in the case of traumatic injuries.

2- It is important to diagnose and treat these injuries in a timely manner.

3. The provision of first aid at the scene is of the utmost importance and plays an important role in the further treatment of this pathology.

Keywords: trauma, upper extremity, day surgery, ambulatory treatment.

OP – 112

Sports Trauma and Their Management

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Abstract

Introduction: Frequently the problems of patients / sportsmen who have a lack of interpretation of information are collected especially in the training area, where the information is related to the systems used. One major problem in the Sports Trauma aspect covers physiotherapists member sports, in real time, determine an immediate diagnosis after an emergency or observation of the traumatic event.

RESULTS: 60% of patients with immediate post-traumatic stress disorder recovered immediately after trauma or long-term hospitalization. In patients who were not treated at around 40%, it was found to be an emergency rate of recovery rapidly following ophthalmic surgery, as well as an emergency application in the emergency room.

CONCLUSIONS: Physiotherapists are required by the specialist to diagnose all types of sports trauma and the way that the patient is presented during an activity or during a probationary traumatic event, the knowledge of which has a direct impact on recovery and recovery. Eighty-three trained to manage problems related to traumatic events and post-traumatic events.

Keywords: Sports trauma, training area, physiotherapist, management.

OP – 113

Rehabilitation for Patients Following ACL Reconstruction

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Abstract

In our clinic, "San Vitale", patients are routinely referred for physiotherapy after ACL reconstruction.

However, to date the role and amount of supervised physiotherapy required has not been clearly established. We follow a model,

which has been developed by clinical observation, patient interaction, and by analyzing outcome measures derived from prospective follow-up patients.

The best outcome scores occurred in patients with combined program: ROM + Strength, a group who attended physiotherapy regularly after ACL reconstruction, comparison with those who attended only infrequently.

100 % of patients achieved normal knee extension and 97 % of patients achieved normal knee flexion.

Keywords: ACL, reconstruction, rehabilitation

OP – 114

Review Role of Rehabilitation in Neural Plasticity

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Abstract

Introduction: Verifying if physical therapy, neurostimulation techniques, aerobic fitness and video games can induce neural plasticity making it possible for cortical reorganization, motor recovery in patients, improvement of cognitive functions and transfer of spatial knowledge in everyday living environment.

Methods: There have been revised scientific articles respectively focused in the role of pain, the role of physical therapy, neurostimulation techniques and video games in cortical reorganization. Articles related to the role of pain have taken in the study subjects with pain, to observe its role in cortical reorganization. Studies related to physical therapy and neurostimulation techniques after cerebrovascular accident consisted on the involvement of these subjects which exposed to different neurostimulations. Also, related to cognition and video games subjects exposed to these interventions for cognitive benefits.

Results: From all articles reviewed there have been effective results of neurostimulation techniques, aerobic fitness and video games in cortical reorganization inducing neural plasticity toward motor recovery, improvement of executive functions and transfer of spatial knowledge.

Conclusion: Rehabilitation through locomotor training and neurostimulation techniques, improves mobility in subjects after a cerebrovascular accident due to cortical reorganization. Also, through aerobic fitness and video games there have been improvements of cognitive functions. This way, rehabilitation dedicated to the promotion of well-being and health urges beneficial neuroplastic changes in brain corresponding in functional improvement.

Keywords: Cortical reorganization, neural plasticity, aerobic fitness, video games, rehabilitation.

OP – 115

This abstract has been withdrawn.

OP – 116

Case Study, Impact and Efficacy of Physiotherapy in Anterior Gleno-Humeral Dislocation on the Geriatric Age.

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Abstract

Background; Dislocation anterior of gleno-humeral joint is when the head of the humerus is out of the shoulder joint due to direct or indirect forces. This is the most frequent dislocation, among all human joints. About 1.7% of people have anterior gleno-humeral dislocation during their lifetime. Purpose Evaluation of the efficacy of

physiotherapy in the treatment of anterior gleno-humeral dislocation in geriatric patients.

Material and Methods. Case study, a patient 82-years old treated at University Hospital of Trauma Where initially the Orthopedic doctor has restored the head of the humerus into the shoulder joint through the Kocher method, it's recommended a tutor for a month. The patient underwent physiotherapy for 2 months.

The following tests were used: VAS, Apprehension Test, Relocation Test, Anterior Instability Test.

Results; Based on physiotherapeutic treatment that included 3 stages of treatment 1, 4 and 8 weeks. VAS rate at the beginning of treatment the patient reported vas values = 7-8; in week four Vas values were reported = 4-5; and in week 8 vas = 3. While based on Apley's Scratch test results unable to reach the physician- defined targets that meant poor mobility of the upper limb. In the second phase of rehabilitation this test results in difficulty performing the function of flexion / extension; internal / external rotation or abduction and adduction. At week 8 the patient was able to perform all required movements.

Conclusions: By physiotherapy we achieved the stabilization of articular ROM, improved muscular strength and mobility, improved neuro-muscular control, and patient preparation for functional recovery in activities of daily living.

Keywords; Physiotherapy, Dislocation anterior of gleno-humeral, Apley's Scratch Test

OP – 117

Radiation protection in Diagnostic Radiology

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Abstract

The aim is to emphasize the importance of radiation protection in medicine, to explain radiation protection protocols in Diagnostic Radiology, focused in occupational exposure, medical exposure and public exposure.

Introduction; Diagnostic Radiology includes general radiography, CT, CBCT, mammography, tomosynthesis, dental radiography (intraoral, panoramic and CBCT), bone densitometry (DXA) and fluoroscopy. All these diagnostic procedures use ionizing radiation (radiation that interacts with matter) – X-rays. Latest reports suggest that there are made about 4 billion X-ray examinations per year worldwide. Does the increasing demand for X-ray imaging procedures has implications for radiation protection of medical staff? The increase in uses of these procedures presents a challenge to ensure appropriate radiation protection of medical staff, patients and public members.

Material and Methods; World literature, practice and work experience.

Results; Radiation protection in medicine is important and unique for a number of reasons. Medical uses of radiation represent more than 99.9% of man-made radiation exposure and there are billions of these procedures occurring annually in all regions of the globe. Medical uses also result in the largest number of occupationally exposed workers and represent the largest occupational collective dose. This is the main reason why health professionals should be known with radiation protection and safety in medical uses of radiation, including roles and responsibilities, education, training, qualification and competence, and the management system for protection and safety.

Conclusions; Medical uses of ionizing radiation involve a number of health professionals performing radiological procedures such as diagnostic examinations.

Keywords; X-rays, radiation protection, ALARA principle, medical exposure, dose limits, shielding design, quality assurance.

OP – 118

Scoring Tool for Massive Transfusion in Abdominal Trauma

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Abstract

Shock index (SI), is considered as a rapid predictable indicator of hemodynamic instability in trauma patients. Herein, we sought to assess SI in patients with abdominal trauma.

We conducted a retrospective analysis for trauma patients between 2014 and 2017 in a Level 1 Trauma center.

Patients were classified into group I ($SI < 0.8$) and group II ($SI \geq 0.8$). Out of 1199 patients with abdominal trauma requiring hospital admission, 49% had $SI \geq 0.8$, 40% received blood transfusion, 14% received massive blood transfusion (MTP), and 27% had exploratory laparotomy. In comparison to lower SI group, patients with $SI \geq 0.8$ were significantly younger (28 ± 14 vs. 34 ± 13), had greater ISS (22 ± 13 vs. 15 ± 10), and had more positive FAST (36 vs 24%). $SI \geq 0.8$ group had more retroperitoneal hematomas (6.0 vs 2.9%), splenic injury (31 vs. 25%), more blood transfusion (58 vs 23%), MTP (25.8 vs 3.1%), exploratory laparotomy (32.6 vs 22.2%), splenectomy (8.4 vs 2.8%), longer hospital stay, and higher mortality (10.8 vs. 2.6%), $p=0.001$.

Liver and bowel injuries were comparable between the 2 groups. SI was significantly correlated with ISS ($r=0.35$) and GCS ($r=-0.314$). After adjusting for age, sex, ISS, GCS, and abdomen AIS, high SI was independent predictor of exploratory laparotomy (aOR 2.25, $p=0.001$) and MTP (aOR 8.07, $p=0.001$). ROCs and Area under the curve (AUC) showed that $SI \geq 0.80$ predicted the need for MTP (AUC=0.83) with 85% specificity, 65% sensitivity, 28% PPV and 96.7% NPV.

Shock index ≥ 0.80 on admission is associated with worse outcomes and can predict the need for MTP and exploratory laparotomy in abdominal trauma.

OP – 119**Endovascular Management in Abdominal Trauma**

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Abstract

Trauma continues to be the leading cause of mortality in young population. Truncal hemorrhage is associated with high prehospital fatalities in comparison to fatality rate in the extremity injuries due to the difficulty in controlling the bleed. The role of endovascular evolved rapidly in resuscitation, diagnosis and management stages of trauma patients. The endovascular management seems specifically promising in abdominal injuries, especially in the setting of others concomitant injury. In the resuscitation phase the Introduction of Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA) is an alternative to open resuscitative thoracotomy with aortic cross clamping to support the circulation until definitive interventions. The availability of hybrid operating rooms with angiographic radiology capabilities offers opportunities for the diagnostic and management of hemodynamic unstable patients by either temporary control of the devastating bleeding using endovascular balloon or with embolization and stenting. This presentation reviews current literature and our experience with regard to the endovascular management in abdominal trauma.

OP – 120**Solid organ injuries**

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Abstract

Solid organ injury includes the liver, Spleen, kidneys and pancreas in isolation or combination. They are known to be highly vascular and thus represent a major source of bleeding post trauma especially with blunt mechanisms. This fact makes them important determinants of mortality and morbidity and a challenge for care giver facing significant poly-trauma in trauma centers regardless of age or gender. The management is multidisciplinary.

Those who are hemodynamically unstable with positive FAST will have an immediate exploration laparotomy to control the bleeding accordingly; some cases need a damage control approach in resuscitation and operatively and often a postoperative CT scan and angio-embolization if suspected ongoing bleeding, pseudo-aneurysm or AV fistula is identified before return to OR for definitive completion and fascial closure.

On the other hand Non Operative Management (NOM) is recommended treatment for those who are hemodynamically stable or respond to initial resuscitation and that represent the standard. The advantages decrease LOS, blood transfusion. NOM take place in ICU with close observation clinically, laboratory and imaging repetition within 48-72h with or without the addition of angio-embolization which help to increase the success of NOM and control early posttraumatic pseudo-aneurysm development eliminating risk for delayed bleeding by blocking bleeding damaged vessels. Failure rates are variable for different organs; renal (0-10%), Hepatic (1-15%), Splenic (2-52%). Important management controversies remain where to admit, when to determine failure, role of angio-embolization, how long should you keep those patients? Timing for thromboprophylaxis, post-splenectomy vaccination timing, vaccination after angio-embolization, follow up and needed rest.

OP – 121

Revisiting Open abdomen

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Abstract

Open Abdomen remains a life-saving procedure in selected patients and a potential source of morbidity and mortality. Data suggest that it is over-utilized and there is generally low compliance to published guidelines. It is main use in critically injured patients with massive bleeding often

abdominal and ongoing massive transfusion and to a greater less use in acute care for septic abdomen with septic shock, mesenteric ischemia and acute severe pancreatitis. Nowadays, it is used rarely for controlling abdominal compartment syndrome not responding to aggressive medical treatment. Advances in resuscitation have impacted the frequency of utilizing this technique and some novel interventions like direct peritoneal resuscitation have impacted also it is use and the expedite closure course as well as advanced open abdomen dressing techniques.

Those cases are prone to a multitude of local and systemic complications both in short and long term and thus it is demanding condition with high associated morbidity (30%), cost and mortality (ranged 11-39%).

The concept of total management of opened abdomen is “key”, and represents a multidisciplinary team of highly motivated health professionals to enhance and optimize the management of these vulnerable and sick patients with open abdomen in a global and inclusive model of care. Well-designed protocols and prospective research trials is in high demand to further clarify the problem and inform clinician decision making and best practices.

OP – 122

The Challenges in Diagnosis and Management of Blunt Bowel Injury

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Abstract

Blunt abdominal trauma causing bowel injuries are uncommon and found in about 1% of patients undergoing CT evaluation. Clinical signs of bowel injuries such as abdominal tenderness, rigidity, absent bowel tones are present in less than 50% of patients. Clinical evaluation is more difficult in polytrauma patients especially those with

head and spinal cord injuries. An absence of the specified CT findings was encountered in 9.1 % with surgically proven bowel injuries. The presence of free fluid in the abdomen without solid organ injuries: Mesenteric tear which may or may not require repair, missed solid organ injury. Fluid leaking from retroperitoneal hematoma associated with a pelvic fracture. Postoperative complication of intestinal anastomosis after blunt abdominal trauma. We reviewed all intestinal injuries in adult patients who underwent laparotomy for blunt abdominal trauma between January 2008 and December 2015. One hundred sixty patients with intestine injuries were identified. The overall incidence of abdominal complication was 17.5%. Wound infection 10%. Intra-abdominal abscess 8.1%. Anastomotic leak 3.8%. There were two deaths occurred because of the complication from the bowel injury. Based on finding, it can be argued that patients, who have blunt small or large bowel injuries, even if operated early, have significant morbidity and mortality. Blood transfusion, high lactate level and number of re-laparotomies were found to be significantly related to intra-abdominal complication.

OP – 123***Cast Treatment of Achilles Tendon Tear After Surgical Repair. Cast Technician Perspective.***

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Abstract

Introduction: The aim of this study is to show the results of cast treatment of Achilles tendon tear patients treated surgically during 2017-2018 from the cast technician's perspective.

Materials and Methods: We studied all the cases with complete tear of Achilles tendon treated surgically in our Institution during

period of January 2015 until December 2016. All data were collected and analyzed according to package SPSS version 20. Frequencies and percentages are used to evaluate variables. We considered significant p values less than 0.05.

Results: During 2017-2018 there are 77 cases with complete tear of Achilles tendon treated in our Institution. 7 Cases (9.1%) were females and the age group were 25-35 years old. 5 Cases out of 9 females were right side and 2 were left side. 70 cases (90.9%) were males and out of these 7 cases (10 %) were in the age group 25-35 years old and 50 patients (71.4%) are in the group age 35-45 years old and 13 patients were above 45-year-old. From these patients 55 patients were tendon ruptures of the right side and 15 were left side. All patients were treated surgically first and then with cast. 70 cases were acute tears and 7 cases were chronic tears with the later having prolonged rehabilitation time. Correlation of variables of initial time of treatment and rehabilitation is significant p<0.05.

Discussion: Complete tear of Achilles tendon patients reported in our Trauma center treated surgically followed by cast treatment have been 77 cases during period of 2017-2018. Male gender has dominance. Type of treatment is surgical repair of tendon. Time of surgery is crucial in rehabilitation outcomes. Preferred treatment should be surgical repair followed by cast immobilization.

Keywords: Achilles tendon tear, cast immobilization.

OP – 124***Urinary Tract Infections in Women During Hospitalization***

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Abstract

Introduction: A urinary tract infection (UTI) is caused by different types of bacteria which multiplying in urine. When the infection affects the lower part of urinary tract it is

known as a cystitis or bladder infection. Nurses in urology department must be able to treat uncomplicated low urinary infection in women.

Material and Methods:in this retrospective study are included 125 women treated in our department during a period between January 2017 - 2019, which were catheterized during hospitalization. Catheterization was performed with siliconized Foley catheters while during catheterization we followed all antiseptic and disinfection rules.

Results:in 125 women aged between 20 - 70 years old hospitalized in our department in a period between June 2017-2019, the risk of urinary tract infections in the first three days was very low, respectively, only in one of the patients (0.8 %) contamination of the urinary tract with bacteria was recorded. With the extension of catheterization time, the risk of developing urinary tract infections increased progressively, so one week after catheterization the lower urinary tract infection was recorded in seven women (5.6%), whereas ten days after catheterization in eleven patients was registered the presence of urinary tract infection. Most of the patients with urinary tract infections were over thirty-five years old. Urine culture showed that the most common cause of urinary infections was E. coli, while the patients were treated with more frequent replacement or sometimes with complete removal of the urinary catheter and the administration of antibiotics according to the antibiogram results.

Conclusion:in patients hospitalized in the urology department the most common risk factor for the development of lower urinary tract infection are duration of catheterization, age and female sex. Nurses play an important role in early detection and follow-up of patients with urinary tract infections.

Keywords: low UTI, women, nurses.

OP – 125

Premature Birth and the Contribution of the Midwives

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Abstract

Introduction:According WHO, a birth is premature when it happens before 37 gestational weeks calculated from the first day of the last menstrual period. Risk factors that affect in this pathology are classified in two groups: 1) spontaneous, 2) fetal/maternal reasons or both.

Materials and Methods: This is a retrospective study. The information is collected from the clinical charts for the period January 2018 till December 2018. Demographic data of the mother were also taken into consideration (which are expressed in frequency and percentage) and how they affect premature birth as well as the risk factors how they affect premature birth too. Data processing was performed by SPSS 20.0 package. We used chi-square test for the categorical variables and the p value 0.05.

Results:For the period January 2018 till December 2018 have born 6620 babies of which 515 (7.7%) are premature births. The age group of mothers are: 17-24 years old 35.7%, 25-30 years old 26.3%, 30-35 years old 22% and over 35 years old 16%. The correlation between the age variable and the diagnoses is significant and the p value is 0.01. The rate of the mother which deliver for the first time (primipare) was 292 cases (56.7%) and pluripare 223 cases (43.3%). The most dominant influencing factor was high blood pressure with 241 cases (46.8%). The correlation between diagnoses and risk factors variables was significant with p value 0.001. 78% of the mothers delivered by caesariansection. 139 patients (27%) used tocolytics.

Conclusions:From 6620 babies that have born, 515 of which are premature births. The most dominant influencing factor in this diagnose was high blood pressure and 78% of the babies have delivered by cesarean section. The young age of the mother but also the age of 35 and over affects the premature birth.

The low use of tocolytics are due to the low cases of membrane premature ruptures. Midwives' contribution is seen in the proper care and implementation of the tocolytics described. The midwife helps the mother identify early signs of premature birth activity as well as helps her identify and minimize risk factors.

Keywords:Premature birth, tocolytics, caesarian section.

OP – 126

Post-traumatic stress syndrome, in hospital ward settings

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Abstract

Introduction:This Reference discusses recent findings from epidemiologic surveys of traumatic events and posttraumatic stress disorder (PTSD) in the workplace, including prevalence, risk factors and consequences, risk associated with specific traumatic events, and on morbidity and comorbidities associated with these events.

Materials and Methods:We have had a descriptive study in voters, presentation of 100 Nurses. On tire exams you score points for exposure, PTSD, Look in survey sheets calling the terms 'trauma' and 'post traumatic stress disorder' in in combination with 'prevalence', 'distribution', we have limited SUT statistics between 2013 -2017, and dealing with comprehensive tire exposures and traumatic service.

Results: Recent community studies show that trauma exposure is higher in low-income countries compared to high-income countries. The highest rates found in post-conflict settings. Trauma, PTSD risk factors are distributed differently in low-income countries than in high-income countries, which contribute most to this risk. Care is either very low or not at all.

Conclusions:Trauma exposure is also associated with some chronic physical

conditions. These findings indicate a high burden of trauma exposure in low-income countries and in post-conflict settings, where access to trained health professionals is usually low.

Keywords:Epidemiology, Post Traumatic Stress Disorder.

OP – 127

Nursing Care in Patients with Ocular Trauma

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Abstract

Introduction: Eye trauma is one of the most popular causes of vision loss in the developed world. Open or penetrating eye trauma can lead to vision loss through cataract or glaucoma. The etiologies of eye injury vary in urban areas compared to other settings, and vary from place to place, between different regions of the world and between different demographic or socioeconomic classes. It consists in recognizing the features of this pathology, recognizing and preventing its etiological factors before it occurs and appearing and aggravating it.

Treat every person, patient affected by ocular trauma based on anamnesis, diagnosis, medical therapeutic treatment. Nursing staff assist with physical assessment, possible nursing diagnoses, planning, nursing interventions to reduce the time for recovery. therapies and advice on avoiding its etiological factors.

MATERIAL & METHODS: The clinical signs of ocular trauma are widely recognized; Prescribing and correctly applying the five stages of nursing to the patient: To accurately describe the imaging diagnostic tool for ocular trauma; Data on persons, patients, when they are most affected by ocular trauma, and how they experience it.

Conclusions: The nurse manages to accomplish the 5 stages of nursing in a patient with ocular trauma. He / she manages to identify the characteristic signs of ocular

trauma and formulate his or her nursing diagnoses. Perform and applies treatment safely as prescribed by the physician. Advises the sick patient on what to do and what not to do.

Keywords; Eye trauma, ocular trauma, nursing diagnoses.

OP – 128

Managing Patients in Trauma Emergency Department

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Abstract

Background: Emergency Admission Service has been nationwide since 1993 with three Ministries, Education, Health, Defense. Where he also received the appointment S.U.Q.U. In 2013 with DCM I switch to SUT. Me 2015 with decisions on The Government is also integrated into the Military Sp. On the urgency of admission there are an average of 50-70 cases per 24 hours, of these 4-5 cases with politrauma every day. Some come directly and many more from district hospitals. Emergency patient management often faces times with different problems. This reference aims to highlight various complaints, suggestions and possible solutions to the urgency of SUT has been around for almost 23 years and is the only one in the National range.

Material and Methods: A sectional study was performed on over 300 patients in trauma emergency for a period of 2 months, from 1.11.2016 to 31.12.2017

Results: Men are mostly the main victims, and road accident are the leading causes. Injuries include more than 2 specialties, coordination between different specialties in patient management in a timely manner.

Conclusion: A well-trained team specializing in trauma management with a standard procedure, standard protocols well, are the keys to an effective management of poly trauma patients.

Keywords: Polytrauma, selection, Emergency admission, triage.

OP – 129

Nursing Ethics in Trauma Patients

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Abstract

INTRODUCTION: The word ethics is derived from the ancient Greek ethos - habits, customs and ethics – i moral: Ethics is the science of morality (no, moris- the Latin word for habit, adet). The purpose is to give a clear description of the concepts and terms of ethics in the field of nursing. Ethics is a very broad field, and has been a key pillar of medicine in all periods of history around the world, whose recognition and study it is much needed while practicing the profession for all health staff this paper has emphasized the importance of ethics in general, which has an impact on staff performance health, the aim is to evaluate the knowledge, attitudes and experiences of nurses in relation to with healthcare ethics and legal rules in the field of nursing: delivery of ways to formulate answers to questions and guide actions. Offers one a framework for resolving issues, problems and conflicts. An essential issue of this paper is the ethical nursing attitude towards patients at SUT

Materials and Methods: The study is of a qualitative nature, included in the study total 24 nurses of Reception, Consultation, Emergency at SUT, and is done their questionnaire survey consisted of 10 questions.

Results: Nurses with regard to knowledge about ethics have claimed that according to the belief

they possess high knowledge of ethical responsibilities in the field of nursing, and that they have gained this knowledge from work experience, university studies and attendance at training, courses, conferencing, ethics plays an important role in the professional work of health care personnel, but must always respect and work ethically.

In this paper, we place special emphasis on knowledge, experience and ethical attitudes of Nursing care professionals. The importance and the irreplaceable role of health care professionals in care for patients, a skilled, motivated, aware staff is a condition for development and the proper functioning of their internships in health care institutions the necessary patient services while always adhering to ethical norms.

Keywords: communication, conflict, solutions, nursing ethics, the role of nurses.

OP – 130

Management of Hypoxemia in Severe Asthmatic Status in ICU. A Case Report.

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Abstract

Introduction: Acute asthma is an episode of progressive increase in shortness of breath, cough, wheezing, or chest tightness, or some combination of these symptoms. If not treated immediately there will occur increase in flow resistance causing increased work of breathing, gas exchange inefficiency, respiratory muscle exhaustion and finally hypercapnic and hypoxemic respiratory failure. Acute severe asthma carries a high morbidity and mortality.

Case Report: A 24-year-old female presented to the hospital emergency room with breathing difficulty. The patient was a known case of bronchial asthma since years. The patient presents one-day history of shortness of breath, cough, chest pain. At the beginning presented to the hospital emergency room of UHC “Mother Teresa”. After CT thorax, results Pneumediastinitis and transferred to the hospital UH “Shefqet Ndroqi”. The patient has a history of 5 years with regularly spotted bronchial asthma...

Conclusion: Acute severe asthma carries a high morbidity and mortality. It may be classified as mild/moderate/severe or life threatening. Peak Expiratory Flow rate is a good indicator of severity of the attack. B₂ agonists by nebulization are the first line of therapy for acute severe asthma. Nebulization with anticholinergics is an adjunct and has no role as the sole medication in an acute asthmatic attack. Steroids are to be given in all patients, but antibiotics to be prescribed only where indicated.

Keywords: Asthma, mechanical ventilation, pneumomediastinum, acute respiratory failure.

OP – 131

Anesthesia and Perioperative Management in Liver Resection, our Experience.

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Abstract

Introduction: The patients with colorectal adenocarcinoma very often developed hepatic metastases. Resection of them still remains the best treatment of disease. Hepatectomy carried about 20% mortality rate. The most important intraoperative factor is major hemorrhage and hypotension and postoperatively the main reasons are hemorrhage, coagulopathy, renal failure, pulmonary, and cardiac disturbance till biliary fistula and liver failure. Anesthesia and perioperative management have resulted in diminished value of mortality and morbidity at the same time.

Materials and Methods: In that retrospective study we enrolled 6 patients ASA II- III, from January to July 2019. All patients treated for liver malignancy diagnosis after colorectal carcinoma in elective surgery and received general anesthesia with fentanyl 1-2 µg/kg/h,

propofol 4.0µg/kg/min via target-controlled infusion and vecuronium 0.001mg/kg/min and sevofluran 2%. All patients are monitored with continuous central venous pressure (CVP). We recorded mean artery pressure (MAP), heart rate (HR), CVP, amount of transfusion, incidence of complications and discharge from intensive care and hospital.

Results:Female/male report was 66,6% vs 33,4%. The age of patients were 53-72 years with a mean $\pm$ SD age of 65.1 ± 9.5 years. CVP was 0-5. Amount of blood was 2.5 unite during innervation. Average of days in intensive care was 3.83. Renal compromised was 3%. Ascites and edema were 50%. All patients were discharged home after 14.66 days.

Conclusion:Optimizing hemodynamics and fluid administration and reduced the administration of blood therapy using low CVP (0-5).

Keywords:blood transfusion, CVP, liver surgery, perioperative management.

OP – 132

Management of Acute Cardiac Tamponade Following Cardiac Procedures.

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Abstract

Cardiac tamponade is defined as a hemodynamically significant cardiac compression caused by pericardial fluid. The number, specific type, and complexity of percutaneous cardiac procedures continue to evolve, most common causes of acute cardiac tamponade are: rupture of aortic dissection, coronary laceration during PCI procedure and massive hemopericardium after pericardiocentesis. Tamponade is an absolute indication for urgent drainage, either by pericardiocentesis or surgical pericardiotomy.

For nine consecutive months 10 cases of acute cardiac tamponade due to hemopericardium was recovered in ICU of cardiac surgery. All the patient were in cardiogenic shock and immediately 9 of them was performed median sternotomy and one pericardiocentesis with insertion of central venous catheter. In 9 nine cases perforation of coronary artery was founded. One patient died due to heart failure after CABG.

Conclusion: In the era of increasing numbers of cardiac invasive procedures and the numbers of complication such an acute cardiac tamponade also increases. Aggressive treatment in ICU and immediate drainage of pericardium are lifesaving procedure for the patients.

Keywords:Cardiac tamponade, intensive care unit, peri cardiocentesis, surgical pericardiotomy.

OP – 133

Pneumoperitoneum after open Heart Surgery.

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Abstract

Introduction:Because of the close anatomic relationship of the pericardium, diaphragm, and peritoneal cavity, a benign pneumoperitoneum may occur following median sternotomy incision and cardiac surgery. The pneumoperitoneum results from inadvertent opening of the peritoneal cavity during the initial surgical incision or during the subsequent cardiac surgery. It is generally of no significance to the patient, although it must be distinguished from pneumoperitoneum occurring secondary to intraabdominal pathology or to retrograde dissection of extra alveolar air in patients on ventilatory support. One illustrative case is

presented. Patient after reoperation for mitral valve replacement in decompression situation massive ascites in abdominal cavity was seen. After that massive bilateral pleural effusion was removed for 4 consecutive days. Pneumoperitoneum, without, peritoneal signs and pneumomediastinum was diagnosed. Air passes from open sternal wound to mediastinum and peritoneal cavity through normal anatomic ways. After closure of sternal wound, air was absorbed in thoracic and abdominal cavity

Keywords: pneumoperitoneum, sternotomy, cardiac surgery, pneumomediastinum

OP – 134

Hydroxocobalamina is a Rescue Treatment for Refractory Methylene Blue Resistant Vasoplegic Syndrome During Cardiac Surgery A Case Report.

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Abstract

Introduction: Vasoplegic syndrome (VS) is a complication during cardiopulmonary bypass (CPB) (25%) and has a significant morbidity and mortality especially in the 5% of these patients non-responsive to conventional vasoconstrictor therapy. In such refractory vasoplegia manifests with hypotension, low systemic vascular resistance and normal or increased filling pressures. Conventionally methylene blue has been the drug of choice and effective as rescue therapy. It may not be effective in all patients. Recently hydroxocobalamina is effective and an alternative method of managing refractory vasoplegia even in methylene blue resistant VS. We report a case of VS during CPB and a successful managing Treatment.

Case Report: We describe a young male patient, in chronic hemodialysis with infective endocarditis undergoing tricuspid valve repair and aortic valve replacement surgery. Standard ASA monitoring and general anesthesia was induced with propofol, fentanyl, midazolam and cisatracurium to

facilitate intubation. When being weaned on cardiopulmonary bypass, the patient experienced VS, hypotension during an immediately following CPB. The patients' blood pressure did not increase after the administration of a high dose of vasopressor use, epinephrine, vasopressin and norepinephrine. Therefore, he was initiated on a dose of methylene blue 2mg/kg but his blood pressure didn't reach the normal range. In conclusion the decision was made to administer intravenously hydroxocobalamina 5 g through the CPB circuit and within 20' of administration the patient was separated successfully from CPB in a stable condition with a low dose of vasopressor support. On arrival to the ICU the patient was taken off completely from vasopressor (norepinephrine) and did not require additional vasopressor boluses. On postoperative day 3 the patient was transferred to the cardiac step-down floor in a good hemodynamic condition.

Conclusion: This is the case of VS on CPB unresponsive to vasopressor support and methylene blue whereas responsive to hydroxocobalamina which potentially indicates that the effect of hydroxocobalamina is significant or that the two drugs have synergic effects with one another in one or multiple mechanisms.

Keywords: Hydroxocobalamina, vasoplegic syndrome, CPB, vasopressor.

OP – 135

Anesthesia Challenges in Sleeve Resection in Thoracic Surgery

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Abstract

Introduction: Sleeve resection and especially tracheal reconstruction require experienced team and good skills. Most of the cases are

non-small cell lung tumour and sleeve lobectomy is performed when is possible to save pulmonary tissue,

Material and Methods: During 2018-2019 have been done 5 patients, and all are males' non-small cell pulmonary carcinoma. Mean age 63 +- 6 year.

Four were sleeve lobectomy (one was post stenotic abscess and post chemotherapy) and one of them was right pneumonectomy with tracheal reconstruction. Postern-lateral thoracotomy was used for all patients and "compartment lymphadenectomy". We use double lumen tubes (one lung ventilation), total intravenous anesthesia (TIVA) propofol + remifentanyl

All patients are extubated in OR. Monitoring includes: Respiratory rate, capnometry, Invasive blood pressure, ECG, SpO₂, temperature, urine output.

Results: All are discharged at 8th postoperative day (except the patient with pulmonary abscess 15 days). We have documented all the anastomosis after four weeks under the flexible bronchoscopy.

Conclusions: Most challenged moments are: correct position of the tube under flexible bronchoscopy, apnoeic hyperoxygenation, lung protection ventilation, ventilation from the surgical field and emergency extubating.

Keywords: Sleeve resection, carinal reconstruction, TIVA, apneic hyperoxygenation.

OP – 136

Preservation of Fingers Length after Traumatic Amputations

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Abstract

Introduction: Traumatic amputations rarely occur in scenarios other than combat situations; however, when they do occur, they are emotionally and physically debilitating.

Success in replantation depends on appropriate and time-sensitive care of the patient during the initial presentation to a health care facility, usually the emergency department (ED). It is the responsibility of the emergency care provider to know how to manage amputations and initiate proper care that will lead to a satisfactory outcome. The adage "life over limb" accurately describes the priorities in the prehospital care of traumatic amputations.^{7,8} The prehospital care provider is tasked with caring for not only the injured patient but also the amputated part. Stabilization of life-threatening injuries, control of hemorrhage, and appropriate storage of the patient's arrival at the ED is usually chaotic, as patients with an amputation can be distraught. They may be agitated and combative, flailing a partial amputation around and, thus, making their injury worse.

Surgical Techniques: Depending on the type and location of the amputation and the length of time since it occurred, the patient may be a candidate for replantation. The amputated part suffers similar physiologic derangements as the patient in shock. The goal of replantation is to provide a functional part with reasonable sensation and mobility.

Conclusion: Traumatic amputations are devastating and debilitating injuries. The results of replantation are rarely perfect, but with a time-efficient and pragmatic approach to management, satisfactory cosmetic and functional outcomes can be achieved.

Keyword: injury, trauma, amputation, replantation.

OP – 137

The First Dorsal Metacarpal Artery in the Treatment of the first Web Space Burn Wounds of the Hand

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Abstract

Introduction: Electrical injury often causes deep burns involving underlying soft tissue and bone. Other associated complications

include vascular and neurologic injuries, fracture, subluxation of joints. Rapid resurfacing of the wound inessential to enable early mobilization and optimum recovery of hand function. Description: A 34-year-old right-hand-dominant man sustained an electrical injury to his left hand. He presented with deep burns to the first web space and the dorsal aspect of the index finger. The excision of the eschar resulted in exposure of bare tendons. FDMA flap was done. Around three months later, the patient had normal hand function.

Discussion: If the resulting tissue is limited to superficial soft tissue loss, a skin graft may be sufficient for coverage. However, if there is exposure of the deeper structures including loss of peritenon, the resulting defect should be closed with local or regional flaps or free tissue

transfer. Island FDMAF is a reliable option with many advantages. It does not involve sacrifice of any major vessel. It provides acceptable functional and cosmetic outcomes regarding skin match, elasticity, durability and sensitivity. So, it may be considered a novel use.

Conclusion: The FDMA flap is a versatile flap for covering first web space defects on dorsal or volar aspects. This flap can perform with a minimal donor site morbidity which provides sensation, length, stability, mobility as well as aesthetics.

Keywords: Hand burn, epidemiology, treatment, outcome.

OP – 138

The Reconstruction of the Crural Soft Tissues with Reverse Sural Flap after the Pathologic Tibial Fracture in the post Combustional Abandoned Wound - A Case Report.

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Abstract

The patient H. A., 57 years old, from Durrës, is hospitalized in the “Clinic of Plastic and Burn Surgery” on January of 2018, with

diagnosis: “Pathologic tibial fracture, from the bone exposition in an abandoned burn wound region”. The patient is transferred to us from the Orthopedic Clinic of the Durrës Regional Hospital, to cover the exposed bone with soft tissue for the healing of the tibial bone.

The patient had suffered a pathologic fracture 3 weeks ago, after a ten months period of the exposition of the distal $\frac{1}{3}$ of tibia in an abandoned burn wound, for which was treated with external fixation device. In the conditions of a aerobic devitalization of the bone segment, our college asked the transfer of the patient in our clinic, to cover fractured bone with vital well vascularized soft tissues. Although, in our experience, the random adapt and safety reconstructive technique, in this case would be the reverse sural flap, the undertaking of the therapeutic decision was very difficult, because of the split skin graft application in the whole crural region with the accompanied pathologic fibrotic tissue in the donor and recipient flap region.

The flap was outlined in the form of the traumatic defect and slightly larger in size. The flap pedicle was calculated to cover the defect after the rotation. The axis of the flap rotation was calculated about 150° to facilitate the venous drainage.

The flap was elevated respecting the standard technique in the subfascial plane, under the gastrocnemius fascia propria, with a 4 cm wide pedicle in a length till 7 – 8 cm over the lateral malleolus.

The patient was transferred after 3 weeks for the further treatment in the Orthopedic Clinic of Durrës Hospital.

As conclusion, we can say, that the reverse sural flap is one of the most safety flap in the correction of the defect of the distal third of the leg, and in pathologic local condition of the subcutaneous fibrotic alteration, after the burn trauma.

OP – 139

Management of Auricular Traumas in The Emergency Setting

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Abstract

Introduction: The external auricle has a high potential for injury due to its exposed and unprotected position alongside the head. A retrospective study by Bardsley and Mercer looking at hospital records in auricular injury cases revealed that human bites constitute the most common cause of injury (42%). This was followed by falls (20%), automobile accidents (16%), and dog bites (14%). The most common injury observed was incomplete amputation of the ear, usually helical rim tissue loss. Untreated open auricular injuries invariably result in infection, ensuing deformities, and further tissue loss.

Auricle avulsion or amputations may present with the complete involved segment or a portion thereof available for reconstruction. Isolated traumatic ear amputation is an uncommon event and frequently occurs in conjunction with major systemic or head and neck trauma.

Material and Methods: We present three cases we have treated in our setting presenting with partial or near total ear amputation. The etiology of the laceration was: cut with a glass, cut with a knife and sports injury. All three patients were male. The average age of the patients was 20 years old. Two of them arrived at the hospital within hours of the accident while the third arrived 40 hours after partial total ear amputation and restore of the amputated segment. The management of the cases and final results are presented.

Results: Satisfactory to excellent results were achieved in the two cases presented immediately after the injury. The final result remains to be seen in the third case.

Conclusions: Ear lacerations present a challenge for the reconstructive surgeon because of the intricate anatomy and the visibility of the ear. Final results depend on the degree of laceration, timing and type of the primary care and the general status of the patients. As such education of the primary care personnel is mandatory.

Keyword: Auricle injury, restore, Bardsley and Mercer, plastic.

OP – 140

Pia Flap in Hand Trauma Defects Reconstruction

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Abstract

Introduction: Soft tissue reconstruction of the dorsum of the hand is always a complex problem to deal with because of the involvement of muscle, tendon and bone. There are different flaps at our disposal that can be used to cover these soft tissue defects. This flap includes local perforator-based flaps, reverse flow forearm flaps, distant flaps like the groin and abdominal flaps and free flaps. Each of these flaps has their advantages and disadvantages.

The reverse posterior interosseous artery (PIA) flap is based on reverse flow through the PIA via anastomosis with the anterior interosseous artery and the dorsal carpal arches near the wrist. The distal reach of the PIA flap is also limited to the MCPJ of the fingers and the IPJ of the thumb. This work presents our experience with the use of reverse posterior interosseous artery flap for reconstruction of post trauma soft-tissue defects the dorsum of the hand.

Material and Methods: 5 distally based reverse flow posterior interosseous flap flaps were performed for hand reconstruction between 2010 and 2015. Each patient received a full surgical explanation and a written consent was obtained. All patients were males. Their ages ranged from 35 to 57 years old. The reconstructed areas included the dorsum of hand 4 cases and the first web space in one case. Two of the cases were post electrical burn sequelae, two other road accidents and one of them gun related injury. We measured in all of them the pedicle length, the artery diameter and the defect length. We decided to establish a one - year period of follow-up for all the patients to see the flaps conditions after time passing.

Results: We had complete survival of the flap in four of the cases and only one partial survival. We had to deal with flap bulking in

one of the cases after six months. The patients satisfaction varied from 7 to 9 in a scale from 5 to 10.

Keywords: Reconstruction, soft tissue, hand.

OP – 141

Indications of Lasers Treatment for Lymphatic Malformations

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Abstract.

The main therapeutic options for treating a lymphatic malformation are percutaneous drainage, surgery, sclerotherapy, laser therapy, radiofrequency ablation, or medical therapy. Cutaneous dermatologic lesions of lymphatic malformation, in type of superficial, translucent, localized or diffuse vesicles, are accessible to laser treatment. The useful lasers are essentially laser CO₂, and rarely pulsed dye laser and the Nd: YAG. Treatment by laser allows to obtain the ablation of vesicles by limiting after effects (scar) and so to dry up the transcutaneous lymphatic liquid. However, laser has no action on the deep constituent of the lymphatic malformation and it's why medium and long-term recurrences are inevitable. Finally, the indication of the laser must be retained only as a supplement to the surgery and has to be done by experienced persons. **Keyword:** lymphatic malformation, laser treatment.

OP – 142

Burns in Infants. Modern Trends in Management of Fluids During the Resuscitation.

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Abstract

Introduction: Burns are one of the common injuries of childhood. Because of the potential severity of their residual deformities, burn injuries in infants justify an early management in specialized centers when they cover more than 5% of body surface and in every case when hands, face, or external genitalia are concerned. The risk of death from a major burn is associated with increased burn size, decreased age, the presence of a full-thickness burn, the presence of inhalation injury.

Material and Methods: The current article is a case report and will review the management of ongoing effective treatment of the first phase: the resuscitation. This article is a part of a large study about the challenge of treatment in the phase of burned shock with colloids and plasma for a good judgment of a good resuscitation and in final of a good outcome.

Conclusions: Management of this age of pediatric burn patients remains a difficult challenge for clinicians from clinical, social and ethical perspectives. General treatment includes fluid and electrolyte therapy, temperature control, appropriate nutrition and pain suppression. Pain suppression is a major part of the treatment and morphine must be largely used. Chemical or electrical burn, radiation, associated CO intoxication or multiple trauma, as well as burn injury in infants, raise specific problems.

Keywords: Burns, burned shock, colloids, resuscitation.

OP – 143

Inguinodinia in Young People

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Abstract

Introduction: Groin pain syndrome usually describes the concern which is frequently encountered among young people. This concern is characterized by onset of pain across the inguinal canal region and

sometimes is aggravated by physical activity. Purpose is to represent our experience with the treatment of long-term inguinal pain in young people.

Material and Methods: This is a retrospective study in which we have included eighty-nine young people aged between 12 and 18 years. All of them complained of long-term pain along the inguinal region.

Results: All the patients included in this study were treated because of chronic embarrassing pain. In seventy of them the treatment was conservative with administration of minor analgesics of NSAID groups. In the seventeen others we performed hernioplasty sometimes followed by ilio- inguinal nerve neurolysis and resection of the genital branch of genitofemoral nerve, whereas in two patients because of the size of the hernia the tension free hernioplasty using a prolene mesh was the method of choice. Patients were discharged from day one to five after the operation and no any serious postoperative complications were observed. All the patients were discharged from the hospital two to four days after operation and no one complained of any other pain or distress. The patients were observed long-term after surgery

Conclusion: inguinodinia in young people may be a very distressful problem. In some patients the pain can be resolved conservatively with NSAID group analgesics, whereas in most of them hernioplasty sometimes combined with resection of the genital branch of genitofemoral and ilioinguinal nerve (neurolysis) is the best treatment procedure.

Keywords: young people, inguinodinia, hernioplasty, neurolysis

OP – 144

Recurrent Achalasia

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Abstract

Achalasia is characterized by impaired LES relaxation and by the lack of peristalsis in the distal esophagus it is accompanied by the loss of myenteric ganglion of the distal esophagus. it is not yet known why myenteric plexuses degenerate. is supposed to be an autoimmune process driven by a viral infection on a genetically vulnerable subject.

Heller myotomy achieves a significant improvement in patient signs but 5-year barium surveillance shows relapse is not uncommon and goes up to 90% for the third type. 69% of patients after surgery have at least one symptom after myotomy. The study reviewed the literature for 2013 to 2019 and assessed the role of Redo Heller. Botox Poem and esophagectomy. There are few studies of reintervention after Heller myotomy in patients with achalasia. Therapeutic Dilemma: What to Do After a Heller Myotomy? Balloon? Botox? , Poem? Esophagectomy? 69% of patients after surgery have at least one symptom after myotomy. Reintervention in some studies over 5 years goes up to 62% for the first type, 74% for the second type, and 87% for the third type. After reintervention the chances of reintervention are 50% for the next 2 years. An annual barium survey is recommended.

Keywords: Achalasia, myotomy, balloon, esophagectomy.

OP – 145

The Surgical Treatment of Secondary Hepatic Metastases from Colorectal Carcinoma.

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Abstract

Introduction:Colorectal cancer is the third most common cancer and the third leading cause of mortality among men and women in our country, and is represented by a vast number of cases diagnosed and treated in our clinic slightly second to gastric cancer. More than 50% of the patients with colorectal cancer (CRC) have or will develop metastasis, with a quarter having distant metastatic disease at the time of diagnosis, most frequently in the liver.

Liver metastasis is the leading cause of cancer-related morbidity and mortality in colorectal cancer. The only potentially curative treatment for liver metastasis is liver resection, but only 15% to 20% of the patients are suitable for surgical resection. Regardless the early diagnosis and the treatment strategy the survival rarely exceeds the 3-year period.

Treatment: Surgical resection remains one of the major curative treatment options available to patients with colorectal liver metastases. Surgery and chemotherapy form the backbone of the treatment in patients with colorectal liver metastases. This article provides an overview of the surgical management of colorectal liver metastases.

Conclusions: According to the data from retrospective and comparative studies the surgical resection remains the best choice of treatment followed by higher rates of survivability. Our experiences with cases operated with synchronous and metachronous liver metastases secondary to colorectal cancer, shows an increase in survivability by 25 to 50%, and in the meantime, there is no positive data in the conservatory treated cases limited to chemotherapy.

Keywords: Hepatic metastases; Colorectal cancer; Surgical resection.

OP – 146

Acute Colonic Obstruction

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Abstract

Acute colonic obstruction is a medical/surgical emergency because of the potential for bowel ischemia, perforation, and sepsis with peritonitis if not rapidly and appropriately treated. There are numerous causes of acute colonic obstruction, which must be differentiated from colonic pseudo-obstruction, which also is considered a medical emergency. Management options include medical therapy, surgical therapy, endoscopic therapy, and interventional radiologic therapy. Self-expandable metal stents (SEMS) have gained acceptance for alleviating acute malignant colonic obstruction and in some situations for preoperative relief of acute benign colonic obstruction. In this talk I will review the approach to the patient who has acute colonic obstruction.

OP – 147

Fasciitis necrotic, morbus Fournier is it a surgical emergency?

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Abstract

INTRODUCTION:The authors report their experience in diagnosis and treatment of one case of Fournier's gangrene; recent international literature review.

Complete clinical report. Diagnostic, clinical and prognostic indication, evaluation of effectiveness of surgical treatment (debridement and necrectomy) and follow-up; comparison between indications and multidisciplinary approach proposed by international literature.

Surgical treatment previous multimodal approach, according to international guidelines. Fournier's gangrene is an uncommon

and aggressive synergistic fasciitis of the perineum and genital organs, which may bring the patient to death; it is a true surgical emergency. The disease can no longer be considered to be idiopathic; in most cases a urologic, colorectal or cutaneous source can be identified. Despite antibiotics and aggressive debridement, the mortality rate remains high, particularly in the elderly, in patients with renal failure, and in patients with extensive disease.

The presentation is highly variable, necessitating a high index of suspicion. High risk patients include diabetics, alcoholics and debilitated and immunosuppressed individuals. Broad spectrum antibiotics and aggressive debridement remain the hallmarks of treatment. The surgical operation has to be performed in emergency to avoid a rapid spread of tissue necrosis and a possible development towards septic shock.

Keywords: Fournier's gangrene, debridement, anaerobic, surgical emergency.

OP – 148

Unusual Abdominal Wall Abscess as a Consequence of Cecal Adenocarcinoma. A case reports.

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Abstract

Introduction: In old people the right lower abdominal pain must be suspected for right colonic and cecal tumor especially if the anamnestic data point to other complications such as anemia, weight loss and duration of illness for several months. In very rare cases this form of cancer can be complicated by abdominal parietal abscess and a presence of enterocutaneous fistula.

Case Presentation: 65 years old women presented in our department with severe right quadrant pain. On examination a large tender warm mass in the RLQ regions sized about 15 x 15 cm draining purulent discharge was detected. Laboratory analysis revealed the WBC 14600 Hemoglobin level 5.5 g/dl and

high level of tumor markers CEA 16.3 ng/ml and Ca 19/9 77 U/ml. Abdominal computed tomography showed the presence of a large mass in the cecum which adhered to a portion of the small intestine and extending to the abdominal wall. Laparotomy through the inferior midline incision was undertaken and a large malignant cecal mass adherent to the terminal ileum was found. The tumor also affected the abdominal wall in the RLQ region. A right hemicolectomy and resection of terminal ileum was performed including a small portion of the abdominal wall infiltrated by tumor mass. Ileostomy with abdominal wall reconstruction was successfully performed and the patient had a satisfactory recovery. After the recovery the patient continued treatment at the oncology clinic

Conclusion: locally advanced colon cancer presents a real challenge for the surgeon, whereas a multimodal approach is a necessary condition to improve the patient's condition and survival.

OP – 149

Serious Postoperative Complication after Anterior Intrapelvic Approach on the Treatment of Pelvic and Acetabular Fractures

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Abstract

Introduction: Anterior Intrapelvic Approach has been promoted as new and alternative approach on treating the fractures of the acetabulum. The intrapelvic approach was originally described by Hirvensalo in the early 90ies and a further comparable description was published shortly thereafter by Cole. Since then, various modifications have been described. Whereas the ilioinguinal approach was used until then to treat

acetabular fractures with relevant anterior column involvement from an extra pelvic view, the intra pelvic approach was developed to address the often-accompanied central hip dislocation in these fracture types with relevant fractures of the quadrilateral surface. Since we have started to use this approach, we have never used anymore the classical Letournells approach on the treatment of acetabular fracture, eventually the anterior pelvic ring fractures. With this approach a completely different view to the antero-medial acetabular pathology was possible. This approach has its specifics, on the fixation technique, instruments, implants, but also the intraoperative risks and complications.

Materials and Methods: Consecutive group of 27 patients were treated by using the AIP approach in the period between December 2017 and May 2019. The surgeries of patients were performed at the University Clinic for Traumatology – Skopje. Fracture reduction and treatment outcomes were assessed by clinical and radiological examination. In our experience, there was no intra operative complication, only 2 patients had postoperative complication.

Results: We present two serious postoperative complications in the group of 27 patients with acetabular fractures. No complication occurred intraoperatively. One of the complications was damaged of small intestine during wound closure, on an old patient with unstable pelvic fracture. Three weeks after surgery appeared feces in the wound. After sutured the wall of small intestine, washed and sutured the wound, the patient was stable. Second postoperatively complication is an undisciplined psychiatric patient, pelvic fracture C type, with polyuria (cca 30 l/per day), due to failure of the osteosynthesis material, the plate has late postoperatively damaged the urinary bladder with derivation massive amount of urine in the wound. The plate has been removed, urinary vesicle sutured, catheterization and cystostomy were performed.

Conclusion: The AIP approach seems to be safe method of treating acetabular fractures that allows good visual access and allows excellent fracture reduction. Our preliminary results revealed a much lower incidence of complications during surgery than traditional

approaches, except post-operative complications.

Keywords: Anterior intrapelvic approach, acetabular fractures.

OP – 150

Transfer of Trochanter Major Bone Flap for Treatment of Stage II^B-III^B of Femoral Head Osteonecrosis.

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Abstract

Introduction: Femoral head osteonecrosis or Avascular Necrosis is a condition caused by a compromise of the blood supply as a result characterized by the death of osteocytes and bone marrow.

Osteonecrosis of the femoral head (ONFH) usually affects young adults in the third and fourth decades of life. There has been an increasing trend in its diagnosis and treatment in latest years in Albania. Every year about 15,000 - 18,000 new cases are diagnosed in the United States. According to the literature, about 5%-12% of hip arthroplasties are performed for the treatment of this condition every year. It starts with one femoral head being affected first; bilateral involvement occurs in two years in 72% of cases.

The goal of a vascularized bone flap transfer is to replace the necrotic bone of the femoral head, restore the blood supply, and provide new bone and mechanical support for the femoral head.

Results: We are using the anterolateral approach to the hip. The incision is made 30-50 mm. The interval between the rectus femoris and vastus lateralis is split and the transverse branch of the lateral femoral circumflex artery is identified. Carefully the pedicle is isolated and protected. The vascularized bone flap is harvested from the greater trochanter. Necrotic bone is debrided through a bone window made at the junction of the femoral neck and head. The cancellous bone from the greater trochanter is implanted,

and the vascularized bone flap is positioned and fixed. Patients are partial weight bearing for 6 weeks. Full weight-bearing is allowed after 3 months postoperatively.

Conclusion: Patients with symptomatic ON with small lesions should be treated with head-sparing procedures. Patients with large lesions in pre-collapse hips should be treated with head-sparing procedures if the patients are young or have THA in older patients. For patients with a collapsed femoral head, THA is the recommended option.

Keyword: Femoral head, osteonecrosis, avascular necrosis.

OP – 151

Surgical Treatment of Acromioclavicular Dislocation Grade III or IV with thigh Rope System, a retrospective study on the Clinic of Traumatology-Skopje in the period of 2015 to 2018.

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Abstract

Introduction: Acromioclavicular (AC) dislocation is a common injury with incidence of 3 to 4 per 100 000 in the general population. It is more common in younger athletic patients. In 1984, Rockwood modified Tossy et al and Allman classification to include types IV, V, and VI and we use that classification. The aim of our study is to evaluate surgical treatment of AC dislocation grade III or IV with Tight Rope system and functional results.

Materials and Methods: On the Clinic of Traumatology, Skopje in the period of 2015 to 2018 year were treated 32 patients with type III (14 patients) or IV AC dislocation (18 patients) with female to male ratio 0.45 (f:m=10:22). Inclusion criteria were applied to all patients. Three radiographic views were used: AP view, true axillary view and stress view of both sides of the AC joint and CC ligament. Surgical technique for thigh rope technique was performed.

Results: Dash (Disabilities of the Arm, Shoulder and Hand) and VAS (Visual Analogue Scale) scores were evaluated preoperatively and postoperatively. The DASH questionnaire was used as an indicator of the impact of an impairment on the level and type of disability.

Conclusions: The technique proved to be effective in treating acute AC dislocations (Rockwood type III or IV) with a high degree of excellent and good functional results.

Keywords: Dislocation, acromioclavicular, injury, technique.

OP – 152

Prediction of the Fractured Femur by using Quantitative Gait Analysis

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Abstract

INTRODUCTION: Femoral shaft fractures during childhood cause femoral torsion abnormalities and significant deviations of gait characteristics. Majority of the survivors achieve an independent ambulation by the help of various compensations. However, there is no study investigating the primary gait deviations causing these compensations. Our premise was that the parameters used in compensation can be the predictors of the fractured femur.

Materials and Methods: We examined both femora of fifteen children admitted to our hospital for unilateral femoral fracture in twelve, and bilateral in three. Eight were male and seven were female. The average age was 9.56 years (5-15 years). We treated five of eighteen fractured femora by open reduction and plate-screw, eight by closed reduction and retrograde titanium elastic nail and five with spica cast. They were followed up with an average period of 22.94 months (9-48 months). At the final assessment we evaluated each patient with computerized

tomography, radiographies and quantitative gait analysis. Kinematics and kinetics parameters were collected for the both femora.

Results: Logistic regression analysis showed that fractured femora could be predicted with a correctness of estimation of 86.7 % ($p=0.006$). The model used 3 parameters out of 16 (foot and hip abduction moment, pelvic excursion in coronal). Sensitivity and specificity of prediction was found to be nearly equivalent.

Discussion: This study showed that the fractured femora can be estimated using gait analysis parameters. Uncorrected femoral torsion and angulation effect gait parameters but there are upward and downward compensation mechanisms to restore the significant deviations of gait characteristics. One of the compensation mechanisms of the excessive femoral torsion is open kinetic chain pronation and so foot abduction power is the most predictive value of the femoral torsion. Pelvic excursion is the main upward compensation mechanism and so it is in the model. Changes in hip abduction moment is the result of femoral ante torsion's effect on the lever arm dysfunction.

OP – 153

Treatment of Antero Lateral Head Dislocation Associated with Monteggia Fracture

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Abstract

Introduction: Treatment of chronic radial head dislocation is still controversial. Radial head open reposition combined with ulnar osteotomy and correction is the best solution in these cases.

The aim of our study is to show the patients with overlooked antero-lateral dislocation of

the radius head with or without an ulnar fracture, treated at our clinic.

Material and Methods: In this study, we used cases treated from 2009-2014, 9 patients with this condition were treated on the University Clinic of Pediatric Surgery in Skopje, Macedonia. Operative procedure contains open reposition of the dislocated radial head with ulnar osteotomy and annular ligament reconstruction. 4 weeks immobilization is indicated after the surgical treatment in order to achieve neutral rotation.

RESULTS: During the 24 months follow up period, clinical and radiological investigations were performed. Good radial head position was noticed in 7 patients and anterior subluxation in 2 patients. Full flexion and extension elbow movement were detected in 6 patients in our study, the pronation and supination were acceptable and valgus position was corrected.

Conclusion: After the evaluation of the presented cases, we can conclude that the open reduction and corrective ulnar osteotomy, fixed with the plate, shows good results in the overlooked antero-lateral luxation of the head of the radius with or without ulnar fracture in children.

OP – 154

Surgical Treatment of Orthopedic Shoulder Pathologies under Arthroscopic Route

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Abstract

Introduction: The majority of shoulder pain problems involve the muscle, ligament, cartilage and tendons. In particular, athletes and skilled workers are especially susceptible to issues involving shoulder blade pain or shoulder joint pain. Because of repetitive, intensive routines, shoulder pain can develop over time. This way, the patients

expect a short recovery in time from surgical treatment.

Materials and Methods: This study included 64 patients from 2015 to 2019 aged 20 to 74 years who were all undergoing surgical treatment for calcified subacromial bursa, impingement syndrome, tendon rupture, tenopathy and of scapulohumeral resection of biceps, all in arthroscopic route. In this study group, the operative time, hospital stay, rehabilitation and recovery period were monitored.

Results:

- Operator time of 40 min for pathologies only with calcifications of subacromial bursa and up to 1 hour 50 min of scapulo humeral luxation.

- 58 cases with one day hospital stay, 6 cases with two days hospital stay.

- The beginning of rehabilitation in the days before post-operative and in the second week for rotator cuff and that of scapulo-humeral luxation with the onset of limited passive movements.

- Rapid recovery from the first weeks to the 3rd month for rotatory cuff and that of scapulo humeral luxation.

Conclusions: Arthroscopic minimally invasive surgical technique helps us to quickly heal patients and reduce hospital costs in short duration hospital stay.

Keywords: Shoulder, pathologies, surgical treatment.

OP – 155

Pediatric Blunt Renal Trauma: A Single Institution 20 Years' Experience

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Abstract

Introduction: Kidney is the most common site of genitourinary trauma. 50% of all urinary injuries is kidney and is also affected in 8-12% of all blunt and penetrating trauma to abdomen. 80-90% of renal injury is caused by blunt injury GY. Children, when compared to adults, are at a higher risk of renal injury from blunt trauma due to a variety of anatomic factors including decreased perirenal fat,

weaker abdominal muscles, and a less ossified thoracic cage. While there are strong trends toward non-operative management of blunt renal trauma, there are no explicit guidelines for high grade injuries.³⁻⁵ Organ preservation in children is always a primary goal with solid organ injury.

Material and Methods: All patients under the age of 18 who were admitted to Clinic for Pediatric surgery in Sarajevo with a diagnosis of renal trauma were retrospectively reviewed. Echo and CT were used to identify patients with a renal injury. The time period examined was between January 1, 1999-2019. Inclusion criteria were either a diagnosis of renal trauma or a diagnosis of blunt abdominal trauma and hematuria. Exclusion criterion was death due to an additional traumatic injury.

Result: Demographics include male to female ratio of 13:6 and the average age of patients was 11.9 + 4.6 years. Of the nineteen patients who underwent review, eleven (57,89%) children presented with a grade III renal injury, and eight (42,11%) with a grade IV injury. Six patients presented with gross hematuria and 3 with microscopic hematuria. Only four patients (22%) required blood transfusions, with the average hematocrit nadir being 31 + 5.3% (24.8-37.8). One of the two patients transfused had a concomitant grade IV splenic laceration with a hematocrit nadir of 24.8% and clinical symptoms consistent with shock.

Conclusions: The specificity of the child's anatomy is an aggravating prognostic factor (the kidney is larger in relation to the body cavity than in adults, less protected against the ribs, the muscles of the body and the lower abdomen, the less developed peritoneal and retroperitoneal fatty tissue).

It is recommended to initiate conservative treatment (leaching, infusion solution, monitoring) and possibly delayed surgical treatment

Indications for early surgically treatment are reserved only for patients with bleeding (absolute) and extravasation (relative)

If it is necessary surgical treatment should be maximally preserve kidney tissue

Keywords: Kidney, pediatric, blunt, trauma

OP – 156

Application of the Monti Procedure in Adult Continent Cutaneous Urinary Diversion.

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Abstract

Introduction: Monti and co. described in 1997 a continent catheterize conduit using short segments of the ileum (1). The use of this technique allows to obtain 2 to 2.5 cm segment of the ileum to achieve a tabularized segment of 7-8 cm. The caliber of such a tube allows catheterization with a 16F to 18F catheter, and the mucosal folds of the ileum are aligned with its longitudinal axis.

Materials and Methods: From 2007 to 2019 we treated 5 patient with different condition with these procedure. First case was a middle age women with a big vesico-vaginal fistula unappropriated to close the fistula. Second case a posterior urethral stricture due to pelvic fracture in a 60 years old patient unwilling to redo a urethroplasty after the failed first attempt. Two cases of primary urethral tumors in womens where excision of urethra was performed with subsequent urethroplasty. The fifth one was a 20 years boy with spina bifida where an augmentation bladder procedure (2) was performed with a urinary continent Monti diversion. The patient were monitories for several years.

Results: The continence rate of our patient was good in all of them during day time and night time. All the patient where continent

and achived to do a successful self-intermittent catheterisation

Conclusion: The Monti tunel is a valid option for continent intermittent catheterisation. Is an alternative to Mitrofanoff procedure. We used it when the appendix was not appropriated to use as a tunel or when it is missing. It has a good continent percentage. Of course, ours is a small serie of cases to represent more important conclusions

Keywords: Monti Procedure, Urinary Diversion, urethral stricture, vesico-vaginal fistula.

OP – 157

Influence of Drugs on Urological Diseases

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Abstract

Introduction: Induced urological symptoms as side effects of prescribed treatment for various diseases.

Materials and Methods: A systematic search of the PubMed of numerous articles.

Results: Antihypertensive drugs, predominantly alpha blockers, result in stress incontinence, while selective serotonin reuptake inhibitors – SSRI, may cause urge incontinence. Commonly used combination of calcium and vitamin D supplementation for prevention of osteoporosis may be an underdiagnosed cause of renal calculi. Drug-induced sexual dysfunction is a frequent side effect of antihypertensive treatment, particularly with beta adrenoceptor blockers and diuretics. The SSRI and some neuroleptics can also impair sexual function. Mesalazine for ulcerative colitis, subsequently presented recurrent renal colic due to mesalazine urinary stones. Drug-induced nephrolithiasis is a rare condition in children. Drug-induced calculi represent 1-2% of all renal calculi.

Conclusions: Adverse influence of drug reactions may be hard to forecast and link to

specific drugs and symptoms. Urological illnesses can be caused by drugs, and a careful drug history, and drug interaction filter together with timeline of symptoms will help to minimize such side effects.

KEYWORDS: Drugs, symptoms, side effects, urological, diseases.

OP – 158

Shock Wave Lithotripsy Versus Semirigid Uteroscopy for Proximal and Distal Ureteral Calculi less than 1,5 cm

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Abstract

Introduction: We compare the efficacy of shock wave lithotripsy and ureteroscopy as well as complications related to these procedures.

Materials and Methods: This is a prospective randomized study comparing two groups of patients with a single radiopaque upper or distal ureteral stone less than 1,5 cm treated by ESWL and ureteroscopy between January 2014 – January 2018. ESWL was performed as an outpatient procedure using the electromagnetic lithotripter (Dornier Lithotripter S and Storz Modulith_SLX_F2 lithotripter). Uteroscopy was performed using an 8,5F semirigid ureteroscope. Intracorporeal lithotripsy with pneumatic or electro-hydraulic energy was used when needed. An analysis was performed using four parameters (sex, stone size, degree of hydronephrosis and urinary infection). The success rates, complications, retreatment rates and auxiliary procedures were compared for each group.

Results: A total of 327 patient were treated for upper and distal ureteral stones . The success rates were 73,7 % for ESWL and 88, 4 % for ureteroscopy. The complication rate was higher in the ureteroscopy group (16 %) than in the ESWL group (5 %). The retreatment rate was higher in the ESWL group (57 %) than the URS group (3 %).

Conclusions: ESWL and URS are highly effective in treatment of proximal ureteral stones less than 1,5cm. ESWL is safer and less invasive but URS is more effective especially in distal ureteralstones and has a lower retreatment rate.

Keywords: Shock wave lithotripsy, semirigid ureteroscopy, ureteral calculi.

OP – 159

A Review of Dietary Treatment in Patients with Renal Stone.

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Abstract

BACKGROUND; The aim of this study was to review the studies reporting the effects of different dietary on urinary stones.

Materials and Methods:A systematic search of the Pubmed for studies, (2010 – 2015), on dietary treatment of urinary risk factors for urinary stone formation was conducted according to a methodology developed a priori. Studies were screened by titles and abstracts for eligibility.

Results:It remains a state of fact that diet has a tremendous effect in urinary stone formation, and calcium stones persist to be the most common ones, followed by acid uric stones. However, according to recent studies: in hypercalciuria; dietary calcium restriction is not recommended for stone formers with nephrolithiasis. moderate dietary salt restriction and a low-normal protein intake is useful in limiting urinary calcium excretion and thus may be helpful for primary and secondary prevention of nephrolithiasis. Omega-3 fatty acids and bran of different origin maybe help but the impact is uncertain. In hyperoxaluria: a diet low in oxalate and/or a calcium intake normal to high (800-1200 mg/day for adults) reduce the urinary excretion of oxalate, conversely a diet rich in oxalates and/or a diet low in calcium increase urinary oxalate.

Conclusions:General measures: Each patient with nephrolithiasis should is the forced increase in fluid intake to achieve a daily urine output of 2 liters.

In children: Moderate dietary salt restriction and implementation of potassium intake are useful in limiting urinary calcium excretion. A balanced consumption of fruit and vegetables and a low consumption of chocolate and cola according to general nutritional guidelines.

In elderly: A restriction of sodium intake in association with a higher intake of potassium, magnesium and citrate is advisable in order to reduce urinary risk factors for stone formation but also to prevent the loss of bone mass and the incidence of hypertension.

Keywords:Diet, fluid intake, stone, urinary system.

OP – 160

Correlation between Prostate Specific Antigen and Prostate Biopsy

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Abstract

Introduction:Prostate specific antigen (PSA) is a protein produced by prostate gland cells. PSA is increased in diseases such as prostatitis, hyperplasia and malignancy.

The correlation between different pathologies affecting the prostate gland and their corresponding elevation in PSA values is not constant, and exceptions may occur.

The purpose of this study is to identify the range and distribution of different prostate lesions affecting men, their association with age and evaluation of the association between total serum PSA and histological findings.

Materials and Methods:This study included a total of eighty specimens (both transurethral resection of the prostate and prostate biopsy) taken at the histopathology laboratory, in the urology service of the University Hospital Center “Mother Theresa” Tirana, Albania, for

a period of one year. Materials obtained for Biopsy were examined under light microscopy for final evaluation and diagnosis. All PSA values were recorded for all patients before the procedure was initiated. Statistical analysis was done using tables containing data distribution in different formats and arithmetic mean ...

Results:About 59% of the subjects studied were in the 55-70 age group. maximal PSA value ranging from 0 to 7 ng / ml benign prostatic hyperplasia was the predominant lesion (58.75%) in the study population, while $P < 0.01$ indicating a positive association between levels in increased PSA and chances of adenocarcinoma, results were statistically significant.

Conclusion:The results showed that the chances of finding prostate malignancy are in direct proportion to the trend of increasing PSA values, but not always a rule, but it makes the histopathologic assessment very detailed.

Keywords:Benign prostatic hyperplasia, prostate, prostate specific antigen.

OP – 161

Congenital Injuries Amniotic Band SINDROM

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Abstract

Focal ring constrictions of the extremities and atual loss a digit or limb are rare complication. Their gebesis is debated. Strecker (1930) and others since, maintain that localized failure of germ plasm usually is responsible for the abnormalities. Torpin (1968) and others contend that the lesions are the consequence of early rupture of the amnion which ten forms adherent tochs bands that costrict and at times actually ampute an exteremity of the fetus. Occasionally, the amputated part may be found within the uterus.

Congenital POSTURAL DEFORMITIS: Mechanical factors arising from chronically low volumes of amniotic fluid imposed by the small size and inappropriateness of deformity, including talipes or clubfoot, scoliosis, and hip dislocation. Hypoplastic lung also can result from oligohydramnios.

OP – 162

Acute Kidney Injury After Major Trauma: A Systematic Review

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Abstract

Acute kidney injury is a frequent complication following major trauma, it is accompanied by a high mortality rate and survivors are at increased risk for chronic kidney disease and late death. In published researches, the incidence of post-traumatic acute kidney injury (AKI) is at a range that varies widely from 0.1 to 8.4%. The causes of post-traumatic acute kidney injury (AKI) are multifactorial. The shock associated with major trauma may result in inadequate renal perfusion, rhabdomyolysis, direct kidney blunt or penetrating trauma, sepsis, hypothermia, abdominal compartment syndrome, or exposure to nephrotoxins such as contrast material and antimicrobials. Demographic patient characteristics such as male gender, older age, preexisting CKD, higher incidence rates of pre-existing comorbidities (hypertension, cardiovascular disease, diabetes, chronic obstructive pulmonary disease, metastatic cancer, hypoalbuminemia) use of (ACEI) or ARB have been implicated as predisposing to AKI. Numerous strategies and techniques have been used from time to time for prevention of acute renal during major trauma. Dialysis is initiated for the usual indications, including volume overload, hyperkalemia, severe acidemia, and uremia, but it is possible that variations in the timing of initiation,

modalities may affect clinical outcomes. In this systematic review, we highlighted the magnitude of the problem. Efforts must be directed to improving recognition of at-risk patients, development of preventative strategies, and surveillance of long-term clinical consequences.

Keywords: Acute kidney injury, major trauma, treatment, mortality.

OP – 163

Post-Traumatic Renovascular Hypertension

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Abstract

Introduction: There is documented evidence that after renal trauma (open or closed) after a different period of time we have arterial hypertension manifestations with renal vascular hypertension (HTARV) that is similar to that of Goldblatt who discovered in 1934 during autopsy of patients who suffered from HTA as a result of renal artery stenosis.

To verify his hypothesis, he artificially occluded the renal artery in dogs to reduce blood perfusion (apparently caused by hypoperfusion and ischemia) during which the experiment began to increase the blood pressure in the dog as a result of increased hypoperfusion. renal hypertension causing vasoconstriction and increased arterial pressure. In most cases, the mechanisms of renal hypertension are manifested as a result of traumatic perirenal hematoma, intracapsular hematoma with renal artery injury and renal parenchyma causing hypoperfusion and renal hypertension and renal hypertension.

Injury treatment was conservative (grade I-III, and surgically-grade IV-V according to the American Society for Surgery and Trauma, 1989 renal injury classification) and HTA reversal in normal condition are proofs of the concept of HTARV.

The purpose of the study: was to verify the increase in arterial pressure (unusual and rare

cases of possible port) as a result of traumatic kidney injury.

Material and Methods: As a retrospective study material, a database of admissions to the Surgery and Intern ward was used as a retrospective study over a two-year period, identifying 10 patients, of whom 6 were males and 4 females with identical mean ages of 24.00 ± 6.00 years as a result of traffic trauma. Diagnosis of renal trauma is performed by screening: urine, imaging methods, glomerular filtration rate with the Tn99 DTPA and formula to the Coccroft & Gault formula; ultrasound, computed tomography, intravenous pyelography; Angiography.

Results: Of the total number (10 patients), 3 patients had grade IV-V injuries and were surgically treated (1 with nephrectomy and 2 days of revascularization) while 7 had grade I- kidney injury. III and were treated conservatively. All patients treated surgically had an immediate decrease in their hypertension. All patients had HTA observed after a 2-week pre-treatment period until 7-8 months. After treatment, their condition was reabsorbed and arterial pressure normalized to normal values. Only 3 patients showed the need for antihypertensive treatment with ACE inhibitors within two years which showed high positive effects and arterial pressure normalized to normal values.

Conclusion: Due to the serious complications of arterial hypertension after major renal trauma we prefer that it should be evaluated with a very serious approach and management as soon as possible by determining the degree of injury and according to the method of treatment (conservative or surgical).

Keywords: Renal trauma, renovascular hypertension.

OP – 164

Circulating Inflammatory Biomarkers and Clinical Outcomes in COPD Caused by Biological Pathogens.

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Abstract

Introduction: COPD is the fourth leading cause of death worldwide. Exacerbation episodes are a hallmark of this disease. COPD exacerbation is characterized by a change in the patient's baseline dyspnea, cough, and/or sputum beyond day-to-day variability sufficient to lead to a change in medication. Infectious causes (bacteria, viruses, and atypical pathogens) and non-infectious causes (environmental exposure and poor compliance with medications) have been described. GOLD recommend antibiotics for the treatment of exacerbations.

COPD exacerbation and Systemic and airway inflammation play roles in the pathogenesis of COPD exacerbation. We hypothesized whether increased serum inflammatory biomarkers are associated with the clinical outcomes of COPD exacerbation caused by different infectious pathogens.

Materials and Methods: COPD patients with exacerbation were recruited from a Clinical Hospital in Tetovo internal-department during januari juli–2019. C-reactive protein (CRP) were measured. Dyspnea, eosinopenia, consolidation, acidemia, and atrial fibrillation score was calculated for predicting mortality. Multiplex polymerase chain reaction was carried out for respiratory viral assay from nasopharyngeal swabs, and sputum bacterial culture was also performed, length of hospital stay were evaluated, and serum biomarkers were examined.

Results: A total of 51 COPD patients were enrolled. These patients were classified as (GOLD) stage 2, 3, and 4 in 13.2%, 8.6%, and 78.2% of cases, respectively. Isolated bacterial exacerbation was recovered in 30.6% of exacerbation episodes: Klebsiella pneumoniae was the most commonly identified bacteria. Viral pathogens and coinfections were noted in 9.6% and 16.1% of exacerbated patients, respectively. Influenza was the most commonly detected viral pathogen. Serum biomarkers and (Dyspnea, eosinopenia, consolidation, acidemia, and atrial fibrillation) score for viruses, bacteria, coinfection, and noninfectious causes of exacerbations were similar. Neither (Dyspnea, eosinopenia, consolidation, acidemia, and atrial fibrillation) score nor serum biomarkers were able to differentiate patients with and without

mortality. Increased serum CRP was noted in patients with LOS ≥ 7 days when compared with those with LOS < 7 days (0.38 ng/mL vs 0.1 ng/mL; $P=0.035$).

Conclusion: CRP and (Dyspnea, eosinopenia, consolidation, acidemia, and atrial fibrillation) score play limited roles in predicting clinical outcome and lack an association with causes of exacerbation.

Keywords: biomarkers, inflammation, viruses, bacteria, COPD exacerbation.

OP – 165

Diagnosis and Treatment of Kidney Injuries

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Abstract

Introduction: Kidneys trauma represents about 1 to 10 % of all intraabdominal injuries. It is estimated that more than one third of patients with polytrauma they also have renal lesions. The most common causes of this lesions are blunt injuries such as road traffic accident, powerful strokes in the lumbar region, fall from great heights, contact sports etc., while penetrating trauma of the kidneys represent only a small percentage of this injuries. In most cases kidney trauma is harmless and can be treated conservatively, so the patients do not require surgical intervention. However, in cases of major injuries, or in the case of pre-damaged kidneys a more serious treatment should be taken. One of the most characteristic signs of kidney damage is the presence of blood in the urine, whether as micro or macroscopic haematuria.

Material and Methods: in a period between January 2016 - 2019 fifty for patients have been treated at our clinic because of mild renal trauma-grade I to III according to the AAST. After admission in our department a urine sample was taken from each patient for investigation of micro or macro haematuria. At the same time a complete blood count was done. Ultrasound as a useful and accurate

screening examination was undertaken in all patients. It can detect with great accuracy the kidneys hematomas and can give us accurate information on whether CT should be performed. The initial management of all patients involve basic resuscitation and dynamic monitoring of patients' general condition.

Results: from fifty for patients included in this study 35 of them was male and 19 females with an average age of 38.6 years. The most common cause of acute renal injury were traffic accidents in 39 patients, then lesions due to physical attacks in 7 patients, fall from great heights in 6 of them and accidental injuries in sports in two cases. After admission in our department laboratory investigation (urine and blood count) as well as abdominal ultrasound was done in all patients. Abdominal CT was performed in 28 patients due to suspicions of more serious injuries. According to the data from ultrasonography and CT and based on the classification of AAST scale in 34 patients the injury was classified as mild (grade I), in 18 others as a grade II, while only in two of them as a grade III. All the patients were treated conservatively which includes supportive care with bed-rest and observation along with carefully followed up of patients until macro haematuria resolves.

Conclusion: Recovery of traumatic kidney injury requires time and good monitoring of the patients until their full recovery, which can last from 2 to 6 weeks.

Keywords: trauma, kidney injury, conservatively.

OP – 166

Exercise Induced Rhabdomyolysis with Acute Kidney Failure. A Case Report

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Abstract

Introduction: Rhabdomyolysis is a clinical syndrome caused by damage to skeletal muscle fibers with disruption and release of their contents into the circulation.

Its etiology can be highly varied. Exercise induced rhabdomyolysis is an uncommon cause of severe rhabdomyolysis and a very rare cause of acute kidney failure. We report a case of acute kidney failure following heavy exercise during exposure under extreme temperatures of 42°C in a healthy young adult.

Case report, a 26 years old boy was admitted at Nephrology department due to acute kidney failure. He had a three-day history of myalgia, weakness and dark color urine. During last 36 hours showed anuria.

A day before his complaints, he referred strenuous exercise (raising bags of 50kg) under temperature of 42°C the whole day. He suffered from headaches for a year that he treated with ibuprofen 400 mg one tablet a week.

At the time of presentation, he had urea 94mg/dl, creatinine 9.8 mg/dl, ck 3085U/l, potassium 5.5 mmol/l. The initial treatment consisted of fluid replacement and forced diuresis.

Patient received daily sessions of dialysis for the first ten days and then three times a week for 7 days. On 28-th day he manifested prolonged polyuria for 9 days with the urine output in excess of 7 l/day at maximum. Complete recovery was observed after two months of follow up.

Conclusions: Rhabdomyolysis is not an uncommon condition. It is a life-threatening condition but a completely curable one. Depending on severity of renal impairment some patients may need long term dialysis support.

Therefore, early diagnosis and prompt referral to appropriate center is crucial to save life.

Keywords: Rhabdomyolysis, acute kidney failure, heavy exercise, dialysis.

OP – 167

The Efficacy of Nebulised Adrenaline in the Treatment of Children with Acute Bronchiolitis

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Abstract

Introduction: Bronchiolitis is an acute disease of the lower respiratory tract characterized by obstruction of small airways. Usually It is provoked by infection of the respiratory tract from some viruses whereas the most common is respiratory syncytial virus (RSV). In the treatment of this condition, are used various drugs such as β_2 agonists and nebulised adrenaline.

Material and Methods: Forty-five children aged between one to ten years with first attacks of acute bronchiolitis were included in this study. All the patients were treated in our institution in a period between January 2017-2019. After admission and detailed examination by the paediatrician fifteen children were treated with the mixture of salbutamol 0.15 mg/kg (max. 5.00 mg) whereas thirty other children with adrenaline (0.1ml/kg/dose in 1:10,000) in 3 ml saline solution, administered via nebuliser.

Results: According to our results the best respiratory enhancement was recorded in children after administration of adrenaline via nebuliser. The respiratory rate had fallen from 75 breaths per minute to less than 50 breaths per minute, whereas the heart rate was significantly increased. In all these children was registered a significant improvement in SpO₂ - from 91 to 98. In children treated with salbutamol, the rate of respiratory improvement was lower, respectively respiratory rate had fallen from 75 breaths per minute to less than 60 breaths per minute whereas arterial SpO₂ from 90 to the level of 96.

Conclusion: Adrenaline is a very effective drug in improving oxygenation and support of infants with bronchiolitis in comparison with β_2 agonists.

Keywords: Adrenaline, bronchiolitis, children.

OP – 168

C3 Glomerulonephritis in post Transplanted Patient with monoclonal gammopathy of renal significance (MGRS). A Case Report

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Abstract

Introduction: C3 glomerulopathy includes several rare forms of glomerulonephritis with underlying defects in the alternative pathway of complement cascade. It is characterized by predominant C3 deposition in glomeruli due to abnormal activation of the alternative pathway of complement system. C3 GN has been reported to be associated with several systemic diseases

Material & Methods; We will describe a case presenting C3 GN in a patient with monoclonal gammopathy of renal significance (MGRS)

Results: A 61 years old man patient presented with gross hematuria, anemia, renal disfunction (creatinemia 2,4 mg/dl), proteinuria 814 mg/24 h. The patient was transplanted two years ago and he was taking corticosteroids, MMF, tacrolimus and entecavir for hepatitis B. Serum protein electrophoresis; hypogammaglobulinemia with a small homogeneous spike-like peak. Serum Kappa free light chains 32,4 mg/dl, serum Lambda free light chains 9.3 mg/dl. Ratio 3,4. Autoimmune tests ANA, ANCA, Anti ds DNA C3 and C4 were negative. Urine Kappa Light Chains 26,4 mg/24 h, urine Lambda Light Chains 6,6 mg/24h. Urine Kappa/Lambda ratio 4. After consultation with hematologist results of bone marrow biopsy came for monoclonal gammopathy, and FISH conclusion is presence of t (11,14) (q13, q32) which originated from IgH / CCND1 recombination and 1q21 acquisition. Renal biopsy is C3 glomerulopathy with mesangial and diffuse endocapillary proliferation under light microscope and diffuse deposition of C3 and no immunoglobulin under immunofluorescence microscope.

Conclusions: Monoclonal gammopathy of renal significance MGRS is a term to describe a group of hematological disorders associated with kidney disease that fail to meet the standard definitions for MM or lymphoma. In such cases, the renal impairment is often linked to the underlying hematological disorder. The intention was to make a clear distinction between MGUS, a benign asymptomatic condition, and MGRS, which may be associated with significant morbidity and mortality.

Keywords: C3 glomerulopathy, complement, MGRS, renal disfunction

OP – 169

Influencing Factors in the Evolution of Renal Transplant Patients.

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Abstract

Introduction: Currently kidney transplantation is the treatment of choice for patients with Chronic Renal Disease in advanced stage when GFR <15ml / min / 1.73 sq.m2. Despite new treatment regimens with immunosuppressive drugs and new supportive therapies, the task of the clinician following these patients remains difficult due to the high morbidity and the increasing number of concomitant diseases. Also in recent years new medications and treatment schemes have been associated with new complications that may affect the transplanted organ recipient by significantly altering their outcomes and clinic.

Our study through multivariable analysis identified some of the major factors affecting graft and patient life expectancy such as dyslipidemia, hypertension, proteinuria, anemia, but all of these factors combined with donor and recipient age, with hemodialysis pre-transplant duration. , from severe or mild

infections passed on by recipients, like many of these factors we cannot disconnect from treatment with immunosuppressive drugs that make these risk factors more influential.

In this respect, this study is of value because in this complex situation of combining many influential factors, we may intervene in some of them to improve the prognosis of the graft and recipient.

Keywords: kidney transplantation, immunosuppressive, supportive therapies

OP – 170

An Albanian Experience in Laparoscopic Treatment of Esophageal Achalasia

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Abstract

Introduction: Achalasia is a rare primary motility disorder of the esophagus that affects one person in 100,000 per year and is characterized by the absence of esophageal peristalsis and incomplete relaxation of a frequently hypertensive lower esophageal sphincter (LES) in response to swallowing. Treatment of the pathology include; Non-surgical 1. Medicaments such as Nifedipine and Nitrates, 2. Endoscopy (Balloon dilatation, use of botulinum toxin type A) and the most innovated POEM and 3. surgical methods (Heller myotomy with Door Fundoplication). Heller myotomy with fundoplication is considered worldwide the golden standard for the treatment of patients with achalasia.

Materials and Methods: A retrospective survey was conducted between 2016-2019, including 19 cases diagnosed with: Esophageal achalasia who have undergone the procedure: Extra-mucosal Heller cardio-myotomy with Door Fundoplication in laparoscopy (15 cases were performed in the American Hospital and 4 cases were performed in University Hospital center “Mother Theresa” Tirana, Albania.)

Results: Related to the surgery procedure, only in 2 cases, during the interventions with Heller myotomy in laparoscopy, a perforation

of the esophageal mucosa occurred. In one case was proceeded with the resection of the distal esophagus because of the long stenosis of the lower esophagus, after previous Heller myotomy performed 20 years before the presentation. All the cases had a good post – operative recovery. On the 3rd. day of hospitalization, patients underwent radiographic studies with oral digestion of contrast (Barium), following a specific diet after the procedure and follow up (in 1 ,3,6 months) in the subsequent months showing improvement not only clinically but also in radiologic studies.

Conclusion: Heller Cardio myotomy with Door Fundoplication resulted in various clinical improvements; Reducing gastro esophageal reflux (GERD) and dissolving dysphagia (Major part of the patients had dysphagia for more than 5 years). There are significant results in reducing the lumen of dilated esophagus (in the radiographic studies obtained months later). Laparoscopic approach for esophageal achalasia is the most effective surgical technique that provides both short and long-term symptomatic relief with released hospitalization time and less complication rate. It is the intervention of choice especially in patients who have not responded to other methods, like prior endoscopic interventions.

Keywords: Achalasia, Heller, laparoscopy.

OP – 171

Tips and Tricks for Minimally Invasive Management of Acute Intestinal Obstruction.

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Abstract

INTRODUCTION: Main limitations of the laparoscopic procedure are visualization of the abdominal cavity and complications related to blind placements of laparoscopic tools. There are few selection criteria to be used for laparoscopic treatment of intestinal

obstruction such as suspicion of partial intestinal obstruction and suspicion of proximal intestinal obstruction. Some clinical parameters can predict the success of laparoscopic treatment, including improvement after nasogastric tube placement and no fixation of obstructed bowel segments to the retroperitoneum. Emergency surgeries are done without prior staging work up and therefore hold great risk for mortality. Self-expandable metallic stents (SEMS) provide time for preoperative evaluation of the patient's condition and allow the possibility of patient's medical condition to improve.

Materials and Methods: 3 patients who underwent minimally invasive treatment of acute intestinal obstruction are presented; "patient 1" with acute small-bowel obstruction due adhesions who underwent diagnostic laparoscopy, "patient 2" acute small-bowel obstruction due to intussusception and "patient 3" with acute large-bowel obstruction due to carcinoma of sigmoid colon who have had SEMS placed.

Results: In patient 1, diagnostic laparoscopy eliminated mechanical obstruction as a cause of symptoms and adhesiolysis was performed. In patient 2, diagnostic laparoscopy led to finding of two invaginations at jejunoileal transition which were desinvaginated during the procedure. In patient 3, colonic stent was positioned in patient's sigmoid colon which relieved obstruction due to luminal stenosis.

Conclusion: Minimally invasive operative treatment of intestinal obstruction is chosen according to the discussed selection criteria, where indications, contraindications, advantages and limitations of such procedure are carefully considered.

Keywords: intestinal obstruction, laparoscopy, exploration, desinvagination, stenting.

OP – 172

Treatment of Morbid Obesity with Laparoscopic Sleeve Gastrectomy

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Abstract

Introduction:

The epidemic of obesity in the World is a major public health issue and more than a third of adults are now considered obese (body mass index $> \text{or} = 30 \text{ kg/m}^2$). Surgery for morbid obesity, bariatric surgery, is the most durable treatment for this disease.

Primary bariatric surgery has been proven to be effective in weight loss and improvement of weight-related metabolic co-morbidities.

Materials and Methods: This constitutes a prospective study carried out in a tertiary care City Hospital in Skopje "8th September" and included 8 morbidly obese patients who underwent LSG. The operation was performed through one 15, one 12 mm and two 5 mm ports, using the Endo-GIA stapler to create a lesser curve gastric tube over a 36-Fr bougie.

Results: Operative time, complication rates, hospital length of stay, Body Mass Index (BMI), % of Excess Weight Loss (EWL) and appetite were evaluated. There were 3 females and 5 males, aged (mean $\pm$ SD) 35.5 ± 10.5 yrs and preoperative BMI $47.8 \pm 7.5 \text{ kg/m}^2$. Three of them had Diabetes mellitus type 2 ($8 \text{ mmol/L} \pm 3 \text{ mmol/L}$), Sleep apnea all of the patients, Hypertension four of them ($140/90 \text{ mmHg} \pm 20/15 \text{ mmHg}$). The operative time was 110.7 ± 30 min.

Conclusions:

Although the number of patients is relatively small, the data of this study indicate that laparoscopic sleeve gastrectomy is effective in weight reduction, normalization of diabetes mellitus type 2, loss of sleep apnea and normalization of blood hypertension. A higher number of patients and longer follow-up period will be necessary to evaluate long-term efficacy.

Keyword: Morbid, obesity, laparoscopic sleeve gastronomy.

OP – 173

Non- Surgical Weight Loss Procedures (Gastric Batox, Intra gastric Balloon)

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Abstract

Obesity is an epidemic worldwide and its incidence is continuing to grow up. Today more people die from obesity and its results than from hunger in the world. Being number one preventable death cause, obesity deserves to be prevented or treated.

Else than certain steps and measures to prevent obesity from beginning, which actually should be another subject, there are many options for its treatment as well. Medical therapy, endoscopic bariatric interventions and bariatric surgery are the main treatment options.

Bariatric surgery has its well-known specific risks which may prevent the patient from surgery and direct him or her to non-surgical treatments. Also there is another group of patients who are overweight or obese without meeting the criteria of bariatric surgery.

No matter what the reason is, there are and will be an important number of patients who would seek for non-surgical weight loss procedures. Using Type A Botulinum Toxin for weight loss is relatively new method.

My talk will include the technic of endoscopic gastric botulinum toxin injection, possible adverse effects and the results according to our experience.

OP – 174***Bariatric and Metabolic Surgery (Laparoscopic Vertical Sleeve Gastrectomy, Transit Bipartition, Ileal Interposition)***

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Abstract

The fast increase in the incidence of obesity makes it an almost worldwide epidemic. The health risks caused by obesity alone or as being a major component of the "Metabolic Syndrome" are mainly Type 2 Diabetes, Cardio-vascular events, Stroke, Articular problems, PCOS, Hypertension and Socio-psychologic problems. As well as being a major health treat, obesity and its results bring a considerable burden to the economies.

Manegement of obesity includes medical, endoscopic and surgical interventions.

Laparoscopic Vertical Sleeve Gastrectomy is considered as the primary or the first step surgical intervention to those with morbid obesity or heavier stage. Thanks to the advances in stapling technology and vascular energy devices, Laparoscopic Sleeve Gastrectomy has become a very effective and safe surgical treatment for obesity today.

Approach to an obesity patient, the decision for Laparoscopic Sleeve Gastrectomy (LSG), the steps to prevent complication and the the technic will be the main topics in my talk.

OP – 175***Standardized Laparoscopic Sphincter preserving total mesorectal excision for rectal Cancer***

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Abstract

Introduction:Current laparoscopy surgeries are not new in the treatment of rectal cancer in everyday practice, our goal is to describe a standard surgical technique of laparoscopic interventions in this region.

There are many descriptions of the surgical technique used for, total mesorectal excision laparoscopic as well as manual assistance, direct laparoscopy, hybrid laparoscopy including sphincter-saving procedure and abdominoperineal resection. The efficacy of laparoscopy for rectal cancer is still controversial due to the lack of data regarding long-term oncologic outcomes, patient selection bias, and technique of use. This study was designed to evaluate the impact of a total mesorectal excision standard laparoscopic sphincter preservation technique for rectal cancer neoplasia on the long-term outcome of an unselected cohort of patients.

This was a prospective study, and data were extracted from a prospectively maintained database. Consecutive patients with histologically proven rectal cancer underwent total mesorectal excision standard laparoscopic surgery.

Patients with previous conventional abdominal surgery defined as other than cholecystectomy or appendectomy and patients with morbid obesity defined as body mass index, tumors...were not excluded. The conclusion of the study was the long-term oncological outcome after a total mesorectal excision standard laparoscopic technique. The long-term oncological outcome includes the following variables: operative time, distal and lateral removal margins,

KEYWORDS: laparoscopy, total mesorectal excision, rectal cancer

OP – 176

Laparoscopic Inguinal Hernia Surgery (TEP - Sils TEP)

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Abstract.

Laparoscopic inguinal hernia repair originated in the early 1990s as laparoscopy gained a foothold in general surgery. Inguinal hernias account for 75% of all abdominal wall hernias, and with a lifetime risk of 27% in men and 3% in women. Repair of these hernias is one of the most commonly performed surgical procedures in the world laparoscopic hernia repair is similar to other laparoscopic procedures. General anesthesia is given, and a small cut (incision) is made in or just below the navel. The abdomen is inflated with air so that the surgeon can see the abdominal (belly) organs.

A thin, lighted scope called a laparoscope is inserted through the incision. The instruments to repair the hernia are inserted through other small incisions in the lower abdomen. Mesh is then placed over the defect to reinforce the belly wall.

Laparoscopic inguinal hernia repair has become a valid option for repair of an inguinal hernia, although the primary indication for the use of laparoscopic inguinal hernia repairs has been for bilateral and recurrent inguinal hernias. As more experience has been gained with the laparoscopic techniques, it is now used for the

repair of the primary/unilateral inguinal hernia. Potential benefits of the laparoscopic approach include quicker postoperative recovery and possible decreased incidence of long-term groin pain

OP – 177

Dislocation of Total Hip Arthroplasty, Current Concepts Review

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Abstract

Most of dislocations occur within the first 3 months following surgery 50%-70% of dislocations occur within the first 5 week to 3 months postoperatively, and more than 3/4 th of dislocations occur within the first year following surgery.

The cumulative risk of dislocation does not remain constant following THA, increasing with time due to trauma, polyethylene wear, increased pseudocapsule laxity and deteriorating muscle strength. The cumulative risk of dislocation within the first postoperative month is 1% and within the first year approximately 2%. Thereafter, the cumulative risk continuously increases by approximately 1% per 5-year period and amounts to approximately 7% after 25 years. Late dislocations are caused by progressive improvement in motion after surgery

Late dislocations are more likely to become recurrent and require surgical intervention.

Among all causes of revision hip surgery, dislocation is the most frequent, accounting for 22% of total hip revisions in US Medicare

data. Dislocation is also a relatively common complication, occurring in approximately 0.3% to 10% of all primary procedures.

Understanding the causes of hip dislocation can help the surgeon to identify factors related to the patient, the implant, and surgical technique which contributes to this complication.

With this understanding, most dislocations can be avoided.

OP – 178

Periprosthetic Fractures after Total Knee Replacement

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Abstract

Total knee replacement is one of the most common procedures in the today's orthopedic surgery. With the annual increasing number of total knee replacements done in the world, there is an increase in the number of complications.

Periprosthetic fractures are one of the most difficult and challenging complications in orthopedic practice even for the most experienced surgeons.

There are few proposals for classification systems and treatment algorithms but still there are no gold standard guidelines.

In our clinic annually around 100 total knees are implanted.

We present our experience in the treatment of these fractures in the period 2009-2019.

Keywords: Knee, fracture, surgery, orthopaedic.

OP – 179

Inserting Distal Screws into Interlocking Nails without Image Intensifier

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Abstract

Introduction: Accurate placement of the distal screws into the interlocking nails is a demanding procedure secondary to inaccuracy of the targeting device supplied with the system and to deformation of the nail during insertion. Distal locking can be time consuming and expose the patient and operation team to unnecessary increased ionizing radiation. We describe a new protocol for the insertion of the distal screws into femoral and tibial interlocking nails by using only another same length nail without an image intensifier.

Material and Methods: Twenty patients (eight tibiae and 12 femora), among those attended to our institution during the last three years treated with reamed, locked intramedullary nailing were included. After placement of the nail in a tibia or femur, a second interlocking nail at the same length is placed along the surgical limb. Using the proximal insertion jig provided with the system, proximal holes of the internal nail are locked with long screws passing through the nail-mounted outrigger to the far cortex. After avoiding the outrigger motion of the external nail, distal screws are locked successfully in all cases.

Results: In 20 consecutive distally locked nailing, the technique was easily mastered, helped to decrease the roentgenogram exposure and minimize the operating time when compared to freehand techniques.

Conclusions: This technique can be a safe alternative to the common distal targeting techniques. It is simple, safe, universal, reproducible, rapid and inexpensive, avoiding the use of distal targeting guides. It can be used without an image intensifier.

Keywords: interlocking nails, distal screws, image intensifier

OP – 180

Torsional Deformity and Foot Progression angle following Pediatric Femoral Shaft Fractures.

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Abstract

Introduction: Our study aimed to determine the frequency and degree of torsional deformity following femoral shaft fractures to relate them to clinical complaints using foot progression angles (FPA) obtained from gait analysis.

Material and Methods: We examined both femora of seventeen children admitted to our hospital for unilateral femoral fracture in fourteen, and bilateral in three. Nine were male and eight were female. The average age was 9.4 years, ranging from 5 years to 15 years. The cases were followed up with an average period of 23 months (6-48 months).

We evaluated each patient with computerized gait analysis and computerized tomography. Our premise was that foot progression angle may give insight about how subjects with uncorrected femoral antetorsion adapt.

Results: The mean femoral torsions for injured and sound side femora were $6.88^\circ \pm 18.21^\circ$ (mean $\pm$ SD, range $-20^\circ - 44^\circ$) and $11.28^\circ \pm 16.57^\circ$ ($-20^\circ - 38^\circ$) respectively. The mean foot progression angles for injured and sound side were $12.85^\circ \pm 5.72^\circ$ ($4.20^\circ - 26.40^\circ$) and $12.27^\circ \pm 3.98^\circ$ ($3.80^\circ - 18.90^\circ$) respectively. The Pearson correlation coefficient of the relation was 0.454 ($p=0.044$) between femoral torsion value of the injured and FPA of the sound side and 0.465 ($p=0.039$) between femoral torsion value of the sound and FPA of the injured side.

Conclusion: None of the cases and their parents had complaint. We observed femoral torsion differences of up to 40.3° without any clinical symptoms. It has been seen that the

mean difference of FPA was 0.48° despite high femoral torsion differences.

Keywords: femoral shaft fractures, femoral torsions, foot progression angles.

OP – 181

Patella Fractures and their Treatment (Retrospective Study)

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Abstract

A patellar fracture is a serious injury that can make it difficult or even impossible to straighten your knee or walk. Some simple patellar fractures can be treated by wearing a cast or splint until the bone heals. In most patellar fractures, however, the pieces of bone move out of place when the injury occurs. Fractures make up about 1% of all fractures. Patella plays an important role in knee extension.

Depending upon your specific fracture, you may be allowed to bear weight on your leg while wearing a cast or brace. With some fractures, however, weight bearing is not allowed for 6 to 8 weeks. Your doctor will talk with you about restrictions on weight bearing.

Study of four-year prospective fracture from 2015 - August 2019, at University Hospital of Trauma, study of fracture patterns, correlation with injury mechanism and age. Study the whole method of surgical treatment.

How long it takes to recover after a patellar fracture will depend upon a number of factors, including: The severity of your injury; Whether your treatment was surgical or nonsurgical; The time needed for rehabilitation. Most patients will be able to return to their normal activities within 3 to 6 months. For patients with severe fractures, the return to activity may take longer. Your doctor may suggest some lifestyle changes to help protect your knee and prevent future problems. This may include avoiding activities that involve repetitive deep knee bending or squatting.

Climbing stairs or ladders should be avoided, as well.

Keywords: Fracture, patella, extension, surgery.

OP – 182

The Influence of Damage Control Orthopedic Surgery in the Polytraumatic Patient

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Abstract

Introduction: Damage control orthopedics is a relatively new concept and it occupies a small proportion of the overall process in a polytraumatic patient. It necessitates continuous communication between surgical, anesthetic and the whole multidisciplinary team. Our randomized study in a first-level Trauma Center showed a benefit for borderline patients treated by DCO in comparison to early total care. The damage control strategy has been adopted by traumatologists to treat extremity fractures.

Material & Methods: For the study we considered 33 patients (19 Males and 14 Females) from 21 to 50 years old with severe polytraumatic damages, including even orthopedic injuries that were managed with DCO during the period of 6 months (from January 2018 to June 2018) in University Hospital of Trauma, Tirana. 9 of 33 patients were sent to the ICU. The other patients were subject of surgery in terms of DCO, that consisted on: Immediate life-saving surgery, which was required in 21 cases; Surgery for controlling heavy bleeding, which was required in 7 cases; Wound bleeding control, infection control, washing, dressing, and temporally closing the wound; and Provisional minimally-invasive external fixation, which was performed in 5 patients.

Results: The study demonstrated the enormous time savings and reduction of blood loss during initial treatment if patients with multiple injuries are treated according to DCO. We feel that DCO is a safe strategy in

severely injured patients with multiple injuries who are too critically ill for definitive surgery and for those patients who cannot be safely assigned for early total care treatment.

CONCLUSIONS: The method was adapted to gain control of an unstable situation until definitive intervention could be undertaken.

KEYWORD: Damage control, orthopedics, Surgery, extremity fractures

OP – 183

Benign Bone Tumors, a Descriptive Study in 10 Years.

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Abstract

Introduction: Benign bone tumors are benign lesions that compromise the quality of life of the affected patients. As they are more common in younger people and they are mostly asymptomatic lesions, the importance given to diagnose and treat them is vital to the potential morbidity (potential fractures) that these lesions carry. By correctly establishing the diagnosis with the relevant histological typology, we can prevent aggravation of the affected bone structure, regardless of anatomical location. The purpose of this study is to show that diagnostic orientation leads to efficient surgical treatment and reduction in the number of patients presenting with relapses.

Material and Methods: This is a study based on 292 cases (from 1700 bone biopsies) and their histopathological examination data presented not only at Trauma University Hospital but also at other hospitals, thus having a heterogeneity in the distribution of variables such as age, sex and anatomical locations. It is a retrospective study of both diagnosis and treatment. The evaluation was performed on the basis of clinical, radiological and histological criteria.

Results:The study found that the most common benign bone tumor was Osteochondroma (39.6%), Aneurysmal Cyst (12.6%) Simple Cyst (13.8%) TGJC (21.2%) Osteoid Osteoma (8.9%) Male Female Ratio male predominance. These tumors most affect children and adolescents (29.9 ± 15.7). Most affected bone: Femoral (87 cases) and 6% of cases had relapses. Most patients come from urban areas. Clinical and histopathological framework not always consistent with significant $p < 0.001$.

Keywords:Tumor, bone, histopathological examination.

OP – 184

Ruptured and Infected Pseudoaneurysms of the Femoral Artery in a Drug Addict

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Abstract

Introduction:FAPs in I/V drug users are usually caused by punctures of the femoral artery. Iatrogenic pseudoaneurysms (IPA) form when an arterial puncture site fails to seal, allowing arterial blood to jet into the surrounding tissues and form a pulsatile hematoma. These lesions lack a fibrous wall and are contained by a surrounding shell of hematoma and the overlying soft tissues. It can present as a new thrill or bruit, pulsatile hematoma, or marked pain or tenderness. Complications of pseudoaneurysms include rupture, distal embolization, local pain, neuropathy and local skin ischemia.

We report a rare case of 26-year-old male with an infected femoral pseudoaneurysm of the left leg, presented with a 10-day history with mild pain and tenderness of the lower left extremity, in the inguino-femoral area. The patient is known to have a history of I.V drug abuse. The IPA ruptured while the patient was being prepared for surgery. Due to its location, the patient's clinical state, physical parameters and anatomical state of the damaged vessel, emergency surgery was required. As the reconstruction of the common femoral artery was not an option, an external iliac – superficial femoral artery bypass was performed. The presentation, the diagnostic evaluation, and the surgical management of the aneurysm are further discussed in our presentation. The patient had an optimal postoperative course and a 10-day hospital stay.

Discussions:A high rate of limb loss occurs and many patients with retained lower extremities suffer unreported incidences of residual claudication or rest pain, resulting from pseudoaneurysm resection and sole artery ligation. There is no level I evidence to support that ligation alone; excision of the PA and eradication of local sepsis is the best methods of treatment of infected pseudoaneurysms from substance abuse. The mandate is to devise treatment that reduces the rate of amputation and the incidence of chronic ischemic symptoms, with a low risk of graft infection.

Keywords:Femoral artery, pseudoaneurysm, rupture, infected.

OP – 185

Retroperitoneal Hematoma Related to Spontaneous Rupture of Thrombosed Iliac Vein. – Two Cases and Review of Literature.

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Abstract

Introduction: Spontaneous rupture of thrombosed iliac vein is a rare event with only a few reported cases. It may be life threatening because of the combination of both thrombosis and hemorrhage, two situations whose treatment seems contradictory. We report two cases diagnosed and treated in our hospital and we also make a review of the literature.

Case Presentation: Two women, 58 and 65 years old respectively, presented in emergency with collapse and acute swelling of left lower limb. Both patients had no important previous medical history. They had complained acute lumbar or abdominal pain at the very beginning of their illness. Severe anemia and signs of hemorrhagic shock were present at presentation. CT scan showed retroperitoneal hematoma on the left side and occlusive thrombus of ipsilateral iliac veins on both cases.

The first case was operated at emergency. After retroperitoneal clot removal a rupture of the lateral wall of the thrombosed common iliac vein was found. The vein was ligated and the patient treated with anticoagulation.

The second case had been considered pulmonary embolism at presentation and no CT scan of abdomen had been performed because of severe hemodynamic instability. She was treated conservatively with repeated blood transfusions and anticoagulation at low doses. The next morning a CT scan was performed and diagnosis confirmed. Since the patient was stable conservative treatment continued. Both patients had slow but good recovery. They were treated with long term anticoagulation. A search for the condition at Pubmed revealed 38 publications with 46 patients. The majority were women over 60 years of age with left leg vein thrombosis.

There were different treatment strategies, surgical, endovascular and conservative.

Conclusion: Rupture of thrombosed iliac vein is a rare complication of deep vein thrombosis. Its presentation is dramatic. Clinical suspicion and CT scan should lead fast diagnosis and treatment to lower the high mortality rate of such a complication.

Keywords: Retroperitoneal Hematoma, rupture, vein thrombosis.

OP – 186

A Very Rare Complication of an Abdominal Aortic Aneurysm: Primary Aortoduodenal Fistula without Gastrointestinal Bleeding

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Abstract

Introduction: To report the management of a very rare combination, Abdominal Aortic Aneurysm (AAA) with Duodenal Fistula, but without upper gastroduodenal bleeding, because a massive wall aortic thrombus kept closed the communication between aortic lumen and duodenum.

Case Report: A 84-year-old man was presented at the Service of Emergencies at UHC “Mother Teresa” of Tirana on August 21, 2018, with epigastric and back pain and without anemia. There was no history of analgesic abuse, peptic ulceration, alcohol excess, weight loss or gastrointestinal bleeding. The abdomen was soft and below the epigastric region was a pulsatile mass. A computed tomography detected a 6.5 × 10 cm abdominal aortic aneurysm with a massive anterior mural thrombus and no signs of a leak. Inside of the right side of the mural thrombus was seen air, which was a suspicion for an aortoenteric fistula.

This suspicion led to immediate surgical exploration and an aortoduodenal fistula was confirmed. Both, the aorta and the duodenum were successfully repaired by aortobiiliac synthetic graft replacement and duodenostomy, respectively.

The patient made an uneventful recovery. He remains well and 17 days later he left hospital with the duodenostomy catheter closed and normal oral nutrition.

Conclusions: Primary aorto duodenal fistula without gastrointestinal bleeding is a very rare and “lucky” complication because the patient can be operated without severe anemia and hypovolemic shock. The strategy of treatment includes: fast diagnosis, immediate surgical treatment and the simplest possible surgical reconstructions for both pathologies.

Keywords: AAA, aorto-duodenal fistula, aorto biiliac graft, duodenostomy.

OP – 187

Neurovascular Tumors, Paraganglioma of the Hypoglossal Nerve. A Case Report

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Abstract

Paraganglioma is a rare neuroendocrine tumor that originates in neural crest. There are a few instances mentioned of paraganglioma of the hypoglossal nerve even in worldwide scientific literatures. Paraganglioma of the hypoglossal nerve near the arteria carotis cannot be determined beforehand without a surgical operation. It is a tumor mass of the neck visually indistinguishable from other commoner body tumors, such as carotis or vagus. Full recovery without functional defects of any kind can be possible through surgery of nerve preservation. Although, in some examples the elimination of cranial nerve XII is a necessity. Our medical case has similar symptoms described in scientific literatures. Images taken with contrastive Angio Scanner and angiography of ACI, ACC and vena *jugularis interna* reveal a hyper vascular mass in carotid bifurcation. As in previous reported

cases, the source of paraganglioma was identified through histological and intraoperative methods. Nevertheless, our example is non-identical because the tumor was located near hypoglossal nerve. The tumor was later removed. The patient had no difficulties in speech articulation, only in swallowing. After 5 days of tumor removal, the condition began improving. After 3 months, the situation went back to normality.

Conclusions: Paraganglioma is a rare neuroendocrine tumor that originates in neural crest. It is a tumor mass of the neck visually indistinguishable from other commoner body tumors, such as carotis or vagus. Full recovery without functional defects of any kind can be possible through surgery of nerve preservation. Although, in some examples the elimination of cranial nerve XII is a necessity.

Keywords: Paraganglioma of hypoglossal nerve, swallowing, contrastive Angio Scanner.

OP – 188

Subclavian Artery Atherosclerotic Disease (SAAD)

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Abstract

Introduction: Clinical presentation of subclavian and innominate artery peripheral arterial disease (PAD) varies from hand claudication to cerebral hypoperfusion to distal embolization and digital ischemia. Upper extremity PAD could manifest as coronary steal or lower extremity claudication in patients who have had CABG or extra-anatomic axillary to femoral bypass. Physical examination is significant for weak pulses on an ipsilateral extremity, a systolic blood pressure difference of more than 10mmHg compared to contralateral extremity. Sometimes the affected hand may feel cool to

touch, and in severe cases, digital ischemia has also been described.

Case: We report a rare case of a 54-year-old man with subclavian atherosclerotic disease, presented with a 4-day history with mild pain and tenderness of the upper left extremity. His past surgical history was significant for an aorto-bifemoral bypass grafting 5 years ago for aortoiliac occlusive disease. After taking in consideration the location of the stenosis, the patients clinical state, physical parameters and the state of the occluded vessel surgical intervention was required, consisting in carotid – subclavian by-pass. Clinical and radiologic tests suggest atherosclerotic occlusive disease. We therefore discuss in our presentation the surgical management of the disease, along with the post operative course of the patient.

Discussions: Endovascular repair with or without stenting has been proposed as a first line treatment by many authors, especially for patients of higher surgical risk. Concluding, Open and endovascular treatments of patients with atherosclerotic subclavian artery disease show similar early outcomes, although open repair was more frequent in their study in patients with subclavian artery occlusion. In the long term, open repair shows a significantly higher primary patency, without any difference in overall survival or symptom recurrence. Therefore, even in cases formerly addressed as high risk, open repair could be a safe and durable strategy, although hospital stay seems to be longer and randomized data are lacking. Novel endovascular techniques, such as the use of covered stents or drug-eluting devices, may alter outcomes in the future.

Keywords: Atherosclerosis, subclavia artery, bypass.

OP – 189

Multidistrictal Thromboembolic Events with Myocardial Infarction, and Acute Ischemia of both Legs in a young Woman Diagnosed with Antiphospholipid Syndrome

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Abstract

Introduction: Antiphospholipid syndrome (APS) is an acquired autoimmune disorder that can be manifested clinically as a recurrent venous or arterial thrombosis.

Case: We present a 26-year-old woman, with a 7year history of Diabetes Mellitus (DM type 1), that was firstly hospitalized in the Endocrinology department as a destabilized DM. She had a history of 3 spontaneous abortions. During her stay in Endocrinology the patient complained of chest pain associated with changes in ECG (negative T waves at V1-V4), and elevation of troponin I. 2D echo revealed an apical dyskinesia and left apical ventricle thrombus measured 3cm2. She was diagnosed as an anterior NSTEMI and underwent a coronarography procedure that showed one vessel disease, thrombotic material in proximal LAD. Triple therapy was started (IV heparin, aspirin, clopidogrel...)

During her hospitalization in ICU the patient complained of pain and paresthesia in the right leg. An angio –CT of the chest, abdomen and the peripheral extremities revealed: lineal infarction, bilateral parenchymal renal infarction and thrombotic occlusions of the right and left popliteal arteries. Bilateral embolectomy with Fogarty probe was performed permitting vascularization of both occluded vessels. Another angio-CT showed no evidence of thrombus in both popliteal arteries.

Discussion: The antiphospholipid syndrome is a rare disease. The clinical criteria for its diagnosis were: evidence of thrombosis and

repeated fetal loss. Close collaboration with vascular surgeons should be always possible in order to perform revascularization interventions during the acute phase of the thrombotic event.

OP – 190

Laser Treatment in the Management of Chronic Venous Disease

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Abstract

Shortly after 1960, laser became an indispensable tool in the field of medicine. Due to continuous development of laser technology and optical systems, the use of laser in medicine has been a constantly advancing. In medicine, the laser is mainly used in the field of ophthalmology, surgery, dentistry and aesthetic skin treatments. In General hospital dr. Jože Potrč Ptuj laser is used in the field of surgery for surgical treatment of varicose veins and a supportive treatment of chronic wounds. The paper presents the basic characteristics of the minimally-invasive thermal ablation techniques – Endovenous laser ablation (EVLA), experiences and results of treatment using this method in General hospital dr. Jože Potrč since 2016 are presented. The basic characteristics of the K laser, experiences and the K laser outcomes of phototherapy treatment of patients with chronic wounds of different etiologies are presented as well. K laser is used as a supportive therapy in hospital since 2018.

Keywords: laser, endovenous laser ablation, phototherapy, K laser.

OP – 191

Ruptured Abdominal Aorta Aneurysms

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Abstract

Background: Abdominal aortic aneurysm (AAA) is a common and life threatening disease that affects 5–9% of the population over the age of 65 years. AAA is more common in male smokers with a positive family history of aortic aneurysms. Most patients with AAA are asymptomatic unless they develop a complication. Rupture, the most common complication of AAA, is one of the most fatal surgical emergencies; it has an overall mortality rate of approximately 90%. Most clinicians know that patients with ruptured AAA present with a classical triad of back pain with or without abdominal pain, hypotension, and a pulsatile abdominal mass.

The purpose of this study was to present our 3-year experience regarding the ruptured AAA.

22 patients with ruptured infrarenal abdominal aortic aneurysm presented in our clinic since January 2017, 19 males and 3 females, mean age 74.3 years. All patients had an acute presentation with abdominal and back pain and collapse. 7 patients presented within 6 hours from the beginning of symptoms, 9 patients presented within 12 hours and 6 patients after 12 hours. Patients were diagnosed using angio-CT scan, they all had a retroperitoneal hematoma. 15 patients underwent emergent surgical treatment of ruptured AAA, while for the other 7 patients, their relatives refused the surgical intervention. From the 15 treated patients, only 2 patients died, one because of an aortocaval fistula, discovered during surgery, and the other one due to cardiac arrest.

In conclusion, patients with ruptured AAA should be treated immediately through surgical intervention, despite the operative risks. The early diagnosis enables the surgical treatment with an acceptable mortality.

OP – 192

Inferior Limbs Amputations in Diabetic Patients Following Long-Term with Arterial Complications in Vlore's Regional Hospital.

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Abstract

Introduction:In this article we are discussing the epidemic spreading of the “diabetic foot” in diabetic patients because of the peripheral vascular disease at many levels of the lower limbs (from femoral level to the foot). We have recorded 92 amputations in our Hospital from 2000 - 2015, in a city that counts 150,000 inhabitants.

In this study we have recorded 92 cases of lower limb amputations in both genders with 62 males and 30 females, varying from 50-80 years old. 42 of these cases have gone through a femoral amputation of one limb. 12 cases have gone through crural amputation of one or both limbs. 18 cases of Lisfranc amputations and 16 cases of atypical amputation. In this study we have also included 4 cases of upper limbs amputations due to micro arterial complications in non-diabetic patients and patients with Raynaud syndrome.

In 4 of these cases after the crural amputation we have needed a reintervention that led to the amputation of the lower limb at a higher level. Also, in 8 cases with Lisfranc amputation we have needed a reintervention trying to save the calcaneus bone and in two cases we went on to amputate at crural level. In most of the cases we have performed a histological exam of tissues and vessels. In all cases we have observed the formation of calcific deposits that have transformed the

walls of the vessel in a rigid structure. The vessels are occluded (from 85% of the lumen to 100%) in all of the cases. The muscular tissue below the amputation line were necrotic, denaturated, non-vital and we have been obliged a few times to go above the amputation line in order to find vital and conserved tissue.

Keywords:amputation, diabetic gangrene, atypical amputation, Lisfranc amputation, femoral amputation.

OP – 193

Difficult Vaginal Delivery: The Need to Remodeling Postgraduate Program Focus in Obstetrics and Gynecology in Albania and not Only

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Abstract

Introduction:Vaginal delivery is a physiological and natural process of birth, when happens within normal parameters of definitions well recognized by respective national and international professional official organizations.

With the trend of increase rate of Cesarean section, worldwide, and in Albania together with lack of focus, and lack of mentorships in clinical skills of post graduate programs in obstetrician gynecologist specialty, we face and will face even more problems in managing normal and especially abnormal vaginal deliveries.

According to latest data, only shoulder dystocia accounts up to 1 % (with median values of 0.5 -0.7%). The diagnosis of dysfunction of three main elements like dynamics, mechanic and plastic one should

be done on time and with professional objective in order to minimize the risks to fetus and mother. Shoulder dystocia occurs when anterior fetal shoulder, most commonly, and posterior fetal shoulder, less commonly, impacts on symphysis or sacral promontory. Morbidity and mortality associated with this dysfunction of normal delivery is significant.

This presentation purpose is to bring awareness of the fetal and maternal trauma that can occur on difficult delivery and to bring attention of remodeling academic postgraduate programs in order to more medical professionals of respective field to profit from clinical skill and offer a better medical care to this subgroup of patients

Keywords: Difficult, vaginal delivery, remodel, postgraduate, program

OP – 194

This abstract has been withdrawn.

OP – 195

Vaginal Cuff Dehiscence as Cuff Tear, Separation, Rupture; Our Experience

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Abstract

Introduction: Most common post hysterectomy complications can be categorized, such as; bleeding, infections thromboembolic event, urinary or intestinal injury, nerve lesions and lastly vaginal dehiscence.

In general, all surgical wounds in normal, healthy individuals heal through an orderly sequence of physiologic events which

include; inflammation, epithelialization, fibroplasia and maturation. Mechanical failure or failure of wound healing at the surgical site, may lead to disruption of wound closure and it is followed by seroma, hematoma, wound dehiscence or hernia. Abdominal wound dehiscence is a rare post-operative complication of total hysterectomy, but vaginal cuff tear is very rare. Evisceration through vaginal opening, is life-threatening surgical emergency. In this presentation will be reviewed, the risk factors, symptoms, precipitating events and symptoms, and treatment.

It is imperative to maintain a high index of suspicion in patients who underwent laparoscopic or robotic hysterectomy more frequent nowadays.

Keywords: Hysterectomy, complication, vaginal cuff, dehiscence

OP – 196

This abstract has been withdrawn.

OP – 197

Deep Infiltrating Endometriosis – The gynecologist Challenge

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Abstract

Introduction; Endometriosis is a chronic gynecological disorder that affects approximately 10-15% of women in reproductive years being the second most common benign disease in the female population. The heterogenic clinical picture of endometriosis with various symptoms can seriously compromise the physical, psychological and quality of life of patients. Deep Infiltrating Endometriosis is defined as endometriosis penetrating more than 5 mm beneath the peritoneal surface. It is estimated that 10% of cases of endometriosis will have deeply infiltrating lesions. This form of the disease remains the most difficult to treat and

needs highly skilled surgeon. Surgery must be performed by surgeons who are dedicated to endometriosis and treatment should be based on a collaborative multidisciplinary approach. In Albania deep infiltrating endometriosis remains still unknown, so much more must be done in order to diagnose this condition that affects seriously women quality of life. In our speech we will talk about some features of deep infiltrating endometriosis and especially on preoperative diagnosis of the disease.

Keywords:Endometriosis, gynecologic, disorder, infiltrating, diagnosis, treatment

OP – 198

This abstract has been withdrawn.

OP – 199

This abstract has been withdrawn.

OP – 200

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OP – 201

This abstract has been withdrawn.

**POSTER EXHIBITIONS
PRESENTATIONS**

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PE &P – 4

PE &P – 1

This abstract has been withdrawn.

PE &P – 2

This abstract has been withdrawn.

PE &P – 3

Drowning and the Importance of CPR First Aid.

Studim HYSA.

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Abstract

Introduction:Drowning is the experience of being unable to breathe as a result of strained and uncontrolled immersion in water.According to the WHO (World Health Organization), 500,000 deaths per year or 0.7% of deaths are caused by accidental drowning.Brainenergyconsumption drops by 5% for every 1 degree below 37 degrees, in the range of 37 to 20 degrees.After identifying and taking the person out of the danger zone: laying a person on a strong plinth. We place the closest First Aid box on our arm to look at the person if he or she responds to painful speech, congestion or nflammatorystimulants. We release the Breathing Paths from the garment and do the head extension with 2 fingers on the chin and hands on the forehead by raising the head which allows the air to circulate freely.We examine the mouth cavity for foreign bodies, we remove the dentures and fluids and cleanse the mouth. controlling Inspiration: Listening, observing, feeling. The first helper holds his/her cheek and ear close to the person's mouth and eyes toward his chest to see his movements.

Keywords: Drowning, breathe, examination, resuscitation.

Innovation in Radiology

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Abstract

Innovations in radiology have led to essential and irreplaceable developments in the field of medicine by improving the quality of patient care and reducing mortality rates. Various imaging modalities have brought about revolution in the field of medicine over the years. Hybrid imaging is one of the latest innovations being widely used and bringing major developments in radiology.

Radiology is a medical field that works the practice of imaging to both analyze and treat disease imagined within the body. Radiologists use a collection of imaging technologies such as X-ray radiography, ultrasound, computed tomography (CT), nuclear medicine, positron emission tomography (PET) and magnetic resonance imaging (MRI) to analyze or treat diseases. Interventional radiology is the usually minimally invasive medical procedures with the guidance of imaging technologies. Innovations are new idea, device or process. Innovations are the application of better solutions that meet new requirements, in articulated needs or existing market needs. It is proficient through more effective products, processes, services, technologies, or new ideas that are readily available to markets, governments and society. Innovations are something original and novel, as a significant, new that breaks into the market or society.

Keywords:Radiology, medicine disipline, innovation, hybrid imaging.

PE &P – 5

***Emergency Trauma Management,
Epidemiology of Trauma***

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Abstract

Introduction: In our Emergency Department, at University Hospital of Trauma, everyday come approximately 50-70 patients whom we offer our service. Many of them are from different accidents and came to the hospital immediately, and others from regional hospitals. On average 4-5 patients are polytraumatized patients. Management of patients at Emergency Department has many challenges. Being the only Trauma Center, it deserves a special attention for all the problems that may have the Emergency Department.

Materials and Methods; A sectional study was performed on 200 patients in trauma emergency for a period of 2 months from 1.11.2013 to 31.12.2014.

Results : Males are the main victims, and the road accident are the main causes. Damages more than 2 specialties, coordination between specialties for different choices in managing patients in their delivery.

Conclusions: The key of success for a good management is a special trauma team and standart protocols. Only this way we can offer a great service, and have a decreased mortality and morbidity.

Keywords; Politrauma,selection, trauma center, emergency department.

PE &P – 6

DMFT (Decayed Missing Filled Teeth) Index and Socioeconomic Status in Adult Patients

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Abstract

Introduction:This study was conducted to evaluate the association between DMFT Index and socioeconomic and behavior al risk factors in randomly selected adult patients.

Materials and Methods: Socioeconomic data for each patient was extracted by a questionnaire(short generic set of questions on health-related quality of life, educational level and achievement, occupation) and medical cartels of patients. (Dental Clinic “Parisi”)

DMFT Index was categorized as: DMFT >10 and DMFT <10

Results: The study concluded that the prevalence of DMFT was found more (DMFT > 10) in lower socioeconomic status when compared to uppers socioeconomic status (DMFT < 10)

Keywords: DMFT, Socioeconomic Status, Adult Patients.

PE &P – 7

First Aid in Management of Trauma Patient.

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Abstract

Introduction: September 12, World Aid Day. Many people are unable to approach an emergency service, act correctly and consequently have no loss of life, or deterioration of health. This requires more information and concrete action across the community in order to enable them to deliver. first aid according to certain rules, seeking more specialized services in order to avoid as much as possible loss of life and complicating situations Organizing this day by all health structures in cooperation with other structures, including activities, publications, direct community outreach, practical demonstrations in public, or the most diverse forms that can be accomplished for this purpose is a good opportunity to educate the public on correct behavior and knowledge.

Materials and Methods:A sectional study was done on 190 patients in Tirana

Emergency on the scene for a 2-month first time service, from 1.11.2014 to 31.12.2014.

Results: Out of 210 patients it turns out that men include the main victims of road accidents, 85% men 25% who are female patients. The age of these patients ranged from 2-85 years for males, and from 3-70 years for females, with an average of 32 years old. Most patients with trauma Official and age groups of 15-30 years of age from 31 to 45 years old. It is stated that patients come from road: Lushnje-Fushe-Kruja, Tirana-Durres, Kombi road.

Conclusions: A well-trained team specializing in trauma management with a standard procedure and protocols, well defined are the keys to effective management of polytrauma patients.

Keywords: emergency, emergency, ventilation, rating, transfer, selection.

PE &P – 8

Gestational Diabetes

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Abstract

Introduction: Gravidence is a special condition of mother to become where her body is preparing having a child. Pregnancy duration is based on the gestational age of the first day of menstruation visit, accepting a 28-day cycle A fetus in term listed in the term he was born alive at 38-40 weeks, preterm before 37 weeks and a fetal serotonin or after the term is designated that fetus born alive after week 42 of pregnancy. and me gynecological and imaging examinations, diagnostics. Gravidences more normal, likely or high performance, this classification can be based on complications, disorders or diseases may occur at the time of its diagnosis, duration and until its completion that is

birth. Complications increase the morbidity and mortality of neonat and mother too. The complication and the disease to be treated is a metabolic disease such as Gestational Diabetes or Pregnancy Diabetes.

Materials and Methods: This study is a retrospective study, evaluating European and World literature, as well as Albanian. We are based on two Maternities in Tirana. "SUGJ Koco Gliozheni" and "Queen Geraldine" on cases of patients diagnosed with Gestational Diabetes.

Conclusions: Gestational diabetes is a complication, a very dangerous metabolic disorder in pregnancy, it risks two lives, both maternal and Fetal, increases the risk for neonatal morbidity and mortality. This study demonstrates that a special care by the multidisciplinary team in preventing it with an early diagnosis, and good gravid care at its infancy, and a more effective treatment of this pathology, eliminates the risk of mother and infant too.

Keywords: Gravidence, diabetes, glukosis, complications, prenatal diagnosis.

PE &P – 9

Multiseptated Gallbladder with Recurrent Abdominal Pain. A Case Report and Literature Review.

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Abstract

Introduction: Multiseptated gallbladder is a rare congenital malformation of the gallbladder and usually admits to the emergency services with differential symptoms such as right upper abdominal pain, nausea and vomiting, and abdominal complaints.

We present a case of MSG with recurrent abdominal pain in which laparoscopic cholecystectomy resolves the complaints of the patient. Chronic abdominal pain is a common disorder in children and adolescents worldwide. In attacking this problem, the pediatrician often concentrates on the gastrointestinal or genitourinary tract as a source of the pain. Too little attention is paid to the gallbladder as the cause of pain in this age group. We report a 6-year-old girl who presented with recurrent abdominal pain and was diagnosed as having a multiseptated gallbladder, although rare, should be considered in the differential diagnosis of patients presenting with recurrent abdominal pain and abdominal ultrasonography should form part of the investigation.

In Conclusion; multiseptated gallbladder is a rare congenital anomaly and a rare cause of recurrent abdominal pain. Cholecystectomy is the choice of treatment in symptomatic patients such in our case. Our patients' abdominal pain and gastrointestinal complaints have resolved after surgery. Cholecystectomy should also be considered in elderly, asymptomatic patients in whom multiseptated gallbladder is incidentally discovered, due to the possibility of undetected carcinoma of the gallbladder

Keywords: gallbladder, abdominal pain, ultrasonography.

PE &P – 10

Role of Emergency Department in University Hospital of Trauma

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Abstract

Introduction: The emergency department is staffed and equipped to provide rapid

emergency care for acute illness, severely and multiple traumatized patients. Trauma is a major cause of death in recent years. The emergency department uses the triage system, determines the priority of needs (available personnel, equipment), stabilizes and transfers the patient under specialized care of trauma teams. The goal of emergency care is to reduce the mortality and morbidity by preventing complications. Actually, the trauma care is the priority of clinical research in developing countries.

Material and Method: The retrospective study was performed during the period of time (2014 -2018). It has thrown interesting statistical data which are collected in medical records of Trauma University Hospital.

Results: Data collection related with admitted patients in emergency department. There is increasing of (trauma+emergencies) incidence from 2014 until 2018. The incidence resulted 62,8% (2014), 73,5% (2015), 70,1% (2016), 99,4% (2017), 97,4% (2018).

Conclusion: The emergency department is the part of medical polytrauma support. The training courses are necessary and available for trauma medical teams. Improving of cooperation and coordination between facilities is the best way for effective emergency care.

PE &P – 11

Hepato Cellular Carcinoma. A case Report

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Abstract

Hepatoma is a tumoral disease that consists in an abnormal proliferation of the hepatic cells. According to the augmentation of the risk factors such as smoking, alcohol abuse, consuming no healthy food and different types of viral and bacterial infections etc. Nowadays, this disease is becoming more

evident even in the young ages. Here, we present a 63 old female with this disease Hepatoma is malignant disease that is also known as hepatocarcinoma (HCC) and is one of the most expressed tumoral disease of liver. It is seen a strong correlation between hepatocarcinoma and other chronic liver disease such as Hepatitis B, C, diabetes mellitus type 2, or cirrhosis etc.

Also is evidenced that being exposed to harmful factors such as alcohol abuse or being malnourished and with hypercaloric diet mainly in cholesterol and triglycerides (that cause the fat's accumulation in liver) can bring an augmentation of Hepatocellular carcinoma disease. However, this disease is very similar in appearance with the metastasis that originates from the other organs such as colon, stomach etc.

Most cases are treated with surgical resection and chemotherapy, but the prognosis is not very hopeful.

The hepatocarcinoma disease is very malignant disease that interests not only the liver, but all the physiological reactions processes and has a high risk to spread metastasis in the other organs. Being in front of this situation in this case, we thought that the most suitable way to proceed is the surgical treatment followed by the chemotherapy.

The patient today is alive and has an improved clinical health.

PE &P – 12

Some Considerations about Pancreatic Cancer in Albania

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Abstract

Introduction: Pancreatic Cancer is the seventh leading cause of cancer-related deaths worldwide and the third most common in the USA. There are few studies in Albania. The aim of our study is to evaluate epidemiology, history, diagnostic procedures and surgical treatment of pancreatic cancer in Albania.

Material and Methods: This is a retrospective study. In this study we reviewed all patients diagnosed with pancreatic cancer in Service of Surgery No.1, Surgery Department at University Hospital Centre “Mother Theresa”, Tirana, Albania in the period between January 1-st 2017 and March 31-st 2019. All data were collected from medical records.

Results: Our study shows that pancreatic cancer is a low-incidence pathology that affects men more. The most affected age group is 61-70 years old with an average age of 66 years. Our study included 66 patients, of whom 28 belonged to 2017, 28 to 2019, and 10 cases to the first 3 months of 2019. The study found that pancreatic cancer was diagnosed at a later stage and the most common surgery was 84%, palliative surgery, while 8% receive conservative treatment.

Conclusion: Challenges to face are early diagnosis and treatment of Pancreatic Cancer.

Keywords: Pancreatic Cancer, Pancreatic Ductal Adenocarcinoma,

PE &P – 13

Life Quality of Immobilized Patients

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Abstract

Introduction: This is a transversal (cross-sectional) descriptive study. The aim of this study is to evidence of quality of life in immobilized patients.

To identify physical skills related to daily activities in immobilized patients. Identify the level of dependence of immobilized patients and need for help. Identify the quality of life of immobilized patients regarding age group and diagnosis.

Materials and Methods: The data collection was carried out in the period from January

2019 to May 2019. The sample was selected randomly. In this study were included 85 immobilized patients. Initially, we tried to include 100 patients but 15 of them refused to cooperate. Immobilized patients were provided with a standardized international questionnaire administered by us. The questionnaire used contains 10 questions through which we obtain the necessary information regarding the immobilized patient's ability to perform basic need. This questionnaire is called the Bartel Index originally created by Florence I. Mahoney and Dorothea W. Barthel; in use since 1955, first published in 1958). Questionnaires with patients were conducted at QSUT "Mother Theresa". Before the interview began, patient and family consensus were taken. To analyzed the statistical data was used the SPSS.Vers.19 and Microsoft Office 2010. Was applied the Pearson correlation for IC=99%, $p < 0.01$.

Results: The average age of the interviewed patients is 62.5 years old when the minimum age is 22 years old and the maximum age is 96 years. 53% of these patients are male ($n = 45$) and 47% are female ($n = 40$).

Conclusions: Most patients are unable to perform such actions as personal grooming personal effects, making the shower itself, climbing / lowering the stairs. 1/5 of immobilized patients have complete dependence on their daily activities and present us with a very bad life quality. Almost half of the immobilized patients have severe dependence and are presented with a poor quality of life. Heavy dependence is closely related to age increases. The higher the age of patients the higher the dependence and the lower their quality of life associated with daily activities.

Keywords: Ability, immobilization, patient, dependence.

PE &P – 14

Gouty Artheritis, Correlation with Other Metabolic Disease

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Abstract

The association of the gut with other associated pathologies that make up the metabolic syndrome is well known. The gut has been seen to be associated with obesity. Numerous studies have indicated that a large percentage of these patients have body weight above ideal relative to age and body length. Hyperuricemia is common in diabetic patients, whereas glucose arthritis is rarely encountered. Impaired glucose tolerance tests have been reported in 7-74% of patients with gut, depending on the criteria used. Hypertriglyceridemia has been reported in 75-80% of patients with gut, and hyperuricemia was found in more than 80% of patients with hypertriglyceridemia. Numerous studies have failed to show a correlation between urate and cholesterol levels. Hypertension has been found in $\frac{1}{4}$ to $\frac{1}{2}$ in patients with gut, but the presence of hypertension is unaccompanied by prolongation of the gut. Many studies have seen an association of hyperuricemia with atherosclerosis manifestations and hyperuricemia has been proposed as a risk factor for coronary disease. Alcohol use is associated with hyperuricemia and predisposing persons may have. Based on these facts, we undertook to study with our modest contribution the association of these conditions with arthritis.

Keywords: Gut, hyperuricemia, hypertension, associations with arthritis.

PE &P – 15

Rehabilitation of Polytrauma Patients and Tertiary Damage Reduction

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Abstract

Introduction: The attitude of polytraumatic patients in Intensive Care extended because of the clinical conditions and consequently the occurrence of several aggravation factors, by preventing their transfer to rehabilitation facilities. In most cases patients that have respiratory problems, feeding etc.do not make

possible the application of a good rehabilitation program and to leave TI as soon as possible.

Material and Methods: This is a prospective study, involving 120 patients who were assisted in TI on the second day during December 2017- 2018. Average age 35+ 5 years old. M/F 3:1 (95M; 25F). Patients are presenting the evaluated cranial trauma with GCS 3-8 points. Extremity trauma: long bone and pelvic fractures, patients with thoracic-abdominal and bone fracture poly-interventional and vertebral column trauma such as: paraplegia, tetraplegia. The rehabilitation protocol was applied in 3 phases: Phase I-Rehabilitation of patients in coma (Prevention of complication). Phase II-Start of motor commands. Phase III-Autonomy (Post coma).

Results: Automobilist trauma was ranked first at 69%. lower limb fractures and poly-intervention surgical: The duration of rehabilitation procedures is 4-6 weeks. Up to 80% positive results. Cranial traumas: 6 patients with deep-sea-coma died during the first week, 10 patient's irreversible coma. Rehabilitation period is 6 months to 1 year. 60-65% positive results. As a result invalidity is high.

Conclusion: Rehabilitation starting on the second day to patients with polytrauma in ICU we minimized tertiary damages as decubitus, para-articular calcification, muscular hypotrophy, urinary and pulmonary infections, etc, so we reduced disability.

PE &P – 16

This abstract has been withdrawn.

PE &P – 17

Trauma Emergency Surgery and Management of Infectious Disease

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Abstract

Accidents and trauma are one of the world's most serious but neglected health problem.

The fast-moving transportation systems, unprecedented and unplanned urbanization and changing social patterns have contributed to the global increase in the incidence of trauma to human

body. Traffic accidents are an endemic disease which affects mainly the young adults in the economically productive age groups and are the leading cause of death in persons under 44 years of age. Globally, 26% of all deaths in the age group of 15-44 years in 2015 were due to injuries.

Infections in Traumatized Patients are second only to head injury as the leading cause of death beyond the first three to four days of trauma and are responsible for 80% of late deaths in adult trauma patients. This is mainly because the management of other major contributors of mortality like hemorrhage, circulatory collapse and respiratory failure has greatly improved with the application of sophisticated technical advancements. Traumatized patients with infections have a 5-fold higher mortality compared to those without infection. The overall incidence of infections following trauma varies from 9-36%. This is much higher than the rates of nosocomial infection for general population. The overall mortality was 15%, with majority of death due to infections.

The financial implication of infection and sepsis following trauma are also staggering. Resource utilization is prolonged in traumatized patients with infections, most of which is spent in the ICUs. The cost of caring for these patients will continue to increase with inflation, newer techniques, more sophisticated monitoring and the advent of new therapies.

PE &P – 18

Role of MRI in Cervical Spondylosis Myelopathy with Other Pathological Findings

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Abstract

Introduction: Cervical spondylotic myelopathy (CSM) is a neck condition that arises when the spinal cord becomes compressed due to the wear-and-tear changes that occur in the spine as we age.

Case Report: The patient was a 52-year-old male, who complains of neck pain, paresthesia in upper extremities, lower back pain and bilateral calf pain, muscle weakness in the lower and upper extremities, fatigue and general body pain that started four weeks ago associated with other clinical manifestation. Magnetic Resonance Imaging (MRI) of the cervical spine revealed canal stenosis and increased T2 signal within the spinal cord. CSM is a rare condition there are very few or no cases described in literature when CSM in C3/C4 is associated with a lack of B12 and other pathologies such as and hypoplasia of the mastoid air-cell with system maxillary sinus aplasia.

Conclusion: The case described in the present study suggested that the incidence of CSM may be correlated with VB12 deficiency, particularly for cases in which the clinical manifestations and the imaging do not fully match.

Keywords: Cervical myelopathy, clinical characteristics, hypoplasia of the mastoid air-cell system, MRI, prognostic value.

PE &P – 19

This abstract has been withdrawn.

PE &P – 20***Patient Satisfaction and Quality of Service: Trauma Hospital Case***

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Abstract

Introduction: Patient satisfaction is an important indicator for measuring the quality in health care. The purpose of previous studies in this field has always been to assess whether there is an impact on the evaluation of patient satisfaction in improving service quality. Already most of the healthcare industries are more and more concentrated on patient centered care and patient satisfaction, so measuring and analyzing patient satisfaction is an indispensable tool for enhancing and improving service quality. Health care organizations have been talking about and focusing on patient experience and patient satisfaction for a long time. Health systems should use patient satisfaction as a balance measure not a driver for outcomes (Bickmore and Merkley, 2019).

This paper is based on a questionnaire conducted at the Trauma Hospital, where 180 patients who had been hospitalized for at least two nights were interviewed. The method used is SERVQUAL, divided into demographic data and surveys related to the main determinants of service quality assessment. Kaneet et al. (1997) and Marley stated that measuring satisfaction should incorporate dimensions of technical, interpersonal and moral aspect of care. In this study the determinants used to evaluate quality by patients were, communication with clinicians, responsiveness of hospital staff, cleanliness and quietness of the hospital environment, pain management, empathy of staff and use of advance technology. The purpose was to find out whether patients' perceptions of service quality were related to their satisfaction, or whether the final outcome of treatment mattered to them alone. As a result, we can say that the satisfaction of patients was not only affected by the outcome of the treatment but also positively related to the way staff communicated, creating a sense of security and cleanliness and staff responsibility.

In evaluating hospital quality and enhancing patient satisfaction, an important element is not only the latter's evaluation, but also the communication of the results received to the staff, in order to take appropriate measures to improve the quality based on experiences and opinions of hospitalized patients.

INDEX TABLE

A

A BAKO	86	Amire DRAGUSHA	15
A CANE	86	Ana STOJKOVSKA	70
A JAUPI	86	Andzela VITANOVA	70
A. HOXHA	50	Aner DURAKOVIĆ	44
A. MASKA	93	Angela TRPOSKA	70
Adelina XHEMALI	30	Anila RACAJ	55, 94, 97
Adem ZALIHIC	44	Anna MANDI	84
Adham DARWEESH	44, 46, 47	Antigona KABASHI	57
Admir MUSTAFA	46, 61	Antonio GAVRILOVSKI	38, 54, 113
Admir NAKE	30	Antonio La GRECA	8
Adriatik CEKA	136	Anxhela AHMATAJ	73
Adriatik DAKU	48	Arb F. HOXHA	12
Adriatik LAJÇI	90	Arba CECIA	19, 21, 23
Afërdita ADEMI	79	Arben BEQIRI	108
<u>Afërdita KULLURI</u>	74	Arben DHIMA	48
Afrim JAHAI	29	Arben GJATA	10
Afrim TAHIRI	14	Arben GJONEJ	79
Afron MICI	61	Arben LLOJA	102
Agon TURKAJ	57, 137	Arben TUSHA	81
Agron DOGJANI	9, 27, 62, 63	Arbëresha GURGURI	128
Aida GAVRANOVIĆ	44	Ardiana SINANI	66
Aida LAKO	75	Arjan MULLAHI	36
Aishe R LALA	35	Arjana STRAKOSHA	107, 108
Akgün ÇELIK	60	<u>Arjeta DEDEJ</u>	107, 108
Alan ANDONOVSKI	53	Armand STAFUKA	113
Alban HYSENAJ	115, 135	Armida KABA	41
Alban HYSENI	113	Armir DAMZI	50
Albana ALEKSI	87, 89, 90	Arnel MICI	116
Albana KENGA	117	Arsel DIZDARI	113
Albana KOCIAJ	28	Arsen SEFERI	19, 21, 23
Albana KOÇIAJ	27	Arsim AJETI	12
Albana NDOJ	131	Artan BODEC	50
Albana POLOSKA	80	Artan GJIKA	46
Albana SHAHINI	48	Artan KONI	99
Albert LLESHI	70	Artan OSMENLLARI	66
Albert PESHA	99	Artid DUNI	113
Albi ARKAXHIU	58	Artid LAME	22
Albiona SALIAJ	89	Artur XHUMARI	20
Aldi SHANI	91	Arvin DIBRA	10, 25, 50
Aleksandar SAVESKI	38, 54, 94, 113	Arvit LLAZANI	25, 50, 93
Aleksandar TRAJANOVSKI	38, 54, 113	Asead ABDYLI	69, 71
Alfred AGA	41	Asfloral HAXHIU	92
Alfred GEGA	113	Astrit PEKA	79
Alfred IBRAHIMI	10, 84, 85	Astrit XHEMALI	50, 93, 118
Ali DEVAJA	12	Aulona HAXHIREXHA	94, 103, 105, 107
Alma CANI	32, 35, 83	Aurela KULLOLLI	134
Alma LLUKAÇAJ	51	Aurora KRASNIQI	45
Altin KUQO	74	Avdyl PACOLL	15
		Avenir BALILI	124
		Ayman EL-MENYAR	76

B

B BARRIC	85
Bardha DERVISHI	137
Bardhyl VEIZI	46
Baris SAYGILI	20, 22
Basri LENJANI.....	10, 28, 109
Behar TOCILLA	48
Besim BOCI.....	40
Besim SERMAXHAJ	14
Bijana POPOSKA.....	70
BiljanaANDONOVSKA.....	53
Bledar KRUA.....	41
Bledar SHEGA.....	99
Bledi CEKREZI	48
Bledi MASATI.....	92
Bleona SEJDINI.....	75
Blerim ARAPI	86
Blerina BAHITI	137
Blerta HAMOLLI	115, 116
Blerta HASALLA	71, 72
Borys BILYK.....	12
Bruna SUBASHI.....	128
Bujar GASHI	15
Burak KOZA.....	111
Burim ELEZI	110

C

Carlos MESQUITA	7, 24, 49, 51
-----------------------	---------------

D

Dalip JAHJA	38
Daniela TEFERIÇI.....	120
Daniela XHEMALAJ.....	35, 66
Danny DAPHNIS.....	124, 125
Dardan LENJANI	28
Dariel THERESKA.....	32
Denis KOSOVRASTI.....	118, 120
Deonada ÇOKU	82, 130
Deonada COKU (HYSKO).....	82
Desli SHAHINI.....	58, 59
Dhimiter ARGJIRI.....	32
Dhimitraq ARGJIRI.....	35
Dijon MUSLIU	56
Dmitry ILYIN	95
Dominika VRBNJAK	13, 121
Donika SHKOZA.....	134
Dorela VASHA	66
Dorian META	73
Dorina SHQALSHI.....	49
Dorina SHTJEFNI	26, 35, 61
Drini SHEHI	25
Dritan TODHE.....	115

E

Eden NAÇO.....	84
Edlira LTC KUKELI	133
Edmond BRESHANI.....	122
Edmond NUELARI.....	119, 120
Edmond PISTULLI	30
Edmond ZAIMI	27, 28, 30
Edona HAXHIJA.....	134
Edvin SELMANI	10, 54, 55, 79
Eliana SHIMA	83
Elizana PETRELA.....	27
Eljona XHELILI	91, 92, 118
Elona DYBELI	71, 72
Elona GJYLBEGAJ.....	106, 126
Elona HASALLA	71, 72
Elona MARKECI.....	61
Elvis VELIU	41
Emir SMAJIĆ	44
Emirjona VAJUSHI.....	41
Endri SHEHU	32
Endrit MONE.....	75
Enea SERANI.....	30
Engin GÖÇMEN	60
Enton BOLLANO.....	32
Enver FEKAJ.....	14
Erald XHELILI.....	18
Ergys CAMI.....	113
Erinda KOSTURI	45
Eriol BRAHOLLI	92
Erion DREDHA.....	100
ErionSPAHO	22
Erisa MANE	75
Eriselda TAULLA	64
Eriselda TAULLAJ.....	66
Erjona ZOGAJ	10, 130
Ermira PAJAJ	19, 21, 23
Ermira TOTRAKU	67
Ervin BEJKO	84, 85, 117, 118, 120
Ervin JONUZI	95
Erza VOCA.....	28
Esat BARDHOSHI.....	42
Esen UYSAL	28
Esma SHARKA	64, 65
Esmeralda BULKU.....	84
Etleva GJOSHE	127
Etleva GJURASHAJ.....	43
Etleva RAMALIU	82, 130, 131
Etleva SMAKAJ	80
Etleva RAMALIU	81
Etmont CELIKU	92
Etmont ÇELIKU.....	25, 51, 84, 133, 134

F

Fadil GRADICA	10, 32, 35
Fahri KOKICI	32, 35
Fahri KOKIÇ I.....	83
Fatbardha MYSLIMAJ	67
Fatmir CAUSHI.....	51
Fatmir ÇAUSHI.....	33
Fatmir GUNI.....	43
Faton KRASNIQI	30
Faton T. HOXHA.....	12
Ferdinand KOMANI.....	12
Ferizat DIKA – HAXHIREXHA.....	91, 94, 107
Ferizate HAXHIREXHA-DIKA.....	103
Filip NAUMOSKI	70
Fiona NASTO	107, 108
Fisnik KURSHUMLIU	12
Fjorda TUKA	48
Flamur VELLKU	38
Flora J. GRADICA	32
Flora ZYBERAJ.....	80
Floren KAVAJA	12
Florenc PILIGRIU	137
Florian DASHI.....	19, 21, 23
Frenki VILA.....	91, 92, 117, 118, 120

G

Gani SHABANI.....	28
Gazmend ELEZI	110
Geldon SPIROLLARI.....	136
Genc KABILI.....	124, 125, 126
Gentian CACO.....	117
Gentian HUTI	69, 71
Gentian ZIKAJ.....	87, 88
Gentjana HASKJA.....	128
Gezim BIBA	113
Gëzim GURI	46
Gezim XHEPA.....	87
<u>Gëzim XHEPA</u>	88
Gezim GALIQUI	99
Gjergj CAUSHI	113
Gjergj ÇAUSHI	36
Gjergj SEMINI.....	125
Gjergji BELBA	87, 90
Gjergji CAUSHI	54, 55
Gjergji SEMINI	100, 101, 123
Gjovalin BUSHI.....	35, 61
Gledion FEJZO	22
Gramoz BRACE	19, 21, 23
Guido BASSI	113

H

Haki DRAGUSHA.....	15
Haqif GASHI	16

Hasan HAFIZI	66
Hasan Vedat OFLUOĞLU	111
Hasiye DURAKU	81, 82, 130
Hassan AL-THANI.....	77
Haxhire GANI	84
Hayato KURIHARA.....	7
Hektor SULA.....	68
Helidon KLOSI.....	126
Helidon NINO	32
Henri KOLANI.....	67, 84, 92
Herion DREDHA.....	102
Husham ABDELRAHMAN	78
Hysni BENDO	10

I

I BUNJAKU	28
Ibrahim AVDI.....	32
Igor KAFTANDZIEV	94, 96
Ihor HAIDA.....	12
Ilda TAKA	71, 72
Ilia MAZNIKU	71, 72
Ilir ALIMEHMETI	63
Ilir HASANI	38, 53, 70, 94, 96
Ilir HASMUCA	52, 113
Ilir PEPOSHI	51
Ilir SHABANI.....	53
Ilir SHANI,	91
Ilir SKENDULI	33, 50, 51
Ilira CAKO	67
Ina KOLA	87
Ina UZUNI.....	75
Indrit JAUPAJ	19
Indrit TEMALI	31
Inid JORGONI.....	25
Ismael Yousif Mahmood ALOMAR	78
Isuf BAJRAMI.....	15

J

Jasmina KRÖPFL	13, 121
Jetmira KERXHALLIU	19, 21, 23
Jeton SHATRI	56, 57, 137
Johana VRUHO	41
Jolanda NIKOLLA	66
Jonela BURIMI.....	84
Jordan SAVESKI.....	94
Jožeta POTRČA.....	26
Juxhin GJOSHE.....	127

K

K. HYSA	106, 126
Kastriot HAXHIREXHA	10, 27, 62, 91, 94, 103, 105
Kastriot SUBASHI	35
Katerina KASA.....	40, 43
Kenan BAYRAKCI.....	37, 96, 113, 114

Kenan KARAVDIĆ	52, 98
Kenan LJUHAR.....	44
Krenar PREZA.....	125
Kujtim ALIMERI.....	46

L

L. BYLYKBABSHI.....	93
L. Laci.....	93
Lazar TODOROVIC	55, 97
Leart BERDICA.....	107
Ledia QATIPi	107
Ledian FEZOLLARI.....	37, 96, 113, 114
Leodita GJANA	41
Leon KAZA	125
Lindita SEJFULLAHU-ELEZI.....	110
Ljubica MIKJUNOVIKJ.....	97
Lordian NUNCI	117
Lorena HAXHIHYSENI.....	42
Lorenc GJOKA	34
Loreta AGOLLI	83
Luan BAJRI	99
Luljeta STANAJ	39
Lutfi LISHA.....	32, 35
Lutfi ZYLBEARI.....	103, 105
Lutfi ZYLBEHARI.....	91, 94

M

M TAHIRI	28
M. ILIE	96
Majlinda NACO.....	51
Majlinda NAÇO.....	84
Majlindaj ZAHA.....	128
Maksim BASHA.....	51
Manser ÇILI.....	133
Manushaqe SARAÇI	39, 136
Mariola NDRECKA.....	89
Marjan KAMILOSKI.....	55
Marjan.KAMILOSKI.....	97
Marjeta BILAJ	86
Marjeta BILAJ(Miraka).....	85
Marko SPASOV.....	94
MarkusKONERT	68, 71
Marsela SOPIQOTI	118, 120
Marsida KRASNIQI	40, 43, 138
Matilda IMERAJ.....	103
Mauro ZAGO.....	24
Maysa MOHAMED	44, 46, 47
Merita RUSTEMI-ELEZI.....	110
Milan SAMARDZISKI.....	38
Muhamet PETROVA.....	15
Mujo SUBAŠIĆ.....	44
Murat Onder DELIALIOGLU	114
MustafaXHANI.....	100
Myftar BARBULLUSHI	108
Myriam HUNINK.....	63

Myzafer KAÇI.....	50, 93
-------------------	--------

N

Najada KALLASHI	46
Najada KALLASHI (JAHIQI)	130
Nardi KOLA	87, 89
Natalija COKLESKA	55, 97
Natasha MERKO	64, 65, 81, 82, 130, 131
Neda TRAJKOVSKA.....	94
Nehat BAFTIU	28, 69
Nertila KODRA	84
Nestor THERESKA.....	108
Nevi PASKO	108
Niketa KOLICI	106, 126
Norik HOXHA.....	15
Nuhi ARSLANI	109
Nuhi ARSLLANI.....	28

O

Odeta MISHO	82
Oliver ARSOVSKI	94
Olivia SHABANI.....	87
Onder M. DELIALIOGLU	96, 113, 114
Onder Murat DELIALIOGLU.....	37
Ormir SHURDHA	31

P

Parambath Arif NELLIYULLA.....	47
Petraq MUSTAQE.....	34, 122
Petrika GJERGO.....	117, 120
Petrit BIBERAJ	137
Pirro PRIFTI	58
Premtim RASHITI.....	28
Preveza ABRASHI	14
Prof. Xheladin DRAÇINI	134

R

R. BAFTIU	69
Raimonda TRAKO	133
Ramona A. PARISI	130
Rezart ÇIPI	115
Rezart XHANI	100
Rezarta KALAJA.....	139
Rezarta KAPAJ.....	41, 89
Rezeart DALIPI	38, 54, 94, 113
Ridvan ALIMEHMETI	19, 21, 23
Rinard KORTOCI.....	86
Risida GJONEJ	79, 80
Rok KOLARIĆ.....	109
Roland KAZA.....	86
Roland PERGJETANI.....	19, 21, 23
Roza LUCI.....	128
Rrustem MUSA	12
Rudin DOMI.....	69, 71, 100

Rustem CELAMI..10, 100, 101, 106,122, 123,
124, 125, 126
Ruzhdi REXHEPI104

S

S. KRSTEVSKI96
Sadi BEXHETI56, 57, 91, 94, 103, 105
Sadik Yıldırım Özgeçmiş.....93
Sadri HULAJ29
Safet BEQIRI86
Saimir KUCI84, 85
Sali GRADICA35
Sami KOCEKU35, 61
Selda VEIZAJ75
Selim Birol111
Selman DUMANI85
Serhii MITSUK12
Sevdije KOXHA107
Shemsedin HASHANI12
Shpresa HASIMJA12
Sihana AHMETI-LIKA105
Simon TRPESKI94
Simona KALŠEK.....9, 26, 56
Skender BRATAJ10, 14, 16, 18, 19
Skender BUCI26, 35, 61
Skender VELIU13, 121
Slavica LITAJKOVSKA55
Slavica SHUPERLISKA97
Sokol ISARAJ87, 89
Sokol RUCI35, 61
Sokol XHEPA117, 118, 120
Sokrat BERDUFİ116
Sonila NIKAJ128
Sonja BUTORAC (SARACI)46
Sonja SARAÇI136
Sotiraj LAKO107
Stavri LLAZO84, 85, 118
Studim HYSA129
Sulejman BAHJA71, 72
Suzana ÇAKONI66

T

Teodor PEVEC9, 56

Teodora TODOROVA.....38
Thoma KALEFI.....19, 21, 23

V

V S. REXHA32
V. LEKA106,126
Valbona BEZHANI80
Valbona S. Rexha35
Valbona SELMANI54, 55
Valentin VEJSELI96
Vasilika PRIFTI128
Veseli SKENDERI14
Veton ADEMI56, 137
Vidi DEMKO46, 132
Viktor MARKU73, 98
Vilma ÇADRI106, 108
Vilma MEMA138
Vilson RUCI79, 113
Violeta ZANAJ81
Vladimir FILAJ90
Vrenos HODAJ59

W

Wojciech SZMIGIELSKI46

X

Xheladin DRACINI10
XheladinELEZI91
Xhesika XHETANI132

Y

Ylber ZAMA54, 55, 113
Yllka BARDHI131

Z

Zamir DEMIRAJ52
Zamira BEXHETI103, 105
Zamira SHABANI134
Zef DELIA122, 125, 126
Zef PERDUKA35
Zllato ALEKSOVSKI55, 97



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4th Annual Albanian Congress of Trauma and Emergency Surgery

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